



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Reminders

Wednesday 9th May

Parent Teacher Interviews
in the Library

Friday 11th May

Whole School Cross
Country

Week 3

Tuesday/Wednesday /

Thursday

Naplan - Years 3, 5, 7 & 9

P&C

President

Mrs Rhonda Grady

Secretary

Mrs Kelly-Lee Dunn

Treasurer

Mrs Lubka Prebendarcik



**Education &
Communities**

Trundle Central School Newsletter

Term 2 Week 2

7th May 2018



Trundle Central School was a sea of Pink last Thursday to show our support to end Women's Cancer.

The SRC want to say a HUGE thank you to everyone who supported the day. We filled our Pink gumboots and the official tally stands at \$600.

Mr Southon presented this money (on behalf of the Trundle Central School Community) on Friday night to Carolyn Williams and Debbie Veale.



Principal's Message

This week are our semester one parent teacher interviews on Wednesday. This event is an opportunity to meet and discuss your child's progress this year. When I was at school it was a time of sheer terror and excellent training for the school cross-country as running was always a good tactic when my mother came home. Schools are now much better at keeping parents informed of any issues that are happening so major surprises should not occur. The P&C are providing a sausage sizzle and drinks will be available at a small cost. I thank once again the hard working members of the P&C for providing this service to our school community.

On Friday is our annual school cross-country. Last year I won the over 50 years division but unfortunately, this year because of contract restrictions imposed by Manly for future first grade replacements, Jackson Hastings and I are unable to compete. I hope that for the Manly Club if they contract Todd Carney he will not be defending any of his previous titles as well and is a positive role model to young people on how you can turn around poor behaviour.

This week we welcome Ms Lydia Curtis to the Secondary Department. Ms Curtis will be replacing Mrs Gallacher whilst she is on leave. It is a glowing endorsement of our school that such an experienced teacher is willing to travel to Trundle to allow our students to continue to access the curriculum whilst Mrs Gallacher is away.

Last week was an outstanding week for the school. New and existing students settled into school routine and expectations well and our Pink Day was an outstanding success. One of the great modern philosophers Yogi Berra said, "we can observe a lot of things by actually looking Boo Boo". When you sit back and objectively observe the behaviour of our students in classrooms and the playground the cohesive friendly environment of this school is evident. It is often the first thing visitors to our school comment on followed by the quality of our teaching programs, grounds and facilities.

New students are accepted quickly and find a place in this school. This is a testament to our culture and the

tolerant nature of our students and staff. We have excellent students but they did not achieve this standard through luck. Staff at this school go well beyond the basic requirements to provide a quality service to your children. Look beyond the expensive uniforms, sandstone fences or narrow religious doctrine of some schools and determine what the school actually provides. The answer may be nothing more or even less than your local public school.

Pink Day as mentioned was an outstanding success. The vast majority of our students and staff dressed in Pink and more impressively understand the importance of raising money for these whole of community issues such as cancer research. The school raised 600 dollars an outstanding effort considering our school population of 125 students. Check out the photos on Facebook.

The event at the club was outstanding with a large crowd enjoying the night. My message to the crowd was simple when I presented the SRC cheque. Our leaders in Canberra are yet to use the word drought because that costs money but the truth is we are already suffering. If our visitors spend a few dollars in our local businesses as well as at the main event it may allow that business to survive through these dry times. This could involve something simple as purchasing the morning coffee from a venue in town instead of from a van visiting the town. Every little bit helps.

The Trundle community has been under pressure in recent times with the possible establishment of the Sunrise mine and the tension the clash of fund raising events during the ABBA festival. Indeed, it is an indication that we still have a strong sense of community that people are so passionate about both issues.

I appeal to people to remember that these types of issues are in the domain of adults not children. I hear children making comments about both issues that could only originate from the mouths of adults. These comments are often personal in nature, which is disappointing. This places pressure on a school such as ours because children are divided about something they could not possibly understand. Childhood is becoming increasingly shorter and the greatest theft is the stealing of childhood.

The media likes to create dramas and make us all feel that the sky is falling down because this sells airtime. Positive news is often restricted to a tokenistic segment at the end of the news or feel good Friday. I do not know why a serious car crash needs to be repeatedly

shown from a variety of angles or some poor persons house on fire needs to be featured. These stories increase the anxiety of children because they internalise the grief shown. Young children are yet to develop the emotional filters of adults. One of the favourite topics is the behaviour of young people in schools and the community. In 26 years of teaching I can honestly state that I feel young people are just the same or better than they were when I started teaching. What has definitely changed is the structure of the family and the trust we have in our institutions such as religion and the law. This is because of the poor behaviour of ADULTS. This places enormous pressure on children, as every child needs moral and social foundations that are beyond question. Coupled with the breakdown of these social control mechanisms is the constant exposure of children to inappropriate adult material through the World Wide Web.

