



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Reminders

Tuesday each week

K-6 transition

8:55am—11:20am

Wednesday 11/10/17

Secondary youth

resilience workshop

Tullamore

P&C

President

Mrs Joanne Coster

Secretary

Elysse Coomes

Treasurer

Mrs Kelly-Lee Dunn



Education & Communities

Trundle Central School Newsletter

Term 4 Week 1

9th October 2017

Big Gig



Principal's Message

Welcome back to all students and staff. Executive spoke to all students today about the high standards expected at this school. I will never apologise for setting the bar high for both students and staff. This school is committed to supporting your children to achieve their best academically and socially. Last term our students were amazing in terms of behaviour and effort despite considerable disruption caused by community and school events. I have seen the standard they can maintain so this is now the baseline for continuous improvement.

One of my goals is to create positive mindsets in children. This is the willingness to strive for success and be a leader. This does not mean they have to stand for parliament or other elected office but they must be willing to be an individual rather than blindly following the group. It is only those people who are willing to move outside the comfort zone of being popular and risk possible failure in an endeavour who achieve great things. Imagine if Edmond Hillary said he will wait for adventure tourism to climb Everest or great Australian risk takers like Dick Smith decided to give in to the fears of failure. The fear of, or embarrassment associated with failure is one of the greatest limiting factors for the adolescent. Those who rise above the risk of possible failure and become educated risk takers quickly go on to become leaders.

Student leaders in my view are not only those who hold office but those also who refuse to have their standards lowered by others. The student who continues to maintain a high standard when others have not. We are blessed in this school with many natural leaders. Students who do not use the excuse that others were also displaying negative behaviour as an invitation to lower standards. I constantly tell students that only they control their behaviour and it is a waste of time blaming others when they are ultimately in charge. This is very positive for the future of Trundle.

This Wednesday 11th October, secondary students will travel to Tullamore to attend the *Black Dog Institute* youth resilience workshops. This is an amazing opportunity for students to attend seminars and activities presented by world leaders in adolescent mental health. The organisation of these seminars is not an indication that schools in this region have high rates of mental illness but an awareness raising activity as poor mental health is a considerable problem in modern Australia and cannot be ignored. One person in three will suffer from poor mental health at some stage in their life. It may not be your child at present but I am sure they would know some person who is suffering today this minute.

Next week the University of Canberra will be visiting our school to conduct some research on how students process spatial images and problems in mathematics. I am very happy that the University of Canberra has selected our school because they are widely regarded as leaders in educational research. Trundle Central School does not exist in isolation we must be willing to open up our teaching to outside people at every opportunity. The value of this study to the school is the ability to compare our practice with city and coastal schools. No names will be used for this



research and results will be published without the name of the school.

The Higher School Certificate is fast approaching. This is the culmination of 13 years of schooling and a major milestone for our students. I trust they are all studying and preparing themselves for these exams.

Over the holidays, the eaves on the back of the Library were repaired. I hope that this combined with the removal of the large tree that was filling the drains will solve the problem of the library leaking. Very willing to test this theory with some steady soaking rain in the near future.

Also, just before the holidays our shade cover for the Primary area was erected. This was possible because of a very generous donation from a local family. Trundle Central School is a sun-safe school so the no-hat-no-play rule starts this term. Staff are instructed to be very strict in enforcing this policy.

Welcome to Macquenzie Gallacher to our school. Our numbers in Primary are now 64 with a real possibility of reaching 66 by the end of the term. This is an enormous validation of the quality of teaching and learning that is occurring not only in this section of the school. However, we can always cope with more so if you are intending to enrol your child for 2018 please contact the front office. Just one additional child could create another teaching position that brings considerable wealth to the Trundle Community.

Another great day in Trundle

John Southon

Big Gig



Year 12 - 2017



Year 12 Farewell Social

Theme

What I want to be - when I grow up!

Primary

Welcome Back

We hope you had a fantastic holiday and we know that the students are ready to begin the term with enthusiasm.

Sun Safe Policy

This term is a **No Hat No Play** term. Students **MUST** wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidentally forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please make sure you put your child's name inside their hat.



