



A school that provides a professional, stimulating and challenging learning environment

Principal

Mr John Southon

Head Teacher Secondary

Mr Gerry Capell

Assistant Principal

Mrs Fiona Sanderson



Western Access Program
Collaborative · Connected · Innovative

Reminders

This Week:

7-10 Exams all week

Wednesday 13/11/19

Kinder/Yr 7 Transition

Year 12 dinner @6pm

Wed-Fri 13-15/11/19

Year 3-6 Canberra

Excursion

Next Week:

Wednesday 20/11/19

Kinder/Yr 7 Transition

P&C

President

Mrs Rhonda Grady

Secretary

Mrs Kelly-Lee Dunn

Treasurer

Mrs Lubka Prebendarcik



Education & Communities

Trundle Central School Newsletter

Term 4 Week 5

11th November 2019

Thank You Crookwell



On Saturday, Leighroy Sharwood from Crookwell visited Trundle and delivered 2 pallets of water, 12 salt blocks, 8 bags of sheep nuts, some tins of cat food, 26 bags of dog food, 4 crates of soft drinks, 40 bags of potatoes and 4 bags of Christmas gifts for our school community. Leighroy and other local farmers and their partners spent money in the local shops, including Ag&vet, Hardware, Nicole's Foodstore and the Services Club. They stayed and dined at the pub, had breakfast at Nicole's Foodstore and injected \$1600 of donations into the local community plus what they personally spent.
(continue p.4)

Principal's Message

This week, Remembrance Day Service at Memorial Hall Monday, Year 12 Dinner Wednesday, 7-10 exams all week, Years 3-6 Excursion to Canberra Wednesday to Friday. Another full week at this outstanding public school.