In addition, one of the biggest breakdowns is the concept of community. When I was growing up if your parents were away you could be confident that the neighbour would step up and look after you and if your mother did not catch you playing up Mrs Livett, Mrs Smith, or Mr Knight certainly would. Sorry childhood flash back. This kept us safe and reinforced appropriate behaviour. Our sense of community in many areas now is restricted to within our front doors and watching the television is considered an interactive social gathering. I personally believe young people are doing well rather than slipping in relation to behaviour.

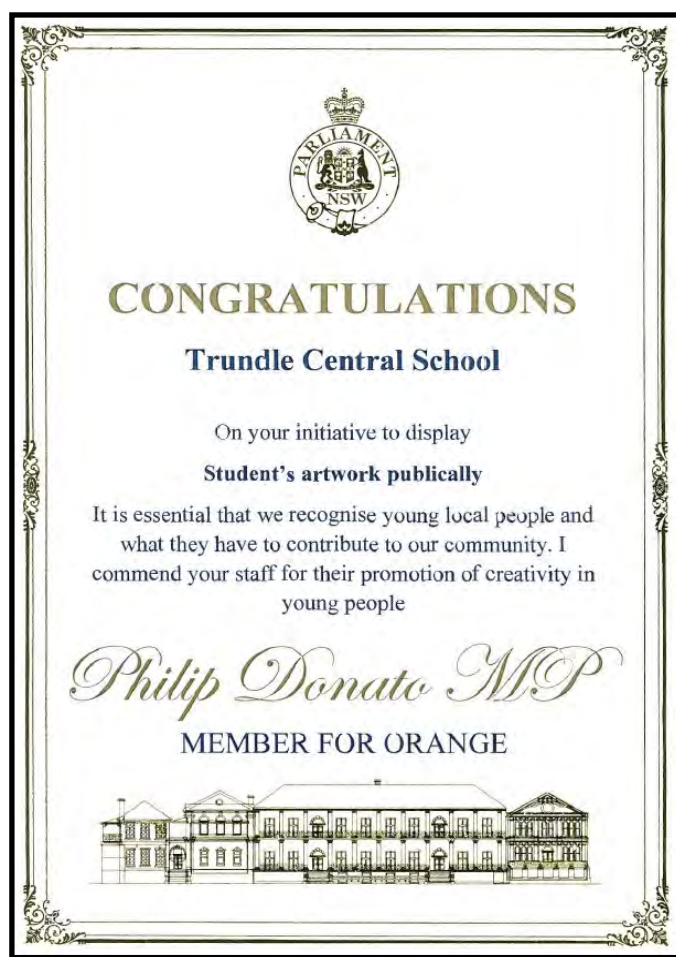
Nobody has the perfect answer to raising children. Ironically, those who write professionally about this topic often have small families, high incomes and a nanny. Through my teaching career, I have seen many children who are beaten into submission emotionally, financially or physically.

Unfortunately, many as soon as the threat is removed revert to the inappropriate behaviour. This does not mean that I do not believe that there is a place for punishment but if it is the only club in the bag, it quickly becomes ineffectual. Currently I am reading literature about looking at student behaviour from not only the incident but also what was the child trying to achieve through the behaviour. For example, the child that becomes involved in off-task behaviour in class is traditionally considered just naughty and a sanction applied. However, the root cause of this behaviour may be because the child is under major emotional distress and does not have the confidence or language to ask for help. Treat only the behaviour and not the underlying cause and the problem continues. It is like the Americans bombing a chemical weapon storage

point it is effective short term but the reason the country created the weapons is still active.

Physical movement is one strategy for student management which is beyond question. This school has a culture of students being active during breaks. When children are active, chemicals are released in the brain that improve mood and concentration. In addition, active children develop core strength helping to prevent future health problems. This school is lucky to have space. This is becoming increasingly rare in urban schools. I love to see students being able to play soccer, football and several other games on our oval that is now naturally fertilised with purely organic kangaroo poo. Beat that expensive city schools. When we allow ourselves to think from a deficit model we forget the massive advantages our children have in the country.

Recently the school was sent a commendation certificate from the Member for Orange Phillip Donato. This was for publically displaying student art. I thank the member for Orange and look forward to him dropping into the school some time to discuss issues that affect students in this town. Check out the 1976 school photos on the notice board. 1976 was a great year for fashion and hair but unfortunately for many hair in 2018 is only a memory.