Kindergarten/Year 6 Transition

This week will be the beginning of Kindergarten/ Year 6 Transition sessions that will run throughout the term. This year the sessions will run from **8:55am – 11:20am on Tuesday of each week**. This will allow the Pre-schoolers and Year 6 to engage in some fantastic activities to ensure the transition from both Preschool and Primary School is a smooth and enjoyable experience.

All classes in primary will be moving up into the next group for these sessions. It is a great way for the students to practise being in a new class.



Primary golf

During Week 9 and 10 of Term 3 and Week 2 and 3 of Term 4 we are pleased to announce that we will be trialling the 'MyGolf' program in primary. MyGolf is Australia's national junior introductory program designed to develop and promote participation in the sport of golf. The MyGolf program is designed for children aged 5 to 12 years and is the major driver of junior golf participation in Australia.

These activities will be held after school on Monday from 2.50-3.20pm. The class will consist of 20 students from years 3 to 6 initially and then if popular we will extend into the remaining years. Please telephone the school to allow your child to participate. This activity will be filled on a first come, first serve basis.

Students who travel on a bus are welcome to attend and will be put on their bus as per usual.

Secondary

Once again I must congratulate the students on an exceptional week. The end of last term was literally one of the most busy I have ever seen in my 23 years of teaching. Our students' behaviour and effort was outstanding right till 3.25pm on the last day. Well done! This term will again be extremely engaging. I feel like we all need to take a deep breath and dive in!

Our year 12 students have formally completed school and will be busy preparing for their HSC examinations. If students require assistance then they are welcome and encouraged to make an appointment to see the relevant teacher when they are available.

Obviously one of our major events this term will be the end of semester examinations and the subsequent reports. Our students have all been directed to the notice board at school which has an exam countdown table. It's like an advent calendar without the chocolates. At present our non-core examinations will be in Week 5 and our core examinations will be in Week 6. Last term a revision pack was handed out to those students who requested them. If you feel that your child should also have one of these please ask them to come and see me and this will be arranged.

Transition will commence tomorrow with 2018's Year 7 co-hort attending secondary lessons for periods 1 and 2.

On Wednesday our students are taking part in the mental strategies day at Tullamore. All students have been invited and given a permission note. For those

students who do not attend they will remain at school and follow an alternative timetable.

The students have been reminded about lunch passes today on assembly. Lunch passes are only for students to go home or their parents' place of work. They are not for students to go down the street and under no circumstances should students be attending other student's houses for lunch. If students are found in breach of this then they will lose their lunch passes. This is a serious matter in the area of student welfare and the school's duty of care.

As usual if there are any questions in regards to secondary matters please contact me at school.

Gerry Capell
Head Teacher Secondary Studies.

Secondary Sportspersons of the Week

Aidan Kirk, Norma Stevenson, Brooke Morgan and Will



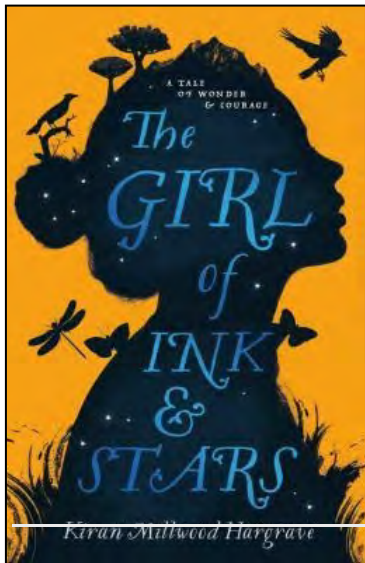
Secondary Assessments & Homework

All assessments must be submitted to the teacher before 8:55am on the due date.

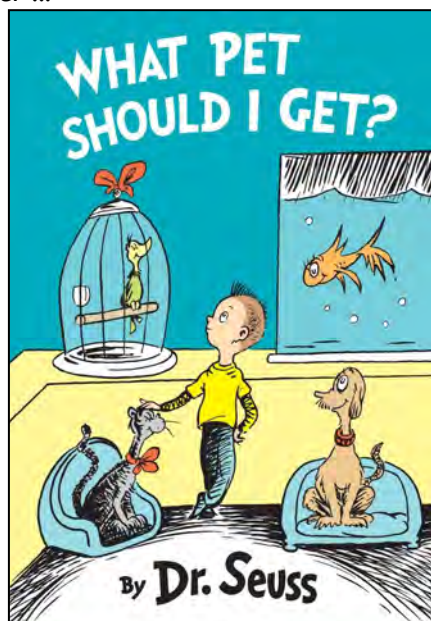
Penalties will apply after this time.

