Trundle Central School Newsletter

Term 4 Week 6 19th November 2018

Good Luck Year 12 Students

Reminders
Monday — Friday
7-10 Exams

Wednesday
9-11 Driving Simulator
P&C Meeting @ 3:30pm

Friday
Primary swimming

Next week:
Thursday 29/11/2018
Gobondery Shield at Trundle

Year 12 class of 2018

Brodi Gavin-Rossiter, Maddie Coster, Chelsea Taylor and Leah Martin photographed at the Trundle Hotel on the day of their graduation dinner.
This week on Tuesday, our staff will be undertaking mandatory CPR and Anaphylaxis training, a driving simulator will be at the school on Wednesday and on Thursday, transition continues.

On Wednesday last week, I had the pleasure of attending the senior dinner. I liked the new lay back nature of the night with plenty of laughter and fun. The food was excellent, so well done Tiffany and all the staff at the Hotel. I become a little emotional at these events because the nature of our school is that teachers develop a close relationship with students and you witness in many ways a separation of this relationship at these events. If it does not make you a little emotional when students leave after 13 years of formal schooling, you should not collect your salary.

On Sunday, I was honoured to be the special guest on Simon Marnie’s ABC radio program ‘Sunday Brunch’. This program usually interviews famous sports people or politicians, but last week they chose a country school principal. This was a perfect opportunity to promote this school / town and shows that the many letters /emails and constant whining I have been doing over the last 6 months to gain attention to the effects of drought on our community is having some success. As I have wrote many times, this school and town is something special that needs to be publicised and promoted. If we do not attract new families into town, we will slowly die because the demographics of Trundle are very much towards the older age groups. Also, if someone hears about our town and decides to stop and spend some money this has a multiplier effect because it is new money, rather than existing money simply changing hands.

In the next few weeks, students will receive more care packages made available because of the generosity of people in Australia. I have renewed respect for the community of Australia because of the amount of support we have been given with our drought appeal and funding for Ajax. Please accept these packages in the spirit they are intended. This year, we will also have an extra gift for families in our Christmas cards because of our fund raising. We are again holding considerable amount of donated money for distribution to selected local businesses. However, we will hold off until next year, as if this drought continues, things are going to be tight in 2019.

The quality of staff at this school never ceases to amaze me. They are active, committed to the education of all children and understand the values of Public Education. As a Principal I have a passion for trying new things. This places an increased pressure upon staff because they still have to teach the syllabus or complete their normal rostered duties. Trundle should be very proud of the quality of this school. I firmly believe that if a student cannot survive and flourish in this environment, they would have extreme difficulty in any school. I sleep very well knowing that fact.

Last week our students had the opportunity to experience the Save a Mate program. This program is designed to increase their awareness of the dangers of addiction to drugs. Whilst ICE certainly is a drug on the increase, alcohol and tobacco still kill the most people in Australia. Some interesting other facts that I found from the presentation include:

- Many people are reluctant to call an ambulance for a drug overdose because of the fear of getting into police trouble. However, unless there is a danger to an ambulance officer, overdose is always treated as a medical problem rather than a police matter.
- A very high percentage of overdoses occur after the addict has been clean for a period of time. This is because the tolerance level of the body is reduced. For example, newly released prisoners after detoxing in jail overdose when they have their first hit. The tolerance level of the body is vastly reduced.
- The illegal drug trade in Australia is a multi-billion dollar industry that is amoral. Dealers will deliberately mix drugs to try to addict people on the most available or profitable drug they have for sale.
- ICE as a drug was introduced by the American Military to keep their pilots awake on long distance bombing missions during the WWII.
It is common in our towns now because it is easily and cheaply manufactured by criminals.

- Violent psychosis is common with ICE because the brain is reacting to total lack of sleep as benders can last for several days.
- Country towns have higher rates of addiction possibly because of the lack of support services.
- Marijuana effects have increased, as methods of growing have improved. It is no longer in the soft drug category. My message to students is simple. It is not referred to as dope because it is good for you!