In some more good news, we have had a painter in the school for the last three days correcting identified problems across the school. The impact of new paint of our older buildings is amazing. I still am lobbying the Department to re-paint the original school (now the Kinder/1/2 classrooms) as it is starting to look a little tired but this could be a longer process in gaining approval. This school is outstanding in terms of appearance and condition a credit to Mr Mudge and Mr Grady.

In yet more good news the council has agreed to replace the footpath on the Croft street side and gravel the area adjacent to the western entry to the school. If this does not bring some rain I cannot think of what will.

The school has come a long way in terms of teaching programs, facilities and technology in recent years. However, we can never be happy. As soon as we believe it is good enough that is when we become complacent and stop being innovative and wanting to achieve.

Another great day in Trundle.

John Southon



Kalarney VanDyk
Who works at
Parkes Electrical and
Appliance Repairs
attending an
electrical fault at
Trundle Central

I attended Orange
Tafe completing my
Ectrotechnology
Cert 3 Course to
become a fully
qualified Electrician.
The course is over
four years. Three
years at Tafe and
one year on the job.

'Whatever men can do women can do too'

**To be successful on the field you need to
try your best for the full game.**



Primary

Welcome back to Term 2. It will be another great term with many opportunities for all our students.



Students of the week

K- Lara Warner
 1/2 - Miara Warner
 3/4 - Haley Lowe
 5/6 - Sam Charlton
 Miss Fitzsimmons - Paddy Williams
 Sportspersons - Eric Fernando and James Smith

Parent/Teacher Interviews

All the primary staff are looking forward to our parent/teacher interviews this Wednesday afternoon. If you have not called the front office to make an appointment, please do so as soon as possible.

Cross Country – Friday

This Friday will be our whole school cross country carnival. Please see the attached page with all details regarding this event. Please ensure your children have their hat and a water bottle for this event. We will walk the course prior to the event to ensure that all students know where they need to run.



Athletics practice

Last Friday for sport K-6 had the opportunity to try out their skills in shot put and high jump. This year K/1/2 will also be joining us for a shot put event.

Year 1/2 Creating Pink Ribbons



Secondary

What a fantastic start to the term. Our students have returned with positive attitudes and have commenced work admirably.

Last week we had our school ANZAC ceremony. Thank you to Paul Heavers, Barry Harmer and Colin Wheeler for attending. Our students showed an incredible amount of respect through their presentation and behaviour at both the town and school ceremony.

This Wednesday we are holding our Parent/Teacher Evening. This year we split up the Primary and Secondary sessions and will be having a BBQ in between the sessions. It would be fantastic to see as many parents as possible. I would also encourage students to attend these meetings as well so that they can be part of the discussion. Obviously our shared goal is for the best possible results for our students and for this to be achieved a strong partnership between the school and home is vital.

This year we have removed our Term 2 examination period to be in line with the Stage 6 NESA guidelines for assessment. Non-examination assessments are able to assess a much greater range of thinking and reasoning. Students should be aware that while at times assessments may be due around similar dates students however would have extensive time to complete them. Students need to be working consistently on their assessments. Assessments are published in the newsletter each week. If there are ever any queries in regards to this please contact the class teacher or myself for clarification.

This Friday our students will begin the trio of athletic events for Term 3 with the cross country competition. As always I look forward to seeing our students compete in a fierce but friendly matter with the true winner always being sportsmanship. As always if you have any questions in regards to secondary matters please contact me.

Have a great week,

Gerry Capell

Head Teacher Secondary Studies.

Across The Careers Advisers Desk

CSU Undergraduate Guide 2019

CSU Choose your Career

Keep Posted on Becoming a Teacher

Get paid to study to become a teacher and have a guaranteed job on graduation.

<https://www.teach.nsw.edu.au/get-paid-to-study>

Subject Selection

Here is a survival guide for Year 10 students choosing their year 11/12 subjects.

<https://www.careerfaqs.com.au/news/news-and-views/navigating-subject-selection-in-year-10>

Here is a list of questions to consider when selecting your HSC subjects.

<https://www.matrix.edu.au/subject-selection-guide-for-year-10-students/>

CSU MYDAY

27 June – Albury – Wodonga

Allied Health, Accounting, Business, Environmental Science and Outdoor Recreation, General Studies (Science), Information Technology, Nursing, Teaching and Education.

5 July - Dubbo

Nursing, Social Work, Teaching and Education.

