



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Reminders

Tuesday 22/5/18

CWA Public Speaking
@ Trundle

Wednesday 23/5/18

Athletic field events

Simultaneous Storytime
In the school Library

Thursday 24/5/18

Secondary Leadership
excursion to Sydney

Year 1/2 Excursion to
Dubbo

Friday 25/5/18

Athletics track events

P&C

President

Mrs Rhonda Grady

Secretary

Mrs Kelly-Lee Dunn

Treasurer

Mrs Lubka Prebendarcik



**Education &
Communities**

Trundle Central School Newsletter

Term 2 Week 4

21st May 2018

Year 9/10 Agriculture students attended Bedgerabong Pig Judging and Handling Day.



Learning to wash a pig and completing an ultrasound



Telephone: (02) 68921303 Fax: (02) 68921184 Email: trundle-c.school@det.nsw.edu.au

School webpage – www.trundle-c.schools.nsw.edu.au Facebook – www.facebook.com/TrundleCentralSchool

Principal's Message

This week is incredibly busy for both student and staff. On Monday is Primary Leadership Day, Tuesday CWA public speaking, Wednesday athletics field events and Simultaneous Story Time, Thursday Secondary leadership excursion and K/1/2 Dubbo excursion and Friday athletics track. Every day this week has an extracurricular or innovative classroom teaching activity.

Parents and members of the public are very welcome at our carnivals. However, the school expects all people attending will maintain a high level of sportsmanship and positive behaviour. I am not expecting any issues but people should be aware that any person exhibiting behaviour that reduces the enjoyment of staff and students will be asked to move on. Refusal will naturally become a police matter as the school is in control of Berryman Park for the carnival.

I am very pleased that our school leaders have the opportunity to participate in leadership building activities. This country is great because of those who turn up and lead, not those who view the world from the sideline. Encouraging the confidence to lead ensures this country will continue to prosper. Primary leaders will travel to Dubbo with Mrs Bridger for team building activities and Secondary will fly to Sydney with Mrs Budd to meet the Governor General. The school is covering the cost for students to fly to Sydney as we passionately believe that our student's opportunities should not to be restricted by distance from major population centres.

Some of this week's activities however have a small charge to parents. A comprehensive, inclusive school such as ours allows students to experience a wide range of activities throughout the whole year. Therefore, it is financially impossible to subsidise all activities. Every effort is made however to keep the cost to a minimum for families. If any parent is experiencing financial difficulty a payment plan is available to assist.

Last week was NAPLAN. Whilst NAPLAN is government policy, this school will implement the test



in a positive professional manner and use the test as a diagnostic tool. These tests are not for comparing public and or private/religious schools or as a method of competition between families. Indeed, in Australia there are very few private schools if any. Government funding is distributed equitably across all education sectors. A better way of describing schools may be inclusive or selective rather than public and private. As far as comparing your children to others that is done as you take your last breath on the earth because every child's bubble can burst very quickly and eggs for breakfast is better than egg on face.

Last week we received a visit from **Books for the Outback**. This was to give the school a very generous donation of books for our school and outdoor library. These books will go a long way to fostering a joy of reading. The enjoyment of reading allows children to move beyond the confines of their physical world into a place where magical things are possible. There is nothing wrong with that because childhood should be a place for dreams, as the harsh reality of adulthood will come quicker than they expect.

Unfortunately an incorrect dental form was sent to us to distribute. **PLEASE DISREGARD THIS FORM.** In the near future we will be distributing information on the mobile dentist clinic your school has arranged for the community. Please complete the form even if your child regularly visits the dentist. I believe it is vitally important that this visit is a success, as it will become a regular service to the community if it is supported. Poor oral health is the start or cause of numerous health and developmental problems.

Our school/community multi-purpose court is completed with the exception of the landscaping and fencing. Our work skills students will erect the fence and then we just have to wait for rain for landscaping. Eventually there will be shade covering and BBQ areas for school and community use. Zac Longhurst, a very talented young man under the supervision of Mr

Richard Grady is constructing a grandstand for students and the public to use at the court. Hiring of the court will be possible in the near future.

