



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Reminders

This Week:

Wednesday 17/10/2018

South Coast Band
Performance

Wednesday—Friday

Primary Excursion

Next Week:

Tuesday 23/10/2018

Year 7 Vaccinations

Thursday 25/10/2018

Kinder Transition
Year 7 Transition

P&C

President

Mrs Rhonda Grady

Secretary

Mrs Kelly-Lee Dunn

Treasurer

Mrs Lubka Prebendarcik



**Education &
Communities**

Trundle Central School Newsletter

Term 4 Week 1

15th October 2018

Year 12 Final Assembly



Year 12 students: Brodi Gavin-Rossiter, Leah Martin, Maddie Coster and Chelsea Taylor

Good luck with your HSC Examinations!



Principal's Message

Welcome back to students and staff for another busy term. This week we have the South Coast concert band on Wednesday morning and Primary excursion on Wednesday, Thursday and Friday. The dental van will be staying this week until all students who have returned forms are checked. This is a private organisation I was able to organise to come to town following the sudden and unexpected closure of the dental van that was at the school for many years. Therefore we are **understandably dictated by the organisation's** service charter and timetable. Yes, the original dental van is yet another service removed from a country town with little consultation or replacement service. No adult member of the Trundle community booked a free consultation so the clinical team does not include an adult dentist. This would change for future visits with greater community support.

A big thank you to the royal couple for planning their Dubbo visit to coincide with our Primary excursion. The planning of their Dubbo trip would have been especially difficult because our itinerary was not set until late last term. This is an indication of their understandable willingness to meet our students. The welcome, but unexpected rainfall meant I was unable to mow an extra few metres onto the airport so Megan will most likely just drive across to visit for a cheap T-bone or prawn cocktail Wednesday night at the club.

This term the school will be offering several pastoral care activities. These include Dads in Schools on 6th November for years K/1/2/3/4, Save a Mate on 19th November for years 9/10 and 11, Life Education Van on 26th November for Primary students and Rage on 3rd December, 10th December and 17th December for years 9/10 and 11. Dads in Schools is a program to encourage dads or significant males to be more involved in the education process. This year it will be for students in years K - 4. Save a Mate is to teach students the

strategies to identify risk-taking behaviour in their friends and hopefully help the person make better decisions in that split second that could cost their life. The program includes drink driving because most fatal accidents occur on country roads and many involve drink driving. The devastating personal and family ramifications of ICE usage, I believe, need to be highlighted to students and this program will also focus on ICE addiction. Life Education has agreed to come to Trundle this year free of charge as part of drought relief. This program has been helping children make positive choices for many years and I welcome them into our school. Rage is a program designed for young adolescent males to allow them to develop strategies to deal with difficult situations without using aggression or violence.

During my time as Principal, I have offered several pastoral care programs to students. Some deal with subjects or issues that are traditionally not spoken about in conservative country towns. This is because of my passionate belief that a core function of a public school is to educate the whole child. This includes increasing their knowledge and strategies to understand the consequences of life decisions such as illegal drug taking. As parents we face the choice of placing a protective cocoon around our children to try to protect them from the big bad world or trying to equip them to have the knowledge of and strategies to make positive life choices. All current research I read indicates that educating, rather isolating children produces more positive life choices. Parents can remove their children from these activities and alternative lessons will be available.

The female self-defence classes we ran last term highlighted the value of knowledge and education. We have not had any of our students using physical violence as a first choice strategy because of the class. However, the little bit of knowledge and strategies the girls now have, could help them cope in a situation where they are threatened by a low life that believes violence is acceptable.

Anticipated student numbers for 2019 indicate a pleasing increase in High School numbers but a slight reduction of primary students due to a relatively large year 6 progressing into High School. However, overall student numbers are increasing again next year. Kindergarten for next year is well

down, with at this stage, only five confirmed. The school will still run four small primary classes next year because of our focus on early intervention in our current School Plan. Staff recruitment for 2019 will commence this week through the Department of Education's processes. **This school is one of the largest employers in Trundle and most of the staff support the community by choosing to live locally.** Therefore, it is vitally important that this school continues to grow and be strong because it helps to drive the local economy.

Mrs Anne Mawbey after a long and productive service to Tullamore and Trundle schools has indicated her intention to retire. Long-term productive, reliable, caring staff such as Mrs Mawbey are the foundations that a positive school culture can be built and maintained. Mrs Mawbey in her capacity as school First Aide Officer has treated numerous scraped knees and elbows, broken arms and wrists and more head knocks than Jeff Robinson had during his time at the Bulldogs. Mrs Mawbey also had the ability to **quickly treat the 'timeformaths' headache. This is a common condition in many schools, if not treated quickly but compassionately can affect many students, especially Year 9 males.** However, the aspect of Mrs Mawbey that impressed me the most is her passion for her job and her drive to maintain a high standard in her capacity as the Library Assistant. Details of retirement functions will be available shortly.