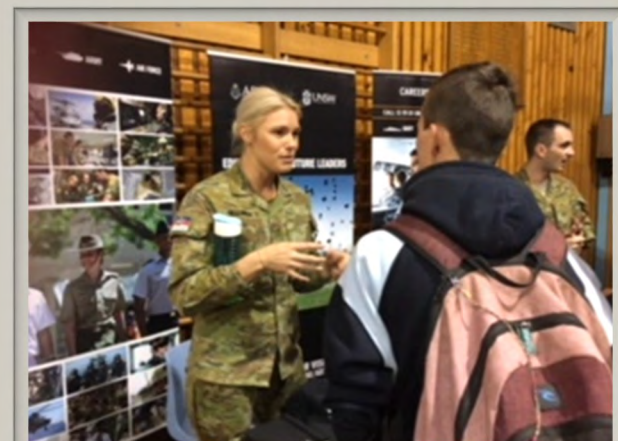
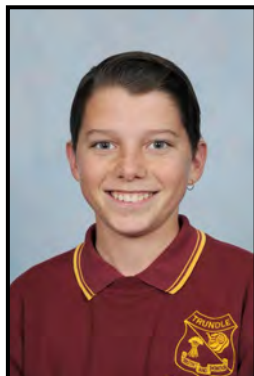
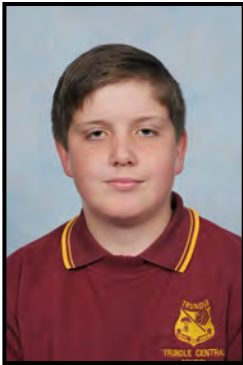
6 July - Wagga Wagga

Accounting, Agriculture, Animal and Veterinary Science, Arts, Business, Communication and Creative Industries, Information Technology, Nursing, Medical Radiation Science, Medical Science, Oral Health, Psychology, Social Work, Teaching and Education, Science, General Studies (Science).

Our series of MyDay events gives Yr 11 and 12 students a taste of university life for a day. Come on campus and participate in sessions relating to the course(s) you're interested in. Plus, you can meet academics, current students and support staff to get the information you need about any aspect of studying at CSU. Register at: <https://futurestudents.csu.edu.au/unilife/social/campus-events/myday>

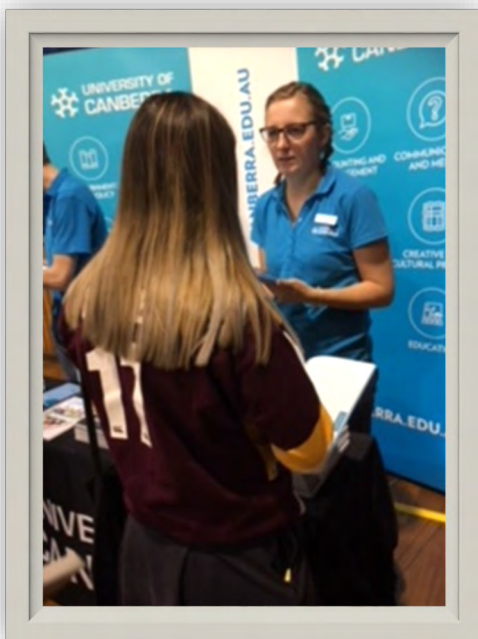
Secondary Sportspersons of the Week

Harrison Grady, Hamish Sanderson, Ella Bridger, Robert Stokes



Tertiary Day

Last Wednesday 5 for our Stage 6 students attended the Tertiary Day at Forbes High School. This is a valuable opportunity as it allows students to interact and gain information in a face to face situation from Universities, Private providers, Defence Force, Police force and Local Businesses.



Secondary Assessments & Homework

**All assessments must be submitted to the teacher before 8:55am on the due date.
Penalties will apply after this time.**

YEAR 9/10 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Food Technology	9/4/18	30/5/18	At Home	Food in Australia
PASS	7/3/18	9/5/18	Class and Home	FITNESS
YEAR 8 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Technology Mandatory	9/5/18	2/7/18	In Class Optional Extension – at home	Recipe Design
YEAR 7 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Technology Mandatory	9/5/18	2/7/18	In Class Optional Extension – at home	Recipe Design

Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at Level 3 each semester. Each level has rewards with Level 6 being the highest.