I am very proud of the progress this school has generated for the town this year. The completion of additional teacher housing, dental van visit and the multi-purpose court are just a few examples. I learnt very quickly that this town has many critics, numerous experts but some outstanding people as well so I just put on my Teflon jacket every morning and do the best I can.

Our request for corporate support is running currently at 33% positive. Ironically, all responses so far have been from Rugby League clubs. Newcastle Knights have responded positively and looking at avenues for support. Manly and the Broncos have told us that it is outside their guidelines to help, too far from the coast or the latte set maybe. I hope that this week will bring positive responses from corporate Australia.

Prime Television filmed a very positive piece on the school last year. They now want to return to film a longer segment on our alternative curriculum opportunities for students, innovative programs and our avenues for academic extension. This school has a culture of extending and challenging students. An example is some Year 10 students completing Year 11 mathematics this is possible because of the good will of staff, their skill and our flexibility. Primary enrichment is another example. The Prime visit follows our school being recognised as a hero school for rural education this year. I also want to highlight that the effects of drought on rural communities is not restricted to the farming sector. Schools such as ours suffer in terms of incidental funding from grants and donations and certainty of enrolments but we are strong and thriving despite the challenges.

Two innovative programs are Interest Electives and the School to Work program in High School. Observant people would have noticed four old cars parked around the School to Work shed. No, it is not the new McDonalds waiting bay. Our students, after safety training under the supervision of Mr Grady and myself, will be learning how to dismantle these cars to salvage workable parts. This is a very important skill as often with old machinery you use a donor machine to keep one operational. Removing, cleaning and reinstalling parts without damaging them is an important skill. Quality parts will be sold or exchanged to purchase materials for more programs within the school. The rumour that we are also setting up an operation in the Western Suburbs of Sydney is false although transferrable skills is a goal of any good program. The



school thanks Zhamshueng (Sam)Wu, Anastasia Southon, Ronda and Richard Grady and Carolyn Watt for the donation of cars for this activity.

Another interest elective this term is graffiti art. When placed in the right space graffiti is a genuine form of self-expression for adolescents. I believe schools have a responsibility to provide students who are artistically orientated, avenues for self-expression in a controlled environment. Students will be using their designs to paint a car shell this term.

The motivation to broaden the curriculum and be innovative is simple. If you can provide reluctant learners a reason to be at school and engage, they will develop improved levels of literacy and numeracy. The old idea that one-on-one instruction is the ultimate remedial tool is outdated and quite frankly emotionally damaging to children if it is used as the only strategy. An alternative activity at school may just spark an interest in learning that will follow through to other subjects. For example, a few years ago I taught a student who had significant problems with Literacy. He purchased a 1998 KX 250 motorcycle. This model is Japan's revenge for the atomic bombings. I downloaded a workshop manual and he made himself understand the text. It had a purpose, so he learnt.

This school provides numerous programs to assist students who struggle academically but also extension programs. For example, the school operates L3, Minilit, Focus on Reading, Music extension, Writing in the Middle Years and many more to allow students with deficits to improve their skills. However, we also have extension programs to extend those who are displaying advanced skills. We offer robotics classes, drone construction, advance literacy, accelerated pathways and several more. We even have a student learning Spanish through tele-conferencing. It sounds like a never-ending episode of *Dora the Explorer* in the next room but he is doing something he wants to do and this public school allows it to happen. Our mantra is to provide as much or more than is available in a larger school in a personal caring environment.

Twenty-four years of teaching has taught me that it does not matter how many programs are operating within a school it is the passion of the staff to create an environment where students feel welcome and supported that determines success. Many students who have had difficulty in other schools thrive in our

supportive environment because our staff have something that universities cannot teach and specialist programs alone cannot provide. A love of teaching and a passion to see all children succeed. Conversely, this school often has students move to other schools for various reasons. Each one hurts a little because we place so much time and effort into every student. However, I respect a family's right to choose where their child is educated. This school welcomes families to talk to us about what we can offer in a non-threatening no obligation environment.

Another great day in Trundle
John Southon



Unused School Uniforms

If you have any unused school uniforms at home please consider donating them to our clothing pool as supplies are low. Items may be left at the front office.