Introducing awareness programs such as ‘Save a Mate’ comes with some risk. There is always the chance of the accusation that drug taking will be glorified / promoted in some teenagers eyes. Also by acknowledging the drug problem in country towns and not pretending, we live in a protected bubble in some way, I am not criticising Trundle. My motivation however is simple, if I can raise awareness, research shows that young people are less likely to become involved in risk taking behaviour. In addition, those who do, will do so more safely.

The next major pastoral care program will be RAGE for year 8/9/10 boys. This program is to give boys alternatives to anger or violence to solve problems. I cannot understand why some people see violence as a realistic solution to solve problems. Being physically bigger than your peers or partner does not give anyone a license to intimidate. Indeed, I would argue, it gives that person a greater moral responsibility to exercise restraint. I went to school with a boy that for some reason grew quicker in the early years. He was a bully and surrounded himself with people that were either intimated by him or wanted his protection. The common factor was these boys believed that physical intimidation was acceptable. The last time I saw him, he was a toothless broken person who was still living his past importance and glory in a small country town. My point is simple. I believe it is my responsibility to give my students strategies to survive the whole world, not only Trundle. Take a poor attitude and an aggressive solution to a problem into a Sydney night club and our Trundle boys will soon discover there are many people with more aggression, skill and sometimes weapons than them. It usually won’t end well. By running this program, I am in no way saying that our boys are aggressive, it is to make them aware of alternatives and make them just that little bit wiser about the world.

On Wednesday, if everything goes to plan, a driving simulator will visit the school. This is again to raise awareness of the dangers of drink- driving and other risk taking road behaviour. This is very new for Trundle Central School so I am hoping it will be a success. One thing I cannot be as a Principal, is to be afraid to take a risk because I fear failure. Our students, your children, deserve this school to be a centre for pastoral care and education as well as the set curriculum.

Mrs Donna Curtis has accepted our vacant temporary Science / Mathematics position. Donna is currently teaching at Grafton High School. Donna and her husband will come to visit Trundle to try to find accommodation in the near future. Apparently, her husband is a very keen golfer so he could boost the ranks of the Royal Trundle Golf Club next year. This leaves one vacant position to be filled in High School for the start of 2019. The Primary Department is fully staffed for next year. The ability to attract quality staff is a testament to the quality of this school but I would not say it is an easy process, with this position advertised twice.

Finally, Ajax, our ‘Pets as Therapy’ dog is doing very well. He may be even able to come home for a short period of time before returning to the Vet for another operation.

Reminder:
Please return all Gobondery Shield notes to the office.
Future Kinder/Year 7 parents: Please return your enrolment forms with the Birth Certificate and Immunisation Record to the front office at your earliest convenience.
Thank you
One of the many programs I am proud of in this excellent public school is the School to Work Program. This program allows students to develop work ready skills, making them, I believe, more employable. I passionately believe that all skills should be valued and schools should have as a core goal making students employable and contribute rather than be a burden on this great country.

Unfortunately, schools are usually only judged by standardised testing of Literacy and Numeracy, creating a false perception, I believe, that the development of these skills is all that is important in education. In addition, the concentration on this narrow form of recognition of school value, I believe, has created a two-tiered recognition of school subjects in some people’s eyes. Mathematics is a tier one subject, but Art, Music or practical subjects such as Woodwork are most definitely on the second tier in the eyes of some.

Programs such as the ‘School to Work Program’ not only teach skills but also generate confidence and self-esteem. Jason Lowe came to Trundle Central School at the start of this year. During his time here, I have seen his confidence grow because of the supportive personal environment and additional programs such as our Interest Electives and School to Work program.

Restoring this 50 year old motorcycle required the skills of Jason and Mr Richard John Grady, one of the best tip rats I have ever seen. Jacko can find almost anything and has a knack of inventing some solution to a mechanical problem. This was certainly needed for this project. This 50 year old motorcycle was totally seized. It required a new block, piston and head. You can imagine that those are not just available on the shelf. The rings even had to come from Indonesia.