YEAR 9/10 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
YEAR 8 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
HSIE	30/8/2017	20/10/2017	At home	Geographical issues
YEAR 7 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
HSIE	30/8/2017	20/10/2017	At home	Blow wind blow

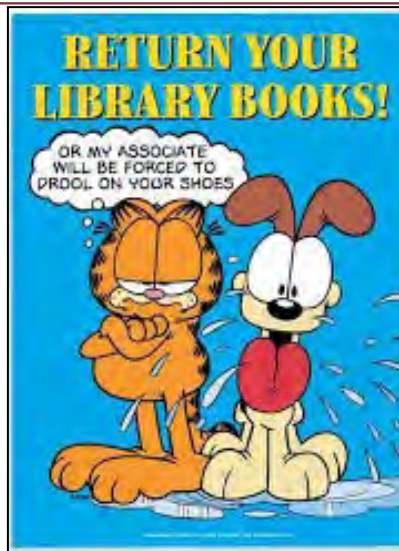
Library



When Isabella's friend disappears, she volunteers to guide the search party. As a mapmaker's daughter, she's equipped with elaborate ink maps and knowledge of the stars, eager to navigate the island's forgotten heart. But beneath the mountains a legendary fire demon awakens, and her journey is fraught with danger ...



Sometimes making a choice can seem impossible to a child, and this book explores how it is hard to make up your mind, but sometimes you just have to do it!

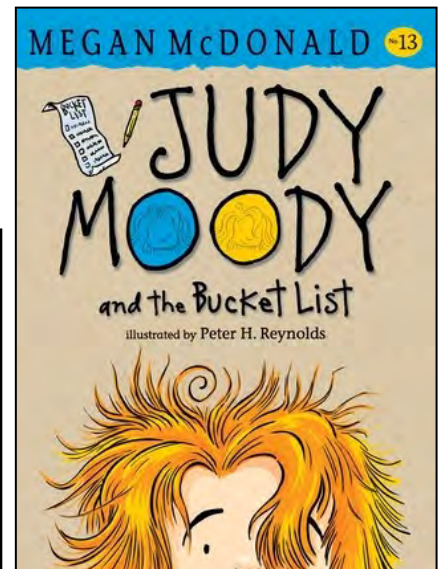


Next week the Library will conduct a stocktake of the **Junior Fiction and Junior Non-fiction** areas of the Library.

You will not be able to borrow books from these two areas



New Books



When Judy Moody accidentally finds Grandma Lou's bucket list, Judy is more than curious. What exactly is a bucket list? ...

JOKE OF THE WEEK

Q: Why is a math book always unhappy?

A: Because it always has lots of problems.

Community



TRUNDLE MILO in2CRICKET

MILO in2CRICKET teaches kids the skills to play Australia's favourite sport, through fun game based activities.

It is starting up next term on Thursdays between 5 and 6pm.

For girls and boys aged 5-8

For kids still learning the basic skills
Teaches basic cricket skills
60 minute sessions
8-12 week program
All equipment provided
Fun and safe environment

\$65 include bonus player pack

PRIMARY CRICKET

Primary Cricket will train on Thursdays and play on Saturday mornings, beginning first week back next term (Sat 14th October)

Cost is \$60. If you would like sibling discounts then before signing up call Graham Quade on 0488920003

To sign up, go to playcricket.com.au and search for Condobolin. This is because we play in the Condobolin competition.

Continue steps to sign up to Condobolin Junior Cricket Association, and put 'Trundle' as the team name.

Registration is all online.

playcricket.com.au

Every Thursday 5—6pm
Any other questions, contact Graham Quade on 0488920003
or graham.quade@gmail.com

Royal Far West – Debutante Ball Easter 2018



Are you aged between 15 – 18 years ?

Are you interested in becoming a Debutante ?

Would you like to make some lifelong memories with your family and friends ?

If you would like to take part in our Debutante Ball please contact Jo

Coster 0427 927 289

Due to the size of our hall we can have a maximum of 12 Debutante's.