Trundle Central School Athletics Carnival

A very warm invitation is extended to all parents/friends and community members to attend our Field and Track Events on the following days:

Wednesday 23rd May 2018 – Field Events – Trundle Central School
Start 11:30am

Friday 25th May – Track events plus Long Jump- Berryman Oval
Start 9:30am

Conditions:

As far as possible we will be running the Carnival in line with PSSA and CHS Athletics Regulations. The Individual Age Champions will be determined by using the following points system 1st 8 points, 2nd 6 points, 3rd 4 points and 4th 2 points. In Primary the following events will be included Discus, Shot Put, Long Jump, High Jump, Championship Race, 200m Final and 800m. **Please note a new event the 1500 will be included in the Senior Primary Championship.** In Secondary the following events will be included Discus, Shot Put, Long Jump, High Jump, Javelin, Championship Race, 200m Final, 400m, 800m and 1500m. **Please note a change to the Juvenile Championship**, which in the past has been awarded on the Championship Race only. This year it will include the Championship Race, 400m, Long Jump and Shot Put.

- As in previous years, the children are to come to school as usual on both days.
- All students from Year 3 to Year 12 will be participating in the carnival as well as any student in Year 2 who is 8yrs old and has been training during sport.
- Ms Downes class will walk to the oval later in the morning on the Friday. Their age race will be at 11.00am followed by the Juvenile Championships, the relay and long jump
- Students are to wear sports shoes in all events. No spikes in Discus, Shot Put and Primary 800m and 1500m events. Spikes are not to be worn to and from events.
- All Primary and Infants children will have their age and house marked on their hand in Texta. This is to assist officials and will be done by their teacher.
- Students are encouraged to wear house colours. (Mitchell - Blue and Oxley – Red).
- In throwing events students may not be throwing the exact weight they will use at the next level.
- Students must compete in the age race and one other event to be eligible for the relay team
- If the carnival is going to be postponed due to wet weather, an announcement will be made in the morning on 2PK and ROK –FM radio as well as our Facebook page.

PLEASE NOTE TIME CHANGES - Lunch on Wednesday will be 1:10-1:40pm
 Friday the carnival will finish at 3:25pm

Trish Morgan – Carnival Organiser

✂.....
TCS Athletics Carnival

If you are able to help on either day can you please complete the following slip and return to the office by Tuesday morning 22nd May. All help is greatly appreciated.

..... is able to help at the School Oval on 23rd May (Field events).

..... is able to help at Berryman Oval on Friday 25th May (Track events).

Signed/dated

P & C NEWS

Trundle Central School P&C Committee Inc. would like to thank those who cooked all the delicious goodies, donated items towards the hamper and Volunteered their time on the street stall itself.

A massive thank you to all the people who purchased Raffle tickets or items from our stall.

It is from this support that we are able to raise money to support the students at Trundle Central School.



The Winner of the Raffle: **Trundle Hotel**

Athletics Carnival - THIS FRIDAY

We are calling on all Parents/Carer/Grandparents to volunteer an hour throughout the day. Volunteering your time will help you to meet other parents and get to know your children's friends. If you are unable to help on the day and would like to contribute then a nice slice, cake, muffins or cookies would be greatly appreciated.

All monies raised from the Athletics carnival and Street Stall will go towards purchasing materials/equipment for the classroom or subsidising excursions.

Thankyou

P&C Committee

Athletics Carnival Roster

THIS Friday 25th May 2018 @ Berryman Oval

Time	Volunteer 1	Volunteer 2	Volunteer 3
8.30am-9.30am Setting Up	Dane Budd		
9.30am-10.30am	Tash Warner	Helen Longhurst	
10.30am-11.30am		Helen Longhurst	
11.30am-12.30pm	Shannon Lewis	Helen Longhurst	
12.30pm-1.30pm	Shannon Lewis	Helen Longhurst	
1.30pm-2.30pm		Helen Longhurst	
2.30pm-3.30pm Packing away	Shannon Lewis	Helen Longhurst	

Trundle Central School

P&C Association Inc.