Mr Grady should be very proud of his work within the school and has not been to university but is a natural teacher. As long as I am the Principal, this school will continue to offer additional programs and electives to allow all students the opportunity to succeed, just as Jason has with this motorcycle.

John Southon
Principal
Cinnamon Donut Day

TCS Secondary Students are hosting a Donut Day to raise funds for our Reward Trip this term.

Thursday 29th November  
Bags of 6 for $5

Students and community members need to pick orders up at **3pm** from the TCS Food Technology Room on the day.

Please return your order with your **payment by 26th November** to the front office.

Cash payment only please

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**Donut Day Order Form**

Name: ______________________

Name of person picking them up? ______________________

How many bags would you like?

- [ ] 1 ($5)
- [ ] 2 ($10)
- [ ] 3 ($15)
- [ ] 4 ($20)

Please enclose the correct cash amount with this order.

Any queries, please phone the school office on 68921303.

Thank you for your order, Miss Rowlands & Secondary Students.
Term 4 Week 6

You are Invited
to attend our Curry Night

Butter Chicken and Rice
Thai Red Curry and Rice
Massaman Beef Curry and Rice
Panang Curry and Rice

Take-Aways Available
$15.00 per meal

When: Saturday 24th November 2018
Where: Trundle Golf Club
Time: from 7pm
Bar Facilities available

Please phone 68921303 to book and indicate what meals you will be requiring - This will help for catering purposes.
Bookings close Monday 19th November @ 3pm

P&C Meeting: This Wednesday @ 3:30pm in the Library.

Agenda: Curry Night, Gobondery Shield dinner.

Volunteers needed: 24th November—Curry Night
29th November—Gobondery Shield
Please call the school’s office if you are able to help.
CHRISTMAS RAFFLE

1st prize - Full Leg of Ham &
Coles Supermarket Voucher

2nd prize - Free Treatment – Aikido Natural Therapy donated by Jenny Callow

3rd Prize - Christmas Cake, Wine & Chocolate Basket
donated by P & K Dunn & Family

Tickets - $2 each or 3 for $5

Drawn on
Tuesday 11th December
at
Trundle Central School
Annual Presentation Night

Tickets available at
True Value Hardware, Trundle Food Store, Newsagency,
Op Shop, Trundle MPHS
Trundle Hotel, Trundle Services Club, Ag n Vet
and Trundle Central School
Ajax’s Weekly Woof

Wooof Wooof awards:

5 big happy woofs to the school to work students for the excellent enclosure they have built for me. I feel special as the students have done such a good job. Notice that I said enclosure not cage as valued staff members are not put into cages.

5 big happy woofs go out to Mrs Ann-Marie Taylor for her strength and courage in this difficult time. We will most likely return to school at the same time. I suspect your morning tea will be a bit different from mine but I am quite willing to share if you want.

5 big happy woofs to all the people that have asked about my welfare. It makes the many days at the vet easier knowing that there are such good people in the world. I am very bored so hope to come up to school for some visits.

4 cranky growls to those cars that speed past the school. Kids do not bounce nor do Labradors as I found out. Southo tells me he has enough friends so he will give the number plates to Judith. He often mutters there goes another brain surgeon going to save a life when he sees a speeding car. I really do not know what that means. Complex things, humans.

Since my legs have been damaged, I have started to appreciate that I cannot do the things that other dogs can do. I suspect my frustration at seeing the ability of other dogs is the same as some children feel in the classroom when they struggle with some of the work. In addition, when maybe they cannot do as well in sport. I am injured but I am still important and loved. Just because you feel you cannot do the same as others, does not mean you are any less important or loved.

I have come home for a few days but I need to return to the vet on Wednesdays for injections. I also need another operation in a few weeks. I hope to come up on Thursday to see my friends.