Spots are filling up fast.

Join us at Trundle Central School Playgroup

Date: Every second Thursday from 10.30 - 12.30

Venue: Trundle Central School, Croft Street Trundle

Term 4
October 12th
November 9th
November 23rd
December 7th

What is playgroup?

Playgroup is about getting together with other parents, children, babies, caregivers and families to have positive parent/child interactions, share ideas, information and experiences in a casual environment that welcomes all community members.

What we gain from attending playgroup

Children learn through play and other daily experiences. Playgroup is a great environment for:

- Positive developmental growth
- Participation in new experiences
- Learning about the world around them
- Developing and increasing social skills & confidence
- Learning about sharing, co-operation and simple routines
- Interaction with other adults and children in a safe environment.



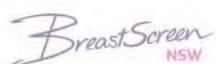
Through play, parent-child activities, caring and respectful relationships we help build a sense of belonging for our children.

Playgroup also provides the opportunity for parents and caregivers to have supported access to other services such as Early Intervention programs, Health and Education programs.

For more information: Phone or visit the team at CentaCare Wilcannia-Forbes

17 Church Street PARKES NSW 2870 Phone: 02 6863 5426





Health
Western NSW
Local Health District

Aboriginal Women's Yarning Circle

Are you a 40+ Aboriginal woman?

Then you're invited to join in our
FREE Yarning Circle

WHEN: Monday 9 October at 11am

WHERE: Multipurpose Health Service

44 Brookview Street TRUNDLE

Informal gathering to yarn about the importance of breast screening.
You can have a FREE breast screen on the day if you want to.

Free refreshments and goodie bags provided.

PLEASE RSVP TO:

Christine (BreastScreen Aboriginal Engagement Officer)

on 02 63693609

Pre-loved items/car boot sale



Come and join us at Bogan Gate Memorial Hall for the pre-loved items/car boot sale.

Our famous Devonshire Teas will be on sale throughout the day. *

Saturday 14th October 2017

8am to 1pm

BOGAN GATE MEMORIAL HALL

If you would like to book a stall please contact Shelley on 02 6864 1126 before 12 October 2017.

\$7 a stall.

WESTERN REGION WINTER VOLUNTEER SPORTING SPIRIT AWARD

YOUTH +
OPEN
CATEGORY



The Western Region Winter Volunteer Sporting Spirit Award is an opportunity to recognise volunteers who are the lifeblood of grassroots sport in country NSW.

Sporting club and association members are invited to nominate individual volunteer(s) or youth (25 years and under) who would be deserving of such an award.

To be eligible for the winter award the nominee must have been a volunteer with the club or association during the period from April to September 2017.

Nominations close on Friday 13 October 2017. Terms and conditions apply.

To nominate your volunteer, tell us in 150 words or less why your nominee is the most deserving volunteer. This might include the:

- Time they dedicate to the club, association or committee
- Positive attitude they demonstrate while volunteering
- Positive role model they provide to younger, and other club members
- Expertise and knowledge they bring to volunteering
- Encouragement they give to others in the club, association or committee.

In March 2018 there will also be an opportunity to nominate someone for the Summer Volunteer Sporting Spirit Award (for those who volunteer between November 2017 and March 2018).

Submit nomination online at
sport.nsw.gov.au/award



Office
of Sport

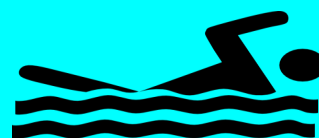
Swimming Club Meeting

Services Club Trundle

Wednesday
11th October
2017

At 3:30pm

All welcome!



From Your Community Nurse ... electrical, lifting, hearing safety and other interesting info.



Legal obligations of the people in agriculture production enterprises

WHS laws are similar in all states in that they lay down the responsibilities of key parties involved in reducing risk of injury and illness associated with work.

[Australian Centre for Agricultural Health & Safety](#), [Safe Work Australia](#) or

[Rural Industries Research and Development Corporation](#)

web pages for more information.



For further information visit the WorkCover website at

workcover.nsw.gov.au,

phone WorkCover Assistance Service 13 10 50.



The following checklist covers hazards found in typical rural workplace situations. It is not designed to cover all of the risks on a farm but to help you to get started on the process of identifying the hazards around you. You should involve your employees in filling out this checklist.