I often speak about the need for this school to have a culture of continuous improvement. Term 4 is a vital term in schools because experience has told me that students often lower their effort and behaviour because the weather warms up, end of year functions are planned and the big break becomes a focus. I hope students know me well enough now to understand that I will simply not accept poor behaviour and effort on the first day through to the last day of term. In fact I expect better effort and behaviour this term. Parents can assist the school to maintain our high standards by encouraging or insisting that our children wear correct uniform, present themselves well and support the school.

Our drought relief efforts continued over the holidays with numerous donations received. The

school has placed 30,000 dollars across selected local businesses to this date and more money will be available next year. This town like others cannot afford to lose more services, both government and privately provided or shops. Our children deserve to have the opportunity and dreams that services and facilities provide. I will never understand **country people's passive acceptance on inequality** in terms of access to services. Imagine the understandable protest from city residents if three banks left a suburb after posting billions of dollars in profit or a government owned service such as Essential Energy closed. However, these type of employment opportunities leave country towns regularly with minimal people pressure being applied.

Many people may be wondering about the high fence erected around the school to work area. This is to increase security, as the school develops in partnership with NASA a 1991 Ford Laser capable of running solely on the gases released from sheep, cow and pig manure. The Trundle version of the DeLorean in Back to the Future. Not the batmobile more the cow patmobile. If successful, this project could help maintain the economic and social prosperity of areas such as Trundle. Certainly, we are well used to the smell the car would produce. If not successful, we should try the wastes of bulls as well. Alternatively, cutting old corrugated iron is a dangerous process so it was decided that a high fence was safer and more practical.

Why cannot a dog named Ajax clean up for himself?

John Southon
Principal





**WESTERN NSW TOUR
2018**

**TRUNDLE
COBAR
NYNGAN
BOURKE**

Playing Funk, Soul, Pop & Rock

Wednesday, 17th October
from 9:30am

Trundle Central School

All community members are welcome. Please sign in the front
office before entering the school grounds.

YEAR SEVEN 2019 ORIENTATION PROGRAM-UPDATED

Dear Parent/Guardians,

We have had to re-arrange our orientation program to make it accessible to all students for 2019.

To achieve this we have moved transition from 9.00am-11.00am to 10.00am to 12.30pm. The lessons being taught have stayed the same for each day.

Please find below the updated timetable for transition.

		PERIOD 2	RECESS	PERIOD 3	REQUIREMENTS
DATE		10.00-11.00	11.00-11.30	11.30-12.30	
THURSDAY	25-Oct	ART MRS WILLIAMS		TECHNOLOGY MISS ROWLANDS	PLEASE HAVE ENCLOSED LEATHER SHOES
THURSDAY	1-Nov	ENGLISH MRS RUSH		HSIE MRS CURTIS	
THURSDAY	8-Nov	SCIENCE MR LYNN		PDHPE MRS MORGAN	PLEASE BRING SPORTS SHOES FOR PE PLEASE HAVE ENCLOSED LEATHER SHOES
THURSDAY	15-Nov	MATHS MR RIDGES		MUSIC MRS BUDD	
THURSDAY	22-Nov	ART MRS WILLIAMS		TECHNOLOGY MISS ROWLANDS	PLEASE HAVE ENCLOSED LEATHER SHOES
THURSDAY	29-Nov	SCIENCE MR LYNN		LOTE MRS BUDD	PLEASE HAVE ENCLOSED LEATHER SHOES
THURSDAY	6-Dec	PDHPE MS MORGAN		MUSIC MRS BUDD	PLEASE BRING SPORTS SHOES FOR PE

Pastoral Care Activities in Term 4

Name of the program	Dates	Years involved
DADS IN SCHOOLS	6th November	Years K - 4
SAVE THE MATE	19th November	Years 9/10/11
LIFE EDUCATION VAN	26th November	All Primary
RAGE	3rd December 10th December 17th December	Years 9/10/11



Trundle Central School's Transition Program will provide your child with a variety of stimulating and developmentally appropriate activities. The school aims to deliver an effective and comprehensive program for your child to ensure the transition from Pre-School to Kindergarten is a positive and enjoyable experience.

This transition program provides your child with the opportunity to experience success in what may be an unfamiliar environment with new expectations.

