



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Reminders

This week:

Tuesday 19/2/19

Basketball sessions
Years K-6

Friday 22/2/19

Gobondery/Narraf
Swimming Carnival @
Narromine

P&C

President

Mrs Rhonda Grady

Secretary

Mrs Kelly-Lee Dunn

Treasurer

Mrs Lubka Prebendarcik



Trundle Central School Newsletter

Term 1 Week 4

18th February 2019

CONGRATULATIONS STUDENT REPRESENTATIVE COUNCIL SRC – 2019



(Back L – R)

Aliethea Stokes, Brooke Morgan, (School Captains) Monique Morgan,
Harrison Williams, William Taylor, Hamish Sanderson

(Front L- R)

Paddy Williams, Jessica Morgan, Nicholas Taylor
Brodi Gavin-Rossiter (absent)

Teachers : Mrs Budd & Mr Burley

Principal's Message

This week is SRC induction assembly Monday, Tuesday K-6 basketball clinic and Gobondery/Naraff Swimming in Narromine on Friday. Last year was extremely busy in terms of extra curricula activities and this year will be just as busy, or maybe even more so. This school has as one of our three strategic directions to provide a greater range of pastoral care services to our students. Our students, your children, deserve access to the same services that are available in larger centres. This is happening through your local Public School.

Congratulations to Aidan Kirk for achieving the highest bands in the VALID science test. This places Aidan amongst the elite in the state for Science. This is an outstanding achievement and a credit both to Aidan and our school.

In some good news, the school has been successful in securing funds to paint block C which contains the senior room, 3,4 and 5,6 classrooms. This will only leave the Science lab in urgent need of an up-grade and two blocks to be painted. These improvements cause some minor disruptions but I feel it is well worth it to maintain the standard of this great school for many years to come. The enhancements come shortly after the announcement of an upgrade of our data speed and air conditioning. The improvements to our /your school are consistent with our commitment to continuous **improvement and demonstrate the Department's** commitment to Public Education in this town.

In some further good news we will be purchasing an additional video conferencing unit. This will allow us to run three rooms simultaneously and still have the capacity to have a fourth breakout room for specialist programs, using a smaller unit. This will give us greater flexibility to provide even more alternative educational pathways for our students.

The final numbers for the school were submitted to the department on Thursday. Our school continues to grow with 126 students in attendance in 2019. Considering that in 2014 our school had declined to 92 students; this is pleasing, but I had hoped for more. Once again, a significant limiting factor in our town is suitable accommodation. However, the red carpet has been shampooed ready for new arrivals, so I am hopeful for some new enrolments.

The SRC election and subsequent induction is an important event on our school calendar. The fostering of student leadership is not only essential for the effective operation of this school but in the bigger picture the young people in schools today will be the leaders of the country in the future. This country has many great leaders across a variety of fields but **unfortunately, it also has many 'could have beens', 'should have beens' and people that think this great** country owes them something because they happen to be born. I believe, we should foster in our children the concept of mutual responsibility. This country has an obligation to nurture and protect its citizens but every one of us, if capable, also has a responsibility to give something back and create financial and social wealth. I congratulate our school captains and SRC representatives for having the courage to lead. I say courage, because when you decide to become a leader you also expose yourself to criticism.

The school is offering on Wednesday 13th of March workshops for primary school children on dealing with aggressive dogs. I thank Parkes Vet for agreeing to come and talk to our Primary students. Trundle has a significant problem with neglected, aggressive dogs, I believe. Many are allowed to roam the streets. I think that eventually, we will have a serious incident such as a dog attack on a child, if pressure is not placed on some people; yes and it is always the minority, to be more responsible. Neglected barking dogs are a genuine threat to our safety and quality of life in this town. Every night residents are subjected to a chorus of barking that sometimes continues all night. I would even prefer a Miley Cyrus concert to the Trundle Barking Baritone Band, which performs every night; I am dog tired of it. A citizen has the right to have dogs, this is not the question. The question is, **do they have the right to reduce another's quality of life** because of that animal? As a school, we are being proactive in trying to make our younger students aware of the threat these animals can create and some strategies to reduce the chance of attack. Many may wonder how this fits into school. It is simple, schools have a duty of care.