Until next week, Ajax

Bark with laughter with Ajax:

What did the dog say when he sat on the sand paper?

Rough! Rough!
Primary

Students of the week
Kindergarten - Declan Stuckings
1/2 - Scarlett Southon
3/4 - MacKenzie Smith
5/6 - Riley Houston
Sportspersons - Alice Bridger, Corey Harvalik, Bianca Last

Sun Safe Policy
This term is a No Hat No Play term. Students MUST wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidentally forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please make sure you put your child’s name inside their hat.

Kindergarten/Year 6 Transition
This week will be the fifth week of Kindergarten/Year 6 Transition sessions that will run throughout the term.

This year the sessions will run from 8:55 – 11:20 for Preschoolers – Year 5. The Year 6 Transition program will run from 10:00am – 12:30pm.

This will allow the Pre-schoolers and Year 6 to engage in some fantastic activities to ensure the transition from both Preschool and Primary School is a smooth and enjoyable experience.

All classes in primary will be moving up into the next group for these sessions. It is a great way for the students to practise being in a new class.

Swimming For Sport
This term we are reducing the size of our groups by sending one group to the pool at 1:00pm. This group will return to school at 2pm, have lunch and return to class for half an hour.

The second group will walk to the pool as per usual and can be picked up at 3pm at the pool. Alternatively, if your child catches a bus home, they will be picked up at the pool.

Please check your child’s note carefully. If your child is in the group from 1:00-2:00pm, it is preferable for your child to bring their lunch and suggested that they also bring extra recess.

If your child is ordering their lunch, it would be preferable to order something cold rather than hot food as the lunch orders will be dropped off at 1:00pm and the students in the 1:00-2:00pm session will not be eating their lunch until after 2:00pm.

Gobondery Shield
Notes were sent home last week to inform parents and students about the Gobondery Shield day which will be held on Thursday the 29th November. This event is for students from Year 2 through to Year 6. It is a fantastic day of sports, trivia, swimming and dancing. This year it will be held in Trundle. Those students who will not be participating in the afternoon activities will be participating in the sports during the day. They will need to wear sports uniform to participate in all the activities.

Intensive Swimming
Students from K-6 will be invited to attend this year’s intensive swimming sessions and will receive a permission note over the next few days. They must return this note to school by the end of the week. They must bring their swimmers, a towel, sunscreen, a swim shirt every day during the ten days, regardless of the weather.
Secondary

All students should be commended on their attitude and approach to the examinations which commenced last week with the non-core subjects.

This week we have the core subjects of English (Monday), HSIE (Tuesday), Science (Wednesday) and Mathematics (Thursday).

On Wednesday afternoon we have our Year 9-11 students taking part in a driving simulator session. This opportunity allows students to experience various driving situations and conditions in a safe environment. This is covered under our local excursion policy note so no note is required to be returned.

Thursday our transition program for Year 7 2019 continues. It was great seeing all of the students last week and we are incredible excited to see our new secondary students for next year.

On Wednesday evening last week we had our last school function to farewell Year 12 2018. This was an excellent and relaxed evening and a most enjoyable finish to our students’ schooling. We will miss the students’ contribution to our school and wish them all the best in the future.

As always, if there are any questions in regards to secondary matters, please contact me at school.

Have a great week

Gerry Capell
Head Teacher Secondary Studies

Secondary Sportspersons:

Bobbie Smith, Anthony Jones, Ella Bridger

Welfare levels

Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at Level 3 each semester. Each level has rewards with Level 6 being the highest.