Level 4 (15+ pink slips)	Year 8 - Will C
	Year 10 - Ethan
	Year 11 - Paige
Level 5 (30+ pink slips)	Year 7 - Mya, Ryan, Harrison, Alex
	Year 8 - Isabel, Jenet, Lionel, Jamie, Will L, Jason, William
	Year 9 - Ashlee, Skye, Dylan, Hamish, Jaxon
	Year 10 - Ella, Monique, Holly, Bryce, Zac, Ryan, Codie
	Year 11 - Sasha, Brooke, Ryan, Harrison
	Year 12 - Leah, Chelsea, Maddie, Brodi
Level 6 (75+ pink slips)	Year 7 - Grace, Aliethea, Xander, Cameron
	Year 9 - Nicholas
	Year 10 - Emily, Amy, Robert

SRC Report

Last Thursday the SRC held a **Pink Day** at school to help raise money for Women's Cancer. We commenced our great day with a photo of all students and teachers in their amazing pink clothing and then at recess we sold delicious pink cupcakes that were very popular.

All the money raised from the cupcakes and donations at school went into a set of pink gumboots so we could help 'give cancer the boot'. These boots were a huge success and we raised a total of \$600 for Women's Cancer.

Trundle Central School would like to give a big thank you to the Trundle Hardware Store for allowing us to have our gumboots in their store and to the community for your generous donations for Women's Cancer.

Monique Morgan

School Captain & SRC





Primary Interviews will be held on Wednesday 9th May 2018

Time	Time	Mrs Sanderson	Mr Burley	Ms Downes	Miss Fitzsimmons	Mrs Southon	Mrs Budd
3.00pm	3.05pm	Lisa Hartig	Rhonda Grady	Elysse Coomes			
3.05pm	3.10pm	Elysse Coomes	Debra Harner	Monique Ferguson	Lisa Hartig		
3.10pm	3.15pm	Debra Harner	Rhonda Grady	Jes Robson	Anna M		
3.15pm	3.20pm	Mellisa Davison	Elysse Coomes	Debra Harner	Sam Wu		
3.20pm	3.25pm	Sam Wu	Elysse Coomes		Melissa Davison		
3.25pm	3.30pm	Anna M	Elysse Coomes	Lauren Badman	Libby Wykes		
3.30pm	3.35pm	Louise Tosetti	E&K Bulley	Tash Warner	Debra Harner	Lauren Badman	Libby Wykes
3.35pm	3.40pm	Leanne Budd	Libby Wykes		Louise Tosetti	Tash Warner	
3.40pm	3.45pm		Leanne Budd		Elysse Coomes	Debra Harner	
3.45pm	3.50pm	Kylie Strudwick	Jenny Callow		Lubka Prebendarcik	Elysse Coomes	
3.50pm	3.55pm	Lubka Prebendarcik		Kylie Strudwick	Elysse Coomes		
3.55pm	4.00pm	Trish Morgan			Kylie Strudwick		
4.00pm	4.05pm				Elysse Coomes		
4.05pm	4.10pm	Shannon Lewis			Elysse Coomes		
4.10pm	4.15pm				Elysse Coomes		
4.15pm	4.20pm	Jo Randall	M Stokes		Elysse Coomes	Josie Charlton	Kelly-Lee Dunn
4.20pm	4.25pm		Kelly-Lee Dunn		Shannon Lewis	Sam Cowle	Elysse Coomes
4.25pm	4.30pm		K Lindner		Jo Randall	M Stokes	Elysse Coomes
4.30pm	4.35pm		David Lynn	Leanne Martin	Kelly-Lee Dunn		M Stokes
4.35pm	4.40pm		Jo Bridger	David Lynn			
4.40pm	4.45pm		Kristy Davison			David Lynn	
4.45pm	4.50pm		A&T Taylor				David Lynn
4.50pm	4.55pm		A&T Taylor		David Lynn	Jana Jones	Kristy Davison
4.55pm	5.00pm		A&T Taylor		Kristy Davison	Tamilla Bolam	