Another program this term will be the 'Self-defence class' for years 6-10. This follows on from the successful pilot last year. This time, we hope to extend the classes to males as well. Trundle is a very safe town but we are not educating students for Trundle but to be world citizens. Knowing how to protect yourself does not make you more aggressive, simply safer. The course is not just physical restraints but also using language to de-escalate potentially dangerous situations. The cost of this course will be covered by the school.

On the 18th of March, in partnership with Parkes Police, **the school will conduct 'Cyber safety' workshops.** These sessions will increase awareness of the dangers of poor cyber safety and the implications, both socially and legally of misuse of electronic devices. There is no cost for these workshops.

This term, in partnership with Marathon Health, the school is also offering hearing screening for our K-4 students. The service can screen approximately 25 students per day so priority will be given to those students identified as most at risk through the checklist provided to parents. The screen will now take place on the 29th of March so parents have more time to complete the checklist. Staff will also receive training to identify students who are suffering from Otitis Media. This is a condition where the fluid in the inner ear becomes infected. In serious cases, this can lead to high frequency permanent hearing loss. Last week I noticed some of our students swimming down at the Willows. Exposure to this dirty water is perfect for middle ear infections. If your teenage boy is even deafer to instructions than usual, is talking loudly or complaining of headaches, a visit to the doctor is in order.

This term our additional sport through our sporting school grant is basketball. This will be an opportunity for our students to be exposed to a mainstream sport but not one with a huge penetration in Trundle. This is an amazing opportunity to expose our students to an alternative avenue for physical fitness.

Above is just a selection of the opportunities available at this school. These are available because of the enormous goodwill of staff and the flexibility of executive. Extra activities do not reduce student exposure to the core curriculum or the learning of Literacy and Numeracy, but I believe, enhance it. If students are stimulated through a variety of activities at their school, they focus on core learning with more enthusiasm due to the positive mindset a broad range of activities creates.

Once again, the great game of Rugby League has been rocked by a poor player behaviour. According to the media, the whole game is in danger of self-destruction. Whilst I think, the behaviour of an extremely small proportion of elite players is juvenile at best, and criminal at the extreme end, I wonder if a little **perspective is needed for our children's sake.** If you assemble a few buffed up boofheads in any place, you are going to have some who behave in an inappropriate fashion. It does not matter if it is the Bogan Gate Ballroom Dancing Championships, any crowd of people will have a percentage of people that have the potential

to behave inappropriately. My point is, linking poor behaviour to a sport may not just be unfair but also detrimental to children becoming involved in organised sport. Very little of the popular media air time is devoted to the good work sporting clubs do in the community because scandal sells better than good news.

On Wednesday last week, I received a phone call from a restaurant in Noosa. The staff at the restaurant are donating their tips for the year to our school. This is because of the media coverage last year in relation to drought relief. I explained that we have had some rain recently but the effects of drought will continue for **some time, so in many ways we have a 'green drought'** at the moment. This money, \$900 will assist students from low socio-economic families to attend excursions. Even in good seasons, Trundle Central School has a significant amount of students that come from disadvantaged backgrounds, therefore I greatly accepted the donation. At times, people tell me some families waste a significant amount of money but their children still receive financial assistance. My simple answer to that is, one of the great pillars of Public Education is **equality of opportunity. It is not the children's fault that** they live in social and financial disadvantage. I offered to come for a week and personally collect and thank the staff but my travel claim was rejected. Strange, really.

Happiest person in Trundle

School Captains - Harrison Williams and Monique Morgan with Mr Southon at the SRC Assembly.



P&C—Annual General Meeting

Date: Wednesday 6th March 2019

Time: 3.30pm

Where: School Library

All positions will be declared vacant

Monthly meeting to follow afterwards

We welcome all new parents to attend our meeting and encourage you to get involved. Fresh faces, fresh ideas. P&C needs you!