<table>
<thead>
<tr>
<th>Level</th>
<th>Year 8</th>
<th>Year 9</th>
<th>Year 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 (15+ pink slips)</td>
<td>Stacey</td>
<td>Anthony</td>
<td>Shelby, Holly, Bobbie</td>
</tr>
<tr>
<td>5 (30+ pink slips)</td>
<td>Raymi</td>
<td>Aidan</td>
<td>Skye, Dylan, Jaxson</td>
</tr>
<tr>
<td>6</td>
<td>75+ pink slips</td>
<td>Grace, Casey, Aliethea, Ryan, Harrison, Xander, Alex, Cameron</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Year 9</td>
<td>Year 8 - Isabel, Jennet, Will C, Lionel, Jamie, Will L, Jason, William</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Year 9 - Ashlee, Hamish, Nicholas</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Year 10 - Ella, Emily, Amy, Monique, Zac, Robert, Ryan</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Year 11 - Brooke, Harrison</td>
<td></td>
</tr>
</tbody>
</table>

Secondary Assessments & Homework

<table>
<thead>
<tr>
<th>YEAR 8 SUBJECT</th>
<th>DATE GIVEN</th>
<th>DATE DUE</th>
<th>In Class or At Home</th>
<th>TOPIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Technology Mandatory</td>
<td>15/10/18</td>
<td>23/11/18</td>
<td>In Class</td>
<td>Metal Toolbox</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>YEAR 7 SUBJECT</th>
<th>DATE GIVEN</th>
<th>DATE DUE</th>
<th>In Class or At Home</th>
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</tbody>
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Small Motors elective is a very popular subject and our students thoroughly enjoy learning new skills every week, with a close supervision of Mr Jacko Grady.
Year 12 Graduation Dinner

Staff and parents of 2018 Year 12 celebrated their last formal school event on Wednesday night at Trundle Hotel.

Students talked about their fond memories of TCS and teacher mentors did their presentations which is always entertaining.

Maddie, Brodi, Leah and Chelsea talked about their future plans in a positive way which was great to see.

A big thank you to Dannielle Ward and Tiff Collard for hosting the event.

Good luck to the Class of 2018. School is now over.

Teacher mentors:
Miss Rowlands = Brodi Gavin-Rossiter
Mr Capell = Maddie Coster
Mrs Budd = Leah Martin
Mrs Morgan = Chelsea Taylor
LIBRARY BUZZ ......

REMINDER

Friendly reminders for all **OVERDUE BORROWED BOOKS** from our library will be sent home this week with your children. Please search high and low for them – you never know what you may come across 😊

**THIS WEEKS RIDDLES**

1. What has a neck but no head?
2. What belongs to you but others use it more than you do?

**THIS WEEKS BOOK REVIEWS** - Chosen by Meila Jones

**Spirit of the Forest**

Trees are symbols of life itself. We cut them down at our peril.

The book is a leafy collection of 12 traditional tales from all over the Earth's surface, from Native North America to New Guinea and from Wales to Nepal.

They include tales of high magic, bravery and craftiness, death and rebirth, each woven around a tree.

Eric Maddern's and Helen East's spirited storytelling combines with Alan Marks' romantic artwork to create a lively and thought-provoking collection.

**I Need a Hug**

'I need a hug.
Will you cuddle me, Lou?'
'What? With those spikes?
Get away from me! Shoo!' 

All this little porcupine wants is a hug. But with such prickly spikes, will she ever get the cuddle she craves?

**READER REVIEW** : Such a cute little book. It helped my little ones build empathy and discuss the effects of simple acts of kindness.

**CONTACT YOUR LIBRARIAN FOR MORE GREAT BOOKS!**

**ANSWER TO RIDDLE**

1. **BOTTLE**
2. **YOUR NAME**
Community

Activity Program

16th November: St Patrick’s School visit
23rd November: Quiz; Beetle
30th November: Gentle exercises; games
7th December: Trundle Central School visit
14th December: Christmas Party

Meet again February 15th 2019
Morning Tea and activities. Gold coin donation.

Trundle Community Day Centre
Every Friday at Services and Citizens Club
10am-12

Trundle Junior Cricket
On Saturday Trundle Junior’s hosted the Condo Colts and celebrated consecutive wins.