Canteen List

Hot Chips	\$3.00
Spaghetti Bolognaise	\$3.00
Pumpkin Soup + Bread Roll	\$3.00
Pie	\$3.00
Sausage Rolls	\$2.50
Cans of Drink	\$2.00
Bottles of Water	\$2.00
Cakes/Slices	\$0.50
Tea/Coffee	\$2.00



Primary

Students of the week

Kindergarten - Andrew Lynn

1/2 - Scarlett Southon

3/4 - Jessica Morgan

5/6 - Harry Budd

Miss Fitzsimmons -

Annabelle Cotter

Sportspersons - Delainie Zerafa-

Coomes, Lily Kirk, Hannah Lynn

and Sasha Coster



Book Donation

Last Friday the primary students were delighted to receive a very generous donation of books for our 'street library'.

This new addition to our primary area has been delightfully received by all the students. Street libraries are an idea developed by Nic Lowe. Lowe's vision stemmed from wanting to build an Australian-based free library movement that encouraged literacy and community. The primary staff decided that it would be a great addition to our school. All students are encouraged to take a book or add a book!



Street Library's motto is:

“Take a Book, Give a Book, Share a Book.”

CWA Public Speaking Competition

We wish all our speakers the very best of luck in the public speaking competition on Tuesday.



Cross Country – Gobondery/NARRAF

There are 45 students eligible to compete in the Gobondery/NARRAF Cross Country carnival to be held in **Tottenham on Friday 1st June**. Notes have been sent home regarding this carnival. **Please return the notes as soon as possible.**



National Simultaneous Storytime
WEDNESDAY 23 MAY 2018
#NSS2018 www.alia.org.au/nss

Australian Library and Information Association SCHOLASTIC LIANZA

HICKORY DICKORY DASH
 TONY WILSON LAURA WOOD

Simultaneous Storytime

This Wednesday K-6 will be participating in the National Simultaneous Storytime. The students will be involved in a reading of the book **Hickory Dickory Dash** and then they will participated in some fun activities related to this text.

Year 1/2 Excursion - Dubbo



This Thursday the Year 1/2 students are off to Dubbo for an excursion. They will be visiting **Dundullimal House** as a part of their history unit on Families – Past and Present. They will be having lunch in the park and then attending a performance of 'Josephine Wants To Dance', a text they have been studying in class. **Thank you** to Mrs Southon, Mrs Coster and Mr Southon for supervising the excursion.

PSSA Girls Netball – Parkes

Last Friday a small group of girls will join together with girls from Tullamore to play the first round of the PSSA Girls Netball knockout. The game was against Parkes Public School

K/1/2
Will be taking their lunch to
Berryman Oval on Friday, 25th May
for Athletics

Premiers Reading Challenge

The PRC is back for another amazing year of reading! All the students are reading as many books as they can to add to their lists for 2019!



2018 NSW PREMIER'S READING CHALLENGE

START **READING** **NOW!**

OPENS MONDAY 5 MARCH 2018 **CLOSES FRIDAY 31 AUGUST 2018**

www.premiersreadingchallenge.nsw.edu.au

NSW MTA news local DYMCKS DYMCKS



Children are encouraged to bring FRESH fruit or vegetables to school for Crunch and Sip. They are also able to have a sipper bottle of water in the classroom.

Secondary

Firstly congratulations to our Year 7 & 9 students for their behaviour and effort last week during their NAPLAN testing. This is a reflection of the positive attitude our students have towards their academic tasks at school.

This week we have the athletics carnival on Wednesday after recess and all day Friday. I look forward to seeing our students apply themselves to the various events with great anticipation.

On Tuesday some of our students are entering the CWA Public Speaking competition. I have stated to the students before that this is an extremely important skill and I applaud those students who take this challenge on. Good luck.

On Thursday our School Captains and Mrs Budd are heading down to Sydney to meet our Governor and to visit Parliament House. Our captains and SRC members are true leaders at our school and it's a fantastic opportunity to see some of our highest leaders, hear their stories and learn from them.

As always if there are any questions relating to Secondary matters please contact me at school.