Year 11 and 12 students at the Access Camp at Lake Burrendong





SCHOOL LUNCH MENU

HOT FOOD		SANDWICHES	
PLAIN SAUSAGE ROLL	\$3.70	HAM or CHICKEN	\$4.00
PLAIN PIE	\$4.50	HAM, CHEESE & TOMATO	\$5.00
HOT DOGS	\$4.00	CHICKEN, CHEESE & MAYONNAISE	\$5.00
CHICKEN NUGGET	.60c	HAM or CHICKEN & SALAD <i>(roll OR wrap an EXTRA 50c)</i>	\$6.00
CHICKEN BURGER	\$6.00	SALAD <i>(roll OR wrap an EXTRA 50c)</i>	\$5.00
PIZZA ROUNDAS	\$4.00	VEGEMITE, HONEY, CHEESE	\$3.00
PIZZA SINGLE	\$4.00	100 & 1000	\$3.00
SAUCE	.50c	<i>Toasting is free</i>	
WRAPS		DRINKS	
CHICKEN or HAM & SALAD	\$6.50	FLAVOURED MILK	chocolate OR strawberry \$2.00
CHICKEN TENDER WRAP <i>(lettuce, tomato, cheese, sweet chilli mayo)</i>	\$7.00	BOTTLED WATER	\$2.00
TREATS		JUICES	orange/mango OR orange/passion \$4.00
CHOCOLATE CAKE	\$3.50	JUICES	apple, orange OR apple/blackcurrant \$2.00
MILO CUP	\$3.00	LIGHT MILK SHAKES	chocolate, strawberry, caramel, vanilla \$4.00
DIXI CUP	\$2.50	SNACKS	
PADDLE POP	\$2.00	FRUIT SALAD TUB	\$5.50
LIFESAVER	\$2.50		

Ajax's

Weekly Woof

It is the fourth week of term already. Ajax has been extremely impressed with all students. We are back at work, in uniform and settled. I would expect no less from the best school in New South Wales.

Woof Woof awards:

5 happy barks to our High School students. Everyone is in uniform and working well. Some year 9/10 boys could use a little under arm charm. I went into a lesson last week and it smelt as if a dead camel was in the room. A dog sleeps outside. It is a funny world.

5 happy barks to the people who have agreed to fund the painting of block C. Our school is the first major building visitors see when entering the town so it needs to tell people this is a good town. I cannot wait to pee on the new paint. Do not tell Southo.

5 loud barks to those people who dump rubbish around our great town. We have an open tip and people still leave rubbish on the stock route. It is just lazy!!!

5 loud barks to those students who cannot play handball without arguing. I am sure the cash cow is not handing gold nuggets to the winner. You need to get over yourselves.

Ajax often sees things around the school that only **a perceptive well trained 'pets as therapy' dog** could see. If you are sad, it is not always your fault. To the little girl that kept looking at her photo and calling herself ugly that breaks my heart. No one is ugly and beauty is on the inside. I have a friend who is a Pug and has a head that only a mother could love but he is beautiful to me.

Until next week, Ajax



Bark with laughter with
Ajax:

**Why did a jellybean go to
school?**

*Because he wanted to be a
smartie!*



Primary

Parent Information Afternoon

The K-6 staff would like to thank all Parents/Carers who came to our parent information sessions on Wednesday 13th February. We had a fabulous roll up of parents and it was a great way for them to **meet their child's teacher, take a look at their child's classroom and familiarise themselves with the classroom routines.**

Gobondery/NARRAF Swimming Carnival

The Gobondery/NARRAF swimming carnival will be held on Friday the 22nd February in Narromine. We wish all the competitors the very best of luck in this carnival.

Sun Safe Policy

This term is a No Hat No Play term. Students **MUST** wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidentally forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please **make sure you put your child's name inside their hat.**

Swimming For Sport

This term we are reducing the size of our groups by sending one group to the pool at 1:00pm. This group will return to school at 2pm, have lunch and return to class for half an hour.

The second group will walk to the pool as per usual and can be picked up at 3pm at the pool. Alternatively, if your child catches a bus home, they will be picked up at the pool.

Please check your child's note carefully. If your child is in the group from 1:00-2:00pm, it is preferable for your child to bring their lunch and suggested that they also bring extra recess.

If your child is ordering their lunch, it would be preferable to order something cold rather than hot food as the lunch orders will be dropped off at 1:00pm and the students in the 1:00-2:00pm session will not be eating their lunch until 2:00pm.

Crunch and Sip

Children are encouraged to bring FRESH fruit or vegetables to school for Crunch and Sip. They are also able to have a sipper bottle of water in the classroom.