The Colts won the toss and elected to bowl. Trundle steadily compiled the runs amassing 132 runs of their 30 overs. Eric Fernando top scored with 38 followed by Paddy Williams with 31, Blair MacDonald 14, Sam Charlton 8 and Oliver Dunn 4 runs.

With the ball, the young Trundle side piled on the pressure eventually bowling the Colts out for 94 in the 25th over.

Wicket takers for Trundle: Charlie Anderson 4, Blair McDonald, Eric Fernando and Aliethia Stokes with 1 each
Catches for Trundle: Charlie Anderson 2 and Jim Ramsay 1
Points for Trundle: Charlie Anderson 2 and Jim Ramsay 1
Condo Pizza Award: Aliethea Stokes
Trundle Food Store Voucher donated by Carlos: Charlie Anderson

Congratulations Trundle Juniors and keep up the good work. We will be playing the Gilgais at the Soccer Fields on Saturday 24 November. Training 4.30 Thursday.

TRUNDRLE SURGERY

XMAS – NEW YEAR
OPEN HOURS

LAST DAY OPEN WILL BE THURSDAY 13th DECEMBER 2018

RE-OPEN WEDNESDAY 2nd JANUARY 2019

If any scripts are needed over this period please contact the Surgery early December
Phone: 68921930
In case of emergency please contact Trundle MPS on 68921900 or contact 000 for an ambulance.

PLEASE NOTE: Trundle Central School will only print advertisements free of charge for non-profit organisations. Businesses will be charged a fee to advertise. Please contact the office for more information.

Dolly’s Beauty and Beyond

Opening hours: Monday, Friday and Saturday
Next week: Wednesday and Friday
Phone no: 0428 921 092

Trundle Central School prints these advertisements as a community service. It doesn’t necessary mean we endorse the content.
Invitation to the residents of Trundle district
You are invited to an

Early Trundle Christmas

hosted by
PAMBULA ROTARY CLUB

at Trundle pool on Friday 23 November at 5pm

Free
BBQ dinner provided

Games

Visit from the big red man

Pambula Rotary Club are adopting Trundle and will be visiting from November 22 to 25

The aim of this project is to: Visit the town • Stay in your accommodation • Eat in your restaurants
• Shop in your shops • Find out what help is needed • Provide support and hope
Join us at Trundle Central School Playgroup

Date: Every second Thursday from 10.30 - 12.30
Venue: Trundle Central School, Croft Street Trundle

What is playgroup?
Playgroup is about getting together with other parents, children, babies, caregivers and families to have positive parent/child interactions, share ideas, information and experiences in a casual environment that welcomes all community members.

What we gain from attending playgroup
Children learn through play and other daily experiences.
Playgroup is a great environment for:

• Positive developmental growth
• Participation in new experiences
• Learning about the world around them
• Developing and increasing social skills & confidence
• Learning about sharing, co-operation and simple routines
• Interaction with other adults and children in a safe environment.

Through play, parent-child activities, caring and respectful relationships we help build a sense of belonging for our children.
Playgroup also provides the opportunity for parents and caregivers to have supported access to other services such as Early Intervention programs, Health and Education programs.

For more information: Phone or visit the team at CatholicCare Wilcannia-Forbes
17 Church Street PARKES NSW 2870 Phone: 02 6863 5426
Looking for a Home or Project?
This property could be either or both!
This solid 2 bedroom home could really do with a make-over, but the potential is there for a charming and comfortable home.
Located in a central but quiet position, the house comes with a large fenced yard and back lane access.
Just a short walk to all town amenities.
Are you the one to bring this little hidden gem up to its full potential?

11 West St  $95,000

Trundle Central School Breakfast Club:
• Every school day from 8:30am in the Food Technology Room
• All students are welcome to come and eat breakfast for FREE!
• Toast, Fruit, and flavoured milk daily
• Pancake days on random occasions

PROUDLY SPONSORED BY:

ADVERTISE YOUR BUSINESS HERE!