PARENT /TEACHER INTERVIEWS - SECONDARY - Wednesday 9th May

		Mr G Capell	Miss L Rowlands	Mrs T Morgan	Mr Lynn	Ms G Rush	Mrs R Gallagher	Mrs L Budd	Mr B Ridges	Mrs K Williams
5.30 pm	5.35 pm	H Longhurst	M Stokes		C Harper	T Morgan	R Grady		T&A Taylor	
5.35 pm	5.40 pm		H Longhurst		C Harper	T Morgan	R Grady	M Stokes	T&A Taylor	L Prebendarcik
5.40 pm	5.45 pm	R Grady	H Longhurst		T Morgan	C Harper	T&A Taylor		L Prebendarcik	A Aveyard
5.45 pm	5.50 pm	T Morgan	R Grady		H Longhurst	T&A Taylor	A Aveyard	L Prebendarcik	C Harper	L Hartig
5.50 pm	5.55 pm	T Morgan	R Grady		T&A Taylor	C Harper	L Prebendarcik		A Aveyard	L Hartig
5.55 pm	6.00 pm	C Harper	T&A Taylor	R Grady	H Longhurst	L Prebendarcik		A Aveyard	L Hartig	J Bridger
6.00 pm	6.05 pm	J Bridger	C Harper	R Grady	L Prebendarcik	H Longhurst		L Hartig	M Stokes	
6.05 pm	6.10 pm	M Stokes	C Harper	L Prebendarcik	R Grady	H Longhurst	J Bridger	L Hartig		
6.10 pm	6.15 pm		L Prebendarcik	H Longhurst	R Grady	A Aveyard		C Harper		J Tomlinson
6.15 pm	6.20 pm		L Hartig	M Stokes	J Bridger	J Tomlinson	H Longhurst			E Coomes
6.20 pm	6.25 pm	F Sanderson	L Hartig	J Tomlinson	A Aveyard	M Stokes	H Longhurst		E Coomes	
6.25 pm	6.30 pm	E Coomes	F Sanderson	L Hartig	J Tomlinson	M Stokes	C Harper	R Grady	H Longhurst	
6.30 pm	6.35 pm	J Tomlinson	A Aveyard	F Sanderson	L Hartig	E Coomes	C Harper	H Longhurst	R Grady	M Stokes
6.35 pm	6.40 pm		J Tomlinson	E Coomes	L Hartig	F Sanderson			R Grady	H Longhurst
6.40 pm	6.45 pm		E Coomes	M Stokes	F Sanderson	L Hartig	J Tomlinson			
6.45 pm	6.50 pm		M Stokes		E Coomes	L Hartig	F Sanderson		J Tomlinson	
6.50 pm	6.55 pm				M Stokes		L Hartig			
6.55 pm	7.00 pm				M Stokes		L Hartig			

Trundle Central School is collaborating with Smiles Onsite to promote healthier, happier smiles at our school! This incredible service is being offered for FREE under the federal government's Child Dental Benefits Schedule (CDBS), and comes along with the chance to grab some amazing prizes.

All students will be given a consent form to bring home so that they can participate, and also so that they can go in the draw to win prizes!!

How does it work?

The Child Dental Benefit Schedule grants all eligible parents with \$1000 worth of Medicare towards dental per child, over a two-year period. Eligible parents should receive a confirmation letter; however if you are still unsure, Smiles Onsite can check for you on completion of their consent form.

Can I make use of this service if I'm not eligible?

Of course! Smiles Onsite can do almost everything that your local dentist can do on board their state-of-the-art mobile Clinic. If you would like them to see your child for a scale and clean, fillings, fissure seals etc., these services can be offered with NO GAP payable.

This service is a great opportunity to get kids into the habit of good oral hygiene, and we hope you're as excited about it as we are!

You can fill out the dental consent form for your son or daughter by inserting this link on the web browser - <https://form.jotform.co/81010283352848>

If you have any further questions about this program or your eligibility, please contact Smiles Onsite directly on 1800 276 453.



P & C NEWS

Continental - Will be held Friday 31st August from 1.30pm. Our theme for the Continental will be "A Country Fair".

Come along to our next meeting to discuss what activities will be taking place on that day.



P & C NEWS

P&C are extremely busy for the month of May. We have a Street Stall NEXT Friday, 18th May and also the School Athletics Carnival on Friday, 25th May. We are calling on all Parents/Carer/Grandparents to volunteer an hour throughout the day. Volunteering your time will help you to meet other parents and get to know your children's friends. If you are unable to help on the day and would like to contribute then a nice slice, cake, muffins or cookies would be greatly appreciated.

All monies raised from the Athletics Carnival and Street Stall will go towards purchasing materials/equipment for the classroom or subsidising excursions.

Thankyou
P&C Committee



Athletics Carnival Roster

Friday 25th May 2018 @ Berryman Oval

Time	Volunteer 1	Volunteer 2	Volunteer 3
8.30am-9.30am Setting Up			
9.30am-10.30am			
10.30am-11.30am			
11.30am-12.30pm			
12.30pm-1.30pm			
1.30pm-2.30pm			
2.30pm-3.30pm Packing away			



Trundle Central School



invites all parents and friends

to attend the

SCHOOL CROSS COUNTRY

to be held at the Golf Course

on

Friday 11th May 2018

commencing at 2:05pm with the

Infants Race (5-7yrs)

Please come along and support your school community

All students from **Kinder to 12** will be involved in this carnival and are required to compete in appropriate clothes in house colours (Shorts/top) and joggers or sports uniform. All new students have been placed in a sports house and the list is in the newsletter. For the new students and parents Mitchell is BLUE and Oxley is Red.