Headphones

If possible, would each child in Kindergarten/Year 1 bring in their own pair of headphones? These will be used in the computer room each week and also with our classroom laptops and iPads. Headphones will be stored safely at school and only used by the child who owns them. Thank you, Ms Downes



We welcome our two new teachers to the Primary



Ashleigh Waterford -
3/4 teacher



Helen Gray -
Art/Release



K-6 Basketball

Starting this Tuesday and continuing every second Tuesday (19/2/19, 5/3/19, 19/3/19 and 2/4/19) all students from K-6 will take part in basketball

workshops. This high intensity sport involves a lot of running, jumping, dribbling, passing and shooting balls. These activities help your child improve their gross motor skills, improve flexibility and develop endurance. The sessions will be run by an accredited basketball coach.



Students, please remember to wear joggers for these sessions.

[This Photo](#) by Unknown

Secondary

Firstly I would like to congratulate our Year 11 and 12 students on their behaviour, effort and attitude at the Access Camp last week. Our students are simply outstanding in these areas and as always it impresses us so much to see how mature our students have become.

Part of the process that allows us to assist our students in developing this maturity is the level of involvement in school management that our students are able to achieve in various areas. The pinnacle of this involvement is the positions of School Captain and members of the SRC. Today we will have our SRC induction assembly. I thank all of those students who have applied for these roles and congratulate those who are elected to this position. The calibre of the students who nominated was extremely high and any of these students would have been excellent in the role.

This year in Secondary Interest Electives on a Thursday and Friday afternoon, we are running a variety of subjects which will develop our students outside of the usual school curriculum. Some of these offer very useful life skills while others focus on areas that are sometimes neglected in our busy world (I wish I was available to attend the meditation and yoga sessions!). One of the very important areas we work on in these sessions is on the sense of community and belonging. On a Thursday we have our School Service elective where the students work on various fund raising projects which are then used to supplement student activities and excursions. On a Friday we have Community Service where the students are actively involved in an activity which improves our community in some way. Both of these electives are incredibly important to the full development of our students. Every student will be involved in these electives over the year, making them compulsory electives I guess.

Finally once again I'd like to congratulate all students 7-12 for the positive start they have made to the academic year. It is impressive and bodes well for the rest of 2019.

As always if you have any questions please contact me at school.

Have a great week
Gerry Capell
Head Teacher Secondary Studies.

Secondary Lifesaving

All Secondary students who do lifesaving for sport will be doing their clothes swim for sport on Wednesday 20th February. Students need to ensure they bring the correct clothes, please refer to the list below:

Junior Swim and Survive: Long pants, long-sleeved shirt (**Mr Burley's Group**)
Swim and Survive: Long pants, long-sleeved shirt and Jumper (**Hamish's Group**)
Senior Swim and Survive: Long pants, long-sleeved shirt, jumper, shoes and socks (Monique / Ms Curtis Group)
Bronze Star, Bronze Medallion: Long pants, long-sleeved shirt (**Mrs Morgan's Group**)

Secondary Sportspersons of the Week

Jamie Harper, Xander Hartig, Harry Budd



Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at Level 3 each semester. Each level has rewards with Level 6 being the highest.

Level 4 (15+ pink slips)	Year 11 – Ella, Emily, Monique, Ethan, Robbie, Ryan, Codie Year 12 – Brooke, Harrison, Brodi
Level 5 (30+ pink slips)	
Level 6 (75+ pink slips)	

Secondary

This year we are welcoming three new teachers to our Secondary staff.

Mrs Donna Ellem has joined us from Grafton High School. She has replaced Mr Ridges who accepted a position teaching in Sydney. Mrs Ellem will be teaching Science, Mathematics, and Agriculture.

Mrs Helen Gray has teamed up to teach with Mrs Kim Williams in our Art Department. Mrs Gray is a talented independent artist and will supplement the wonderful work that Mrs Williams has been producing with our students.

Finally we welcome Miss Kim Ranger who has taught previously at Trundle Central School. Miss Ranger has taken some time to increase her qualifications to encompass not only HSIE but also English. Miss Ranger and Mrs Rush are now our formidable English/HSIE department.

We welcome all our new teachers and are excited to see their many contributions to our school in the future.