Our experienced Kindergarten teacher will ensure that your child's entry into the school setting is a happy and positive experience by providing a two hour session every week in Term 4.



TRUNDLE CENTRAL SCHOOL

KINDER TRANSITION PROGRAM

Some of the play based activities in our Transition Program will include:

- Getting to know the experienced Kindergarten teacher, School Learning Support Officer and other Primary staff.
- Familiarising your child with school routines such as bell times, lining up and using variety of technologies including an interactive whiteboard and iPads.
- An introduction to phonemic awareness. This is the ability to hear, notice and think about the individual sounds in words. Your child will learn about rhyming words and play with the sounds in words. This is a foundation for later reading success.
- A Fine Motor/Pre-writing program. These activities will ensure your child has a solid start to Kindergarten with a well-developed pencil grip.
- The children will have an introduction to our L3 program. Language, Learning and Literacy (L3) is a program that delivers differentiated instruction and personalised learning. L3 supports the development of reading and writing. The students will take part in activities that will allow a seamless transition to school and learning.
- Building a positive relationship with Ajax, our Therapy dog.
- Meeting their Big Buddy - we match our Kindergarten students with a Year 6 buddy who will spend the year developing a strong relationship with your child, teaching them how to care for others, friendliness, respect, valuing difference, including others and responsibility.

We look forward to meeting you and your children through this program.



For further information, please contact:
Fiona Sanderson - Assistant Principal
John Southon - Principal
(02) 68921303



Dates:

Every Thursday

From 25th October 2018 to

6th December 2018

Time: 8:55am—11:30am

Please RSVP by Thursday, 18th October on 68921303.

There will also be a Parent Information session and afternoon tea for the children on Tuesday 18th September at 3:30pm at the school playground.



Respect..... Excellence..... Care.....

Ajax's

Weekly Woof

Welcome back to all students and staff. I had a great holiday but now I am ready to give out plenty of hugs and pats. Southo made me take a bath on Sunday night so now I smell like a house Poodle rather than the proud English Labrador that I am. He does not know what I rolled in after my bath.

Woof Woof awards:

Four big woofs go out to the many Sydney people that drove down to Trundle to donate things to help us with the drought. Well done Blacktown Principals but no dog food???

Four big woofs to all the students I saw riding bikes and walking over the holidays. Physical exercise keeps your body and brain happy.

Four loud barks to the people who leave their rubbish in the park. Southo said it is disgusting and it is not Bacon and Peppers job to pick up after people. I did not understand what he meant because he kept referring to the trucks in town when he was picking it up. At least I think he said trucks.

To all the students doing the HSC. Ajax is proud of you. Remember to do your best but there is many pats, sorry paths in life other than the HSC if you do not do as well as you hoped. Ajax did not do the HSC but I have a good job and live free of charge at a school.

Students remember that Ajax is always available for a talk. I will not tell Southo but if you really feel unsafe or afraid remember you can always tell a teacher or staff member. It is very rarely your fault and adults are expected to make decisions not children. It is your job to learn and be happy.

Until next week, Ajax



**Bark with laughter with
Ajax:**

**What happened when the dog
went to the flea circus?**

He stole the show!



Mrs Southon instructing me on how to play cricket as part of Thunder Bus Presentation.

Primary



We hope you had a fantastic holiday! We are looking forward to another great term.

Sun Safe Policy

This term is a No Hat No Play term. Students **MUST** wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidentally forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please make sure you put **your child's name inside their hat.**



Year 3/4/5/6 Excursion

Years 3/4/5/6 are looking forward to our excursion to Taronga Western Plains Zoo and Wambangalang Field Studies centre this Wednesday, Thursday and Friday. If there are any questions regarding this excursion, please call Mrs Sanderson.

Please ensure you have checked the list of items to bring.

Please make sure your child has a wide brimmed hat and a water for this excursion.

If you have not returned a medication authority note to the front office, please do so as soon as possible.

Gymnastics sessions



Next Wednesday 24th October all K-6 will have the opportunity to experience some gymnastics with a qualified instructor. The students are asked to wear sports uniform on this day.

Kindergarten/Year 6 Transition

Next week will be the beginning of Kindergarten/Year 6 Transition sessions that will run throughout the term.

This year the sessions will run from 8:55 – 11:20am for Preschoolers – Year 5. The Year 6 Transition program will run from 10.00 - 12.30pm.

This will allow the Pre-schoolers and Year 6 to engage in some fantastic activities to ensure the transition from both Preschool and Primary School is a smooth and enjoyable experience.

All classes in primary will be moving up into the next group for these sessions. It is a great way for the students to practise being in a new class.