All asthmatics should be equipped with medication.

Organisation

Students will assemble at school at 1:50pm then walk to the golf course.

2.05pm Infants Boys & Girls 900m (5,6,7yrs)

2.15pm Senior Secondary Girls & Boys 4000m (15+ yrs)

2.20pm Senior Primary Boys & Girls 3000m (11, 12, 13yrs)

2.25pm Junior Secondary Boys & Girls 3000m (12, 13, 14 yrs)

2.30pm Junior Primary Boys & Girls 2000m (8,9,10yrs)

A whole school presentation of Medallions will occur at the completion of the carnival.

Please note – these times may be changed. Students will all walk back to school after the presentation which will be after 3pm. Students can be collect from the Golf Course by parents otherwise town students will walk home from school.

Trundle Central School 2018

House Lists Boys

AGE	Mitchell (Blue)	Oxley (Red)
17+ 2001	Brodi Gavin-Rossiter H Williams R Cohen-Wilding	C Wilson
16 2002	R. Taylor B. Smith E. Pascoe	Bryce Gavin Rossiter I Longhurst
15 2003	R. Stokes J Whiley	N Williams H Sanderson
14 2004	L Hartig N Byrne A Kirk W Longhurst J Lowe	D Martin J Harper J Pascoe H Rousell
13 2005	W Taylor A Prebendarcik	W Charlton X Hartig R Dorman
12 (Secondary) 2006	C Whalen	H Grady
12 (Primary) 2006	P Williams J Callow G Cronin L Bulley	J Ramsay H Budd O Dunn L Linder
11 2007	N Wilson E Fernando J Gerry	S Charlton J Zerafa N Taylor
10 2008	B Strudwick K Charlton-Little	R Houston T Kirk
9 2009	H Wu	R Randall
8 2010	J Smith J Charlton J Lynn	S Prebendarcik P Cotter B Rousell
7 2011	B Zerafa	T Sanderson C Charlton-Little
6 2012	A Kirk D Stuckings	C Strudwick A Lynn
5 2013		

Trundle Central School 2018

House Lists Girls

AGE	Mitchell (Blue)	Oxley (Red)
17+ 2001	M. Coster B Morgan E. Stanbrook S Karaitiana	C. Taylor P. Fox L. Martin S Rousell
16 2002	H. Tomlinson E Harper A Mallard	M Morgan E Bridger S Dellow
15 2003	S Wilson	A Bartijn
14 2004	S Conin	J Dorman
13 2005	I Aveyard M Houston A Stokes	G Hartig C Lowe
12 (Secondary) 2006		
12(Primary) 2006	S Coster A Last	E Fernando H Lynn A Zerafa
11 2007	A Bridger I. Heard	M Martin N. McKellar Thornton D Lowe
10 2008	Jessica Morgan M Smith C Budd	L Hartig S Last H Lowe
9 2009	C Conin	R Cotter
8 2010	K Edwards	Lily Kirk M Penny
7 2011	D Zerafa-Coomes M Warner M Jones H Bolam V Williams	M Sipple
6 2012	B Last	S Southon L Warner
5 2013	S Smith	A Robson A Cotter S Ferguson

Community

Dolly's Beauty and Beyond

Opening hours:

Wednesday, Friday and Saturday morning

I am also looking for someone to help in the shop.

For more information contact Dolly on 0428 921 092.



Trundle Anglican Women's Association (AWA) Street Stall

Friday 11th May 2018

Donations of cooking and all saleable goods welcome.

Donations of food for the 'dinner hamper' raffle appreciated.



Australia's Biggest Morning Tea.

Location: 44 Croft St Trundle.

Date: Thursday 24th May.

Time: 10.30am.

All welcome.

Pre order takeaway mixed plate \$5.00 can deliver in Trundle.

Contact Liz Coomes 0410 497 249



Flu Vaccine Clinics



Trundle Doctors Surgery will be running 2 Flu Vaccine Clinic.

So if you wish to have a flu needle please come along.
No Need to make an appointment just turn up



Tuesday 8th May From 3pm to 4pm
&
Thursday 10th May 3pm to 4pm.

Women's Health Nurse

Will be visiting on Thursday 17th May.
Please phone 68921051 for an appointment.

Early Childhood Nurse

Is in the building every Wednesday
Please phone 68921051 for an appointment.



resourcing
inclusive
communities

An Initiative of Family Advocacy

Developing Community Connections

Strategies for supporting a person with disability to connect with community around shared interests and experiences



People with disability are commonly underrepresented in everyday community life. Shifting from traditional groupings of people to developing and sustaining authentic community connections takes planning and action. If you are a family member, service worker or part of a community group that either supports or welcomes people with disability then this is the workshop for you.