Have a great week

Gerry Capell

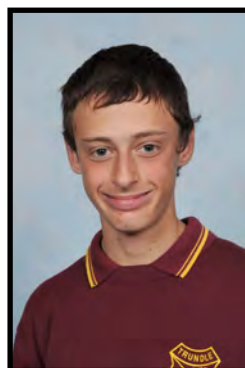
Head Teacher Secondary Studies.

Across the Career's Adviser's Desk

- Career with STEM Economics
- Info on University of Wollongong Information Evening in Dubbo on 30th May
- Steps to Uni for Year 10 students
- Employment Projections to 2022

Secondary Sports person of the Week

Bobbie Smith, Mya Houston, Ashlee Bartijn and William Taylor



Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at Level 3 each semester. Each level has rewards with Level 6 being the highest.

Level 4 (15+ pink slips)	Year 7 - Casey
	Year 8 - Will C, Aidan
	Year 10 - Ethan, Bobbie
	Year 12 - Maddie, Brodi
Level 5 (30+ pink slips)	Year 7 - Mya, Ryan
	Year 8 - Jennet, Jamie
	Year 9 - Ashlee, Skye, Dylan, Hamish, Jaxson
	Year 10 - Holly, Bryce, Zac, Ryan, Codie
	Year 11 - Paige, Sasha, Ryan
	Year 12 - Leah, Chelsea
Level 6 (75+ pink slips)	Year 7 - Grace, Aliethea, Harrison, Xander, Alex, Cameron
	Year 8 - Isabel, Will L, Jason, William
	Year 9 - Nick
	Year 10 - Ella, Emily, Amy, Monique, Robert
	Year 11 - Brooke, Harrison

Secondary Assessments & Homework

**All assessments must be submitted to the teacher before 8:55am on the due date.
Penalties will apply after this time.**

YEAR 9/10 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Food Technology	9/4/18	30/5/18	At Home	Food in Australia
YEAR 8 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Technology Mandatory	9/5/18	2/7/18	In Class Optional Extension – at home	Recipe Design
YEAR 7 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Technology Mandatory	9/5/18	2/7/18	In Class Optional Extension – at home	Recipe Design

Dear Parents and Carers,

Last Saturday, Aldi had their annual snow gear sale. Clothing is still available. Your child needs to bring their own snow gloves and snow goggles to the snow excursion in August. This is a chance for you to purchase quality gear at a reasonable price. All other equipment and clothing is included in the excursion cost.



The image shows a promotional banner for Aldi's Snow Gear sale. At the top left is the Aldi logo, which consists of a blue square with white diagonal lines and the word 'ALDI' in white. To the right of the logo is a blue button with a white clipboard icon. Below the logo is a dark blue horizontal bar with the word 'Menu' in white and a white hamburger menu icon. The main part of the banner features a photograph of two children in winter gear standing in a snowy field. Overlaid on the photo is the text 'SNOW GEAR' in large, white, outlined letters. Below this, it says 'ON SALE SATURDAY 19 MAY 2018' in white. At the bottom, there is a red button with the text 'EXPLORE THE RANGE' in white. At the very bottom, in small white text, it says 'LIMITED STOCKS IN STORE.'.



Secondary Movie night was a huge hit watching 'Wonder' and having Spaghetti Bolognese for dinner. Thanks to all who attended and/or helped. Miss Rowlands, Student Advisor



eBooks – available from our eBook library 24/7



Borrowing our eBooks is as easy as

1

Search for and download
the ePlatform app from
your app store

2

Find our library and
log in using your
library ID

3

Browse and borrow
an eBook to read on
your device

Community

RED CROSS STREET STALL

The Red Cross Street Stall will be held on Friday, 25th May. All support will be greatly appreciated.



Dolly's Beauty and Beyond

Opening hours:

Monday and Friday this week
Please contact Dolly on 0428 921 092.

Please come along to Dolly's
Biggest Morning Tea
Friday, 25th May
At the Trundle Services Club
Take away orders available.