Crunch and Sip

Children are encouraged to bring FRESH fruit or vegetables to school for Crunch and Sip. They are also able to have a sipper bottle of water in the classroom.



Secondary

Welcome back to Term 4. As always it amazes me how fast the year has gone!

This week is a reasonably settled one which will assist the students with resuming their studies after what has been hopefully a relaxing and recharging holiday.

On Wednesday we will be treated with a performance from the South Coast Band at school. This will be held on the stage at 9.00am.

Next week we start our Transition Program. The times for Secondary transition have changed to 10.00-12.30pm. A new transition letter is being sent to all parents this week and the timetable will be published.

Our students should also be aware that our Yearly Examination period will be in Week 5 of this term.

Have a great week.

Gerry Capell

Head Teacher Secondary Studies

Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at Level 3 each semester. Each level has rewards with Level 6 being the highest.

Level 4 (15+ pink slips)	Year 10 – Shelby
Level 5 (30+ pink slips)	Year 7 – Grace, Raymi, Casey, Aliethea, Ryan, Harrison, Xander, Alex, Cameron Year 8 – Isabel, Stacey, Jenet, Will C, Lionel, Jamie, Aidan, Will L, Jason, William Year 9 – Ashlee, Skye, Dylan, Hamish, Jaxson, Nicholas Year 10 – Ella, Emily, Amy, Monique, Holly, Zac, Ethan, Bobbie, Robert, Ryan, Codie Year 11 – Brooke, Harrison Year 12 – Brodi
Level 6 (75+ pink slips)	N/A

Secondary Assessments & Homework

**All assessments must be submitted to the teacher before 8:55am on the due date.
Penalties will apply after this time.**

YEAR 8 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Maths	20/9/18	24/10/18	Home	Algebra and time
YEAR 7 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Maths	21/9/18	24/10/18	Home	Algebra and time
YEAR 9/10 SUBJECT	DATE GIVEN	DATE DUE	In Class or At Home	TOPIC
Mathematics	15/10/18	5/11/18	Home	Right Angled Triangles



Congratulations to all Bronze, Silver and Gold Awards recipients.



Awards of Awesomeness from Miss Rowlands awarded for the ski trip.



"The more you **read**
the more **things** you know.
The more that you **learn**
the more **places** you'll go."
-Dr. Seuss

WEEK 1 NEWS: Welcome Back to Term 4

This Term we will be encouraging our students to be accessing the audiobooks and digital books available through our library's online borrowing system.

Our fantastic range of digital books, both audio and eBooks are available at <https://trundlecentral.wheelers.co/>

This is what the page looks like →

It is easy to navigate, and offers thousands of books to read or listen to. Parents are also encouraged to join our library to access the amazing range of books absolutely free. You only need access to an electronic device such as a PC/laptop, mobile phone or iPad.



Audiobooks allow students to hear explicit sounds of letters and letter patterns that form words. Audiobooks also help students engage in text and gain exposure to more words, ultimately improving vocabulary, comprehension and critical thinking skills.

Every month there are new audiobooks added to our collection- here are some examples.



Have a great Week 1 Term 4



Mrs Rush, Mrs Prebendarcik and Mrs Hawke

Community

Trundle Community Day Centre Activities

19th October Bring along a treasured item or photo to share

26th October beetle game, quiz

2nd November local history activity

9th November Sandra Hosking card making

16th November St Patrick's School visit Morning Tea and activities. Gold coin donation

Every Friday at Services and Citizens Club 10am-12pm

Dolly's Beauty and Beyond

Opening hours this week:

Wednesday Only

Next week:

Monday and Friday

Call Dolly for an appointment
0428 921 092



Trundle Men's Shed Garage Sale

Saturday 20th October 2018

Old Ambulance Station

9am – 1pm

From your Community Nurse ... Farm Noise and Hearing Loss Part 2

The Australian Centre
for Agricultural Health
and Safety



Hearing Screening

It is best practice and in your best interest to have hearing screened to detect early signs of noise injury. This can alert you to prevent further damage as well as help to managing any existing hearing loss. Some states required employers to provide regular &/or baseline hearing screening to employees by OHS law.

**"What'd
ya
say??"**

The Law on Noise

Each State has Occupational Health and Safety Regulations requiring employers to maintain a safe workplace for workers & visitors. Action must be taken to reduce noise and protect workers/others if there is continuous exposure to average noise levels of:-

- 85db (decibels) or more in an 8hr period or
- 88db for 4 hours
- 91db for 2 hours
- Peak noise levels must not exceed 140db.