If you mark a No to any of the following, you need to take action to eliminate or control the hazard.

General

Are electrical cables and equipment regularly inspected and maintained?

Have you checked and made safe any electrical wires, electrical switches, power points, conduits or appliances so as to eliminate the risk of electrical shock or death?

Do you use a portable Residual Current Device (RCD) or an earth leakage protection device (safety switch) when using portable power tools?

Prior to lifting anything, do you adopt correct manual handling procedures?

Is hearing protection worn in noisy areas (ie where the level of noise requires you to raise your voice to be heard by others)?

Are your firearms and ammunition stored in a safe place in accordance with legal requirements and out of the reach of children?

Do you adopt correct handling techniques when working with animals?

Is there a procedure in place so that you and other workers can be located and contacted when working alone?

Have you identified the hazards associated with dams and waterways?

Farmsafe Australia's Operations Centre is the National Farmers' Federation

Address:- NFF House, 14-16 Brisbane Avenue, Barton ACT 2600 Australia

Postal Address:- Locked Bag 9, Kingston ACT 2604 Australia Phone +61 2 6269 5622

Email :- info@farmsafe.org.au



Catalogue No. WC00666 WorkCover Publications Hotline 1300 799 003

18/9/17



WorkCoverNSW 92-100 Donnison Street Gosford NSW 2250

Locked Bag 2906 Lisarow NSW 2252 WorkCover Assistance Service 13 10 50 Website

workcover.nsw.gov.au

ISBN 1 920730 82 6 © Copyright WorkCover NSW 1110

From Your Community Nurse ... Fire Safety



Legal obligations of the people in agriculture production enterprises

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phone WorkCover Assistance Service 13 10 50.



Farm fire Preparedness Plan – update annually

Farm Name: _____

Address:- _____

No. of children:- _____ No of people with disabilities:- _____

Gather some information:-

- Where is the most likely place for a fire to happen?
- How would you be warned? Is there an alarm?
- How should you prepare for each possible fire?

Put together an emergency supply kit for you and your family in case there is a house fire:-

- First Aid Kit, wrench or pliers to shut off gas, flashlight with extra batteries

Draw a farm site map and indicate the following:-

- Buildings and structures
- Access routes (roads, lanes)
- Barriers (fences, gates)
- Location of livestock
- Manure pits
- Location of all hazardous substances
- Electrical, gas and water shutoff locations

Make a farm inventory:-

- Livestock (species and number)
- Crops (hectares and type)
- Machinery & equipment (make model and year)
- Hazardous substances (pesticides, fertilizers, fuels and other gases, medicines, other chemicals)

Keep a list of emergency phone numbers:-

- Veterinarian
- SES
- Electrical Company
- Insurance Agent

Keep a list of suppliers or businesses providing services to your farm:-

- Livestock transport, feed delivery, fuel delivery

Contact your Insurance Agent:-

- Review your insurance coverage

Stockpile supplies needed to protect farm:-

- Fire extinguishers in all sheds and vehicles

Identify areas to relocate your assets, if needed:-

- All livestock (*wire cutters to cut fences - if needed*)
- Equipment
- Feed, grain, hay
- Chemicals

Prepare your family and farm employees:-

- Keep them informed of the farm's emergency plan, review it with them regularly
- Identify shelter-in-place or evacuation locations
- Establish a list of contact information for all family and employees.

25/9/17



Adapted from
www.I-CASH.org
Iowa's Centre for Agricultural
Safety and Health



Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions



PROUDLY SPONSORED BY:



**Trundle Services
& Citizens
Club**

**Trundle
Food
Store**



24 Parkes St \$235,000



Position, Size & Quality!

5 bedroom (or more) weatherboard home with exciting potential.

- Huge 2042m2 (half acre) block
- Spacious lounge • Formal dining room
- Two-way fire place • High ceilings
- Large modern kitchen • Walk-in pantry
- Dbl garage • Garden sheds • Water tanks
- Covered outdoor entertaining area

Old doctor's surgery at the front - convert to office or second residence!

**AJ Pike
& Son
Real Estate**

Contact us to arrange an inspection!

Ph 0427 347 194

gsi@exemail.com.au

Find us on Domain.com.au