KYM

is coming to Trundle
4th Thursday of each month
Commencing in June



Pram Walk
9:15am at Berryman Park
All welcome

Parkes Maternity 68612430
 Find us on
Facebook

Join us at Trundle Central School Playgroup

Date: Every second Thursday from 10.30 - 12.30
Venue: Trundle Central School, Croft Street Trundle

Term 2 2018
June 14 th
June 28 th

e-mail: midlachlan.team@rfs.nsw.gov.au

Ref : Trundle Racecourse
Date: May 2018



NOTICE OF PROPOSED HAZARD REDUCTION WORKS

We wish to advise you that hazard reduction works are proposed in the vicinity of your property. This will consist of prescribed burning of vegetation to reduce the bush fire fuel and assist in reducing the intensity and adverse impact of bush fires in extreme weather conditions. The prescribed burning will be undertaken:

Between Mentone Street & Carlisle – Trundle Road TRUNDLE 2875

The burn will be undertaken by the Rural Fire Service and subject to weather conditions, it is scheduled for;

Saturday 26th May 2018 between 8am to 5pm



The black area identified above is a completed section that was carried out on the 16th May 2018. The area in red is the remaining parcel of land that is proposed to be burnt.

As the prescribed burn will generate smoke, hot embers and heat, it is important that you consider the following:

- Keep doors and windows closed to prevent smoke entering homes;
- Keep outdoor furniture under cover to prevent ember burns;
- Retract pool covers to prevent ember damage;
- Remove washing from clotheslines;
- Ensure pets have a protected area;
- If you are driving a vehicle, slow down, keep windows up and turn headlights on; and
- If you have asthma or a lung condition, reduce outdoor activities. If smoke levels are high and if shortness of breath or coughing develops, take your reliever medicine or seek medical advice

Should any further information be required, please contact the Mid Lachlan Valley District Office at MidLachlan.Team@rfs.nsw.gov.au or 02 6851 1541 between 9am and 4:30pm weekdays. You can also obtain additional information on prescribed burning and property preparedness by accessing the NSW Rural Fire Service website at www.rfs.nsw.gov.au.

If weather conditions become unfavourable on the scheduled burn day, the hazard reduction burn will be postponed until conditions become suitable.

Thank you for your cooperation,

Robyn Favelle
A/ District Manager



Interested to learn more about Clean TeQ Sunrise and our plans?

Come and talk to us.

TRUNDLE and FIFIELD

Clean TeQ is committed to providing interested community members with opportunities to ask questions or access information about Clean TeQ Sunrise.

Clean TeQ will host a community drop-in session in **Trundle on Friday 25 May** between the hours of **12:30pm and 3:30pm** at the Clean TeQ shopfront, Shop 5, Forbes Street.

A community drop-in session will also be held in **Fifield on Friday 25 May** between the hours of **9:30am and 12:00pm** at the Fifield Hall.

Trundle Central school prints community advertisements in the community section of the newsletter as a service to the community. These advertisements cannot be offensive or promote a profit making business. **These advertisements do not necessary reflect the views, policies or opinions of the Department of Education or the Principal or staff of this school.**



MEDIA RELEASE

TOWNSHIP PRIORITIES ON THE LIST FOR NEXT ROUND OF FUNDING

Parkes Shire Council has put forward eight projects for grant funding under round 2 of the State Government's Stronger Country Communities.

Parkes Shire Mayor, Cr Ken Keith OAM said, "Council has taken the opportunity to put forward for funding a number of township projects."

"These projects, valued at more than \$2 million, were identified by our residents as priorities during the *Parkes 2030* community consultation workshops held throughout the Parkes Shire last year."

Parkes received a total of \$726,060 under round one of the Stronger Country Communities Fund towards Stage 2 of the Parkes Active Movement Plan, refurbishment of the Parkes Community Hall next to the old Parkes Hospital complex, and the Parkes Little Theatre seating upgrades and refurbishment.

The projects put forward for consideration in round 2 include:

Extension to the Tullamore GP suite in the Multipurpose Centre *Grant request \$400,000*

The current space for the GP suite in the Tullamore health centre is inadequate. This project will deliver an extension to the current GP suite to provide an additional 64m² to including additional space for reception room, waiting room and pharmacy as well as additional space of 16m² for an extended meeting/daycare room. This extension will enable the surgery to comply with current accreditation requirements as well as facilitating a more attractive facility to secure a GP for the township to provide medical services to an isolated community (more than 1 hours' drive to closest hospital). NSW Health have put \$50,000 towards the project costs.