Noise Control Measures

Eliminate the Hazard:- can the job be done without the hazard.

Substitution for a lesser hazard:- use a quieter alternative – if possible, use a cabined tractor instead of one without a cabin.

Engineering/design options:- install mufflers on equipment; cabins on tractors and other equipment; rearrange the workshop layout; noise barriers and insulated walls; plastic/metal cutes, electric/diesel motors.

Safer work practices and procedures:- regularly maintain equipment – engines, seals, brackets and mufflers; avoid noise – stand further away to supervise; limit time exposed in one day – rotate tasks; provide hearing protection and information on noise to workers. Safety sign noisy areas.

Personal protective equipment (PPE):- ear plugs or ear muffs – either are effective; comfortable – try first and learn to fit correctly; compatible with other PPE – hats, goggles; Australian Standards approved (AS/NZ 1270); adequate protection – an SLC(80) rating of around 20dB or more for most jobs. Check the product packaging guide.



Save the Date
Retirement Dinner for
Mrs Anne Mawbey



Saturday 3rd November 2018
Trundle Golf Club
7pm for 7.30pm start
More information to follow...

Join us at Trundle Central School Playgroup

Date: Every second Thursday from 10.30 - 12.30

Venue: Trundle Central School, Croft Street Trundle



Term 4 2018
October 25th
November 8th
November 22nd
December 6th



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Music Educator
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MEDIA RELEASE



MEDIA RELEASE

PRODUCERS URGED TO TAKE PRECAUTIONS TO PREVENT SPREAD OF WEEDS

As Parkes Shire continues to experience prolonged drought conditions, landholders are being advised to take precautions to reduce the risk of weed seed spread if buying in grain or hay to feed livestock.

Parkes Shire Council's Director Infrastructure, Andrew Francis said "the movement of grain and hay between regions has the potential to spread problem weeds".

"Livestock feed can contain numerous weed seeds, and as current conditions worsen, stockfeed is being transported long distances across the state and even across the country to feed livestock."

"This poses a significant threat to agricultural production and biosecurity within the Parkes Shire, with potentially negative impacts for both cropping and pasture enterprises."

To minimise the risk of spreading weed seed through hay and grain stockfeed movement, Council advises landholders to follow Plant Health Australia's Biosecurity Manual for Grain Producers (2017) and take the following precautions outlined by the Grains Research and Development Corporation:

- + Check the origin of your hay or grain and be aware of potential weed risk. Risk can be assessed by requesting a commodity vendor declaration and asking the seller whatif weeds were present at the time of cutting hay.
- + Observe any restrictions on the movement of plant material interstate and within states
- + Check hay for weeds as you feed out: this may alert you to future issues.
- + If possible source locally grown feed to reduce the chance of introducing new weeds to your region.
- + Feed stock in a designated quarantine paddock: this will limit the area where weed seeds are dispersed for easier monitoring and management after rain. Keep stock in paddock after feeding for sufficient time for them to empty out. This paddock needs to be monitored after rain events for weed germination.
- + Feed away from watercourses to reduce risk of weed spread.

- + If transporting hay or grain, clean down vehicles after delivery in designated area to reduce risk of spread and make future monitoring and management easier.
- + Monitor hay and grain storage areas, paddocks and roadways for new weeds.
- + Post rain, identify or seek assistance to identify any new weeds to ensure the selection of appropriate control strategies.

Primary producers need to be proactive and take measures to ensure any potentially serious weed incursions are identified and reported to Council as soon as possible.

"Landholders must keep their eyes out for weed seedlings where they have had grain or hay, especially after rain. Monitoring of these areas needs to continue throughout the growing season, and after any new feeding or rain event", Mr Francis said.

While fully eliminating the risk of introducing new weeds through introduced grain and hay stockfeed is unrealistic, it is recommended landholders understand the importance of restricting the area where livestock are fed. If contained, feeding areas can be easily monitored for weed germination, and controlled as necessary.

Extensive resources are available through the Department of Primary Industries and Grains Research and Development Corporation websites to assist landholders with weed identification, management and control.

Council offers free property inspections and plant identification services and can assist landholders tailor specialised control programs for specific weeds.

Please contact Council's Biosecurity Officers on 6861 2343 for further information.

For more information about managing priority weeds, visit www.parkes.nsw.gov.au

**PRICE
REDUCED!****11 West St****\$105,000**

Looking for a Home or Project?

This property could be either or both!

This solid 2 bedroom home could really do with a make-over, but the potential is there for a charming and comfortable home.

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an inspection!

Phone
0427 347 194

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Domain.com.au
sandra@gsinsurance.com.au

Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions



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