Come and learn strategies and gain tools to make it happen!

Free for people with disability, family members and allies
\$50 for professionals

MAY WORKSHOPS

DUBBO	22 May 2018	Cascades Motor Inn
PARKES	23 May 2018	Quality Inn Parkes
ORANGE	24 May 2018	IBIS Styles Orange

All workshops are 9:30 AM to 3:00 PM - Registration from 9:00 AM

Morning tea on arrival and light lunch provided

Register now at: ric.org.au/events or call 1800 774 764

Meet the Presenters

Meg Sweeney



Meg has been an advocate for people with disability since her first daughter was born with significant intellectual disability. She is passionate about crafting valued roles for people that enable individuals, with the right support, to make a contribution to community. This vision has been the catalyst for supporting her daughter to live in her own home, have paid work, volunteer for her community and connect with people around her interests.

Ric Thompson

Ric has worked for more than 30 years with people, communities, organisations and governments to assist individuals with disability to have meaningful connection with people who share the same passion. He has tried and tested the strategies shared in this workshop and can testify to the transformation he has seen in people's lives.



Come and explore a six-step process and receive a free workbook to get you taking action today!



Family Advocacy is an independent and impartial advocacy organisation that works with families across NSW to promote and defend the rights and interests of people who have developmental disability*. Our aim is to achieve positive social roles for people with disability through the development of advocacy by families and by strengthening the knowledge, role and influence of the family.

Resourcing Inclusive Communities is an initiative of Family Advocacy that works with families who have a family member with developmental disability*. We provide information, ideas and resources about developing a positive vision, building informal supports, establishing networks, creating community connections and self-directing supports.

*Developmental disability includes but is not limited to: autism, intellectual disability, cerebral palsy, spina bifida and multiple disability.

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www.ric.org.au

SHOOSH

FOR KIDS

If your comment is negative, then **SHOOSH!**

Reward good effort with applause; if you can't then **SHOOSH!**

If your negative comment is directed at an official, then **SHOOSH!**

If your negative comment is directed at a child, then **SHOOSH!**

Show respect to kids and officials. **Remember, sport should be fun!**



Shoosh for Kids is proudly supported by:



#shooshforkids | sport.nsw.gov.au

TIPS FOR ADULTS AT KIDS SPORT

- 1. Keep it fun**
don't take it
too seriously
It's not the World Titles



- 6. Let coaches**
do the
coaching



- 2. Be enthusiastic**
but don't *scream*
& *shout* instructions
from the sideline



- 7. Always remember,**
volunteers
run kids sport



- 3. Emphasise**
trying hard
not winning



- 8. Understand, uphold**
and *support* your club's
code of
conduct



- 4. Cheer &**
acknowledge
good plays by
all players,
both teams



- 9. Allow your child to**
play for
themselves
Let kids make the decisions
on and off the field



- 5. Accept decisions**
by officials
they are human &
can make mistakes



- 10. Think before**
you speak
Your words may
harm others





For Lease

7 North Street, Trundle

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Modern 4 bedroom, 2 bathroom brick house on large block

- Main bedroom with walk-in robe and ensuite
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- Ducted reverse cycle air conditioning
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- Rainwater tank and garden shed
- Some furniture included
- No Pets



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Join us at Trundle Central School Playgroup

Date: Every second Thursday from 10.30 - 12.30

Venue: Trundle Central School, Croft Street Trundle

Term 2 2018
May 17th
June 14th
June 28th

What is playgroup?

Playgroup is about getting together with other parents, children, babies, caregivers and families to have positive parent/child interactions, share ideas, information and experiences in a casual environment that welcomes all community members.

What we gain from attending playgroup

Children learn through play and other daily experiences. Playgroup is a great environment for:

- Positive developmental growth
- Participation in new experiences
- Learning about the world around them
- Developing and increasing social skills & confidence
- Learning about sharing, co-operation and simple routines
- Interaction with other adults and children in a safe environment.



Through play, parent-child activities, caring and respectful relationships we help build a sense of belonging for our children.

Playgroup also provides the opportunity for parents and caregivers to have supported access to other services such as Early Intervention programs, Health and Education programs.

For more information: Phone or visit the team at CentaCare Wilcannia-Forbes

17 Church Street PARKES NSW 2870 Phone: 02 6863 5426



Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions



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Trundle is just too popular - AJ Pike is running low on stock!

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