Mrs Donna Ellem



Mrs Helen Gray



Miss Kim Ranger

Last week students were elected by their peers to be a part of the 2019 SRC

The SRC's work democratically to represent the student body in school decision making and organise ways for students to participate in school life. The role requires great leadership skills **where representative's duties will include being positive role models for their peers, actively participating in school functions, organising events for their peers and working with the community for the improvement of the school.**

We welcome the following students into the role of being the 2019 Student representatives:

Stage 3 –Jessica Morgan and Nicholas Taylor



Stage 4 – Aliethea Stokes and Paddy Williams



Stage 5 – Hamish Sanderson & William Taylor



Stage 6 –Brooke Morgan & Brodi Gavin-Rossiter (absent)



Captains –Monique Morgan & Harrison Williams



We look forward to working with all of the students and know that each one of them will make a positive contribution to the school community.

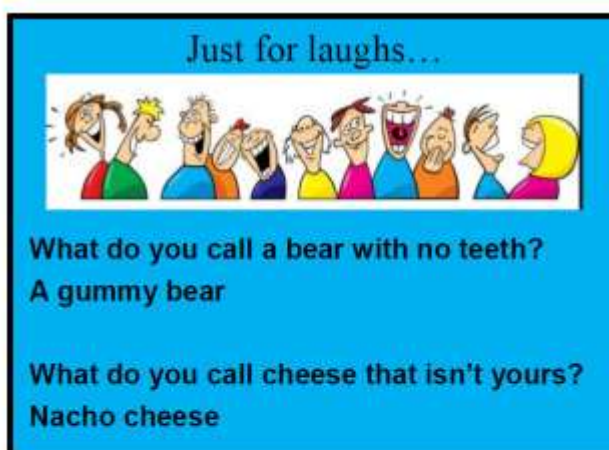
Mrs Budd and Mr Burley

House Captains for 2019

Monique Morgan & Nicholas Williams - **Oxley**

Brooke Morgan & Harrison Williams - **Mitchell**





WEEK 4 NEWS!

Once again our library is a hive of activity and it seems like everyone is ready for a great 2019. Students are already borrowing new and exciting books from our extensive range and a few requests have crossed my desk for newly released titles of some popular series.

Don't forget we have our extensive range of eBooks available and our invitation is still extended to parents and community members to join our school library so they can use this digital book service. Please don't hesitate to ask a library staff member.

Reminder for 2018 Presentation Night BOOK AWARD recipients

Any student who still needs to use their award voucher can select a book from the Scholastic School Essentials website <http://www.scholastic.com.au/schools/bookclub/> or Book Club Issue 1 - 2019. See Library staff for any assistance

February SCHOLASTIC BOOK CLUB ORDERS

Students should have received the first Book Club Issue 1 last week. All completed orders need to be **returned** to library by **Tuesday 19th, February (Week 4)**

Mr Chris Orr is doing an amazing job bringing the gift of music to our students. Their enthusiasm to learn has become quite infectious. Here are a few snaps of some of last week's keen beans!



Have a great Week 4 ☺ Mrs Rush and the Library Team

Community

Trundle Junior Cricket

On Saturday the Trundle Juniors hosted the Colts in a thrilling game which ended in a tie. Condo won the toss and put Trundle into field first. After a fine batting performance by Riley Keen who compiled a fine 50 not out, Trundle went in chasing 115. With Trundle needing 27 off the last 3 overs a great performance by Noah Byrne helped Trundle equal the score of 115 off the last ball.

Runs for Trundle: Noah Byrne 36, Eric Fernando 15, Sam Charlton 11, Blair Macdonald 5, Paddy Williams 3, Kayden Charlton-Little 3, Charlie Anderson 2, Reuben Kelly 1 and Jim Ramsey 1. Wicket Takers for Trundle: Jim Ramsey 1, Noah Byrne 1 and Paddy Williams 1. Trundle also took a run out.

Points for Trundle: Kayden Charlton-Little 3, Noah Byrne 2 and Charlie Anderson 1.

Condobolin Pizza Award: Jim Ramsey

Trundle Food Store Voucher donated by Karlos: Noah Byrne who was also presented with the game ball for fine batting.

Trundle to play the Gilgais at the Association grounds Condobolin next Saturday. Training on Thursday 4.30

Early Childhood Nurse.