Rejuvenation of Peak Hill Main Street *Grant request of \$180,000*

This project will revitalise the main street through the township of Peak Hill to deliver new trees to shade the street, new rubber blisters to replace old broken concrete footings, new plantings at the pedestrian crossing to beautify the area and awning inspections of shop frontages throughout Caswell St. This project has a high level of community support, being identified in the Peak Hill Community Strategic Plan developed in consultation with local community members.

New amenities block for Trundle Showground *Grant request of \$200,000*

This project will replace the old amenities building at the Trundle Showground (built 1970s) to support the annual show, Bush Tucker Day and the ever growing ABBA Festival. These facilities will not only support these events, but also travellers/campers year round who visit Trundle, helping to support the growth of the township.

Rejuvenation of Tullamore multicourt *Grant request of \$150,000*

This project will see the current facilities removed and replaced with 4 new tennis courts complete with nets, multipurpose ball hoops, new fencing and posts. This will provide sporting and recreational facilities for the entire community.

POLA Park oval rehabilitation *Grant request of \$230,000*

This project will rehabilitate and completely rejuvenate the only sporting oval in the small Central West town of Tullamore. Pola Park is used for cricket, AFL, rugby, school, district cross country and athletics events. This project will deliver new irrigation and associated pump system to fully irrigate the entire oval, as well re-seeding the oval and replacing the old broken fence. The precinct will receive an added facelift through the planting of shade trees around the oval.

Disabled access network of footpaths at McGlynn Oval *Grant request of \$136,000*

This project will provide access to the McGlynn Oval facilities for all members of the community, including those with a disability or mobility issues. This project will provide 192m of shared pathway, linking the McGlynn Oval amenities block, carpark, netball courts and hockey court complete with pedestrian refuge through Baker Street and ramps for wheelchair and pram access.

Cheney Oval rehabilitation *Grant request of \$600,000*

This project will deliver critical rehabilitation works to Cheney Oval – one of the major sporting precincts in Parkes. The engagement of an expert soil scientist and installation of an extensive subsoil drainage system will mitigate serious salinity and drainage issues throughout the site which make parts of the oval unusable through much of the season. Cheney Oval is home to the Parkes Pumas Touch Association and often hosts regional and state level touch football and hockey championships, however these carnivals are getting harder to secure due to the rapid degradation of the oval.

Refurbishment of Cheney Park amenities *Grant ask of \$200,000*

This project will satisfy the urgent community need for safe and secure amenities at one of the most popular sporting fields in Parkes. The tired amenities building and associated infrastructure at Cheney Park will be completely refurbished, safely removing dangerous asbestos throughout the entire facility. It will provide a new unisex disabled access toilet, accessible to general public at all times, and compliant ambulant toilets in both male and female change rooms. Parkes Touch Football Association have committed \$20,000 towards the project.

From Your Community Nurse ... Home Safety Checklist 2



Legal obligations of the people in agriculture production enterprises

WHS laws are similar in all states in that they lay down the responsibilities of key parties involved in reducing risk of injury and illness associated with work.

[Australian Centre for Agricultural Health & Safety, Safe Work Australia](#)

or

[Rural Industries Research and Development Corporation](#)

web pages for more information.



For further information visit the WorkCover website at workcover.nsw.gov.au,

phone WorkCover Assistance Service **13 10 50**.

About half of all falls occur in and around the home. You can reduce your chances of having a fall at home by making sure that you have followed some basic home safety guidelines.

This checklist will help you identify aspects of your home that might increase your risk of a fall. Walk around each room and check that there is nothing that might pose a risk. For small safety improvements, see if a family member, friend or local handyperson can help you fix the problem. A health professional can also arrange for an occupational therapist to perform a home safety assessment and arrange for installation of home modifications.