Back At Trundle MPS

Please ring 68921900, leave your name & number and the Early Childhood Nurse will ring you with an appointment date.



Sorry we do not have a set day, just as required. However this will be regular either once a week or fortnight as needed.

COMMUNITY UKULELE GROUP!



Everyone welcome to come and join in - learn the ukulele or cajon (sit-on box drum) and just have a good sing. Very beginners to seasoned professionals most welcome.

WHO: Anyone and any age up to 110. Children will need to be of an age or maturity to able to sit still for the session and join in, and must accompanied by an adult if under Year 4. Children will be need to be collected at 5.30 pm sharp.

HOW MUCH: A gold coin donation towards the hospital auxiliary committee (buys equipment for our hospital).

WHEN: Wednesdays 4.30-5.30PM all Term 1.

WHERE: Music room, Room P21, in front of the basketball courts at Trundle Central School.

WHAT TO BRING: Ukulele and a folder for music.

Ukuleles can be purchased quite cheaply - around \$27.00 If you order from Landers Music in Orange, and ask for a Helen Gray discount, they will give you 10% off the price.

A good student brand is Mahalo, which is usually available through Landers.



Enquiries and bookings to Helen Gray

0488991350

Trundle Community Day Centre
Every Friday at Services and Citizens Club
10-12am

Activity Program:

22nd February: Beetle

1st March: Gentle Exercises; Pancakes

8th March: Trivia and word games

15th March: Olives. Shelley from Bogan Gate

22nd March: Hoy; Music

Morning tea and activities, gold coin donation

Join us at
Trundle Central School
Playgroup

Date: Every second Thursday from 10.30 - 12.30

Venue: Trundle Central School, Croft Street Trundle



Term 1 2019
February 21 st
March 7 th
March 21 st
April 4 th



CENTRAL WESTERN
PA&H

ASSOCIATIONS MERINO
EWES COMPETITION

When Thursday 28th
 February 2019

Where Bus leaves Trundle Hotel at 7.30am for a trip around Condobolin, Parkes & Trundle flocks

Cost \$40-00 per person, includes air conditioned travel, morning tea, lunch and refreshments

Major Sponsor Rabobank

Organised by the Trundle P & A Society Inc

Bookings

Dominique Nixon - 0428 642 415

COME ONE, COME ALL!

TRUNDLE COMMUNITY
DAY CENTRE
HELD AT TRUNDLE
SERVICES & CITIZENS
CLUB

Every Friday 10am -12 noon
 Recommencing Friday 15 February 2019
 Have Fun

Enjoy catching up with friends or make new ones

Participate in a range of Activities

Morning Tea-gold coin donation

Just turn up or

Contact Sue 0429 921 325

Suellen 0429 921 026

Julie 0428 921 157



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23 March 2019

Get paid to help deliver democracy.

We offer a variety of roles based on your interests and experience.

You must be on the electoral roll to work at the election.

Apply now at elections.nsw.gov.au



Trundle Swimming Club

Presentation will be the 22nd March 2019

Last point score is the 8th March

There will be stroke correction on Wednesdays at 3:30 and other days will be posted at the pool.

All perpetual trophies will need to be returned as soon as possible.

From Your Community Nurse ...
Railway Crossings

A train can

- Weigh up to 14,000 tonnes (or 9000 cars)
- Take up to 2 kilometres to fully stop

Ref: www.aurozon.com.au/sustainability/rail-safety



From Your Community Nurse ...
average noise levels

Noise levels above 85dB over an 8 hr working day can damage hearing.

Hearing loss through noise injury is painless, permanent, progressive and preventable

Augers:	Noise level at ear:	93dB
Bench grinders	Noise level at ear:	99dB

Always wear hearing protection



**PRICE
REDUCED!**
\$85,000



Looking for a Home or Project?

This property could be either or both!

This solid 2 bedroom home could really do with a make-over, but the potential is there for a charming and comfortable home.

Located in a central but quiet position, the house comes with a large fenced yard and back lane access.

Just a short walk to all town amenities.

Are you the one to bring this little hidden gem up to its full potential?



Contact us to arrange
an inspection!

Phone
0427 347 194

Find us on
Domain.com.au
sandra@gsinsurance.com.au

Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions



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