Kitchen

- ☐ Regularly used items within easy reach without climbing or bending
- ☐ Good lighting over benchtops and other work areas
- ☐ Good ventilation to reduce the risk of glasses fogging
- ☐ Floor surfaces slip resistant
- ☐ Spills cleaned up straight away
- ☐ Sturdy low step stool with handrail if needed to use higher shelves



Bedroom

- ☐ Bed easy to get in and out of
- ☐ Bedside light easy to switch on when in bed
- ☐ Telephone within easy reach when in bed
- ☐ Bedside table for drink, books, glasses
- ☐ Bed coverings clear of the floor
- ☐ Cords and cables safely away from walkways
- ☐ Walking aid (if required) within easy reach of the bed



From Your Community Nurse ... Home Safety Checklist 3



Legal obligations of the people in agriculture production enterprises

WHS laws are similar in all states in that they lay down the responsibilities of key parties involved in reducing risk of injury and illness associated with work.

[Australian Centre for Agricultural Health & Safety](#), [Safe Work Australia](#)

or

[Rural Industries Research and Development Corporation](#)

web pages for more information.



For further information visit the WorkCover website at workcover.nsw.gov.au,

phone WorkCover Assistance Service **13 10 50**.

About half of all falls occur in and around the home. You can reduce your chances of having a fall at home by making sure that you have followed some basic home safety guidelines.

This checklist will help you identify aspects of your home that might increase your risk of a fall. Walk around each room and check that there is nothing that might pose a risk. For small safety improvements, see if a family member, friend or local handyperson can help you fix the problem. A health professional can also arrange for an occupational therapist to perform a home safety assessment and arrange for installation of home modifications.

Bathroom and Toilet

- ☐ Slip-resistant mats on the floor
- ☐ Shower easy to access without stepping over a raised edge or hob
- ☐ Secure handrail in shower or on wall next to bath to avoid holding on to taps or towel rail to get out
- ☐ Soap and shampoo within easy reach without bending
- ☐ Towel rail within easy reach from bath or shower
- ☐ Handrail next to toilet
- ☐ Good lighting where medicines kept

Outside the home

- ☐ Paths and entrances well lit at night
- ☐ Paths in good repair
- ☐ Steps with a sturdy, easy-to-grip handrail
- ☐ Edges of steps clearly marked and with slip-resistant strip
- ☐ Stepladder short and sturdy with slip-resistant feet
- ☐ Clothes line easy to access and reach
- ☐ Garden kept free of trip hazards, such as tools and hoses
- ☐ Garage/shed uncluttered and floors free of oil and grease
- ☐ Footpaths and public areas in good repair





61 Forbes St \$245,000 WIWO

FOR SALE: TRUNDLE CAFE

Located in a prime position, this property is well presented and ready to go. Inclusions are:

- 16m x 5m main shop building, air conditioned, with main street frontage
- 6m x 3.5m storage shed with coolroom
- 7m x 3m furnished accommodation with A/C, kitchenette, ensuite and carport
- Various equipment items (cooking, prep, tills, shelving, display, refrigeration, seating) for operation of food service business



Contact us to arrange an inspection!

Ph 0427 347 194

sandra@gsinsurance.com.au

Find us on Domain.com.au

Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions



PROUDLY SPONSORED BY:



Shearing Supplies NSW Pty Ltd (Dubbo)

Australia Wide Mail Order Service

The Shearing Machinery Specialist

- Electric Shearing Gear
- Grinders and Crutchers
- Handpieces - combs - cutters
- Wool tables - rectangular and round
- TPW & Lyco Woolpresses
- Shearers clothing and footwear
- Back Supports
- TPW Service Agents

incorporating **JNO Baker**

- Earmark Repairs & New
- Stock Identification
- Electric Fence equipment

• TRADE-IN SPECIALISTS

• REPAIR ALL GEAR – IN SHOP & ON FARM

Agents for Lyco, TPW, Lister, Sunbeam, Heiniger, Stock Shear, Wide Grind



**C.O.D. & Mail Orders
a Specialty!
PHONE US NOW!**

189 Fitzroy Street, Dubbo – Opposite Showground Gates
Phone: (02) 6884 2707 Orders only: 1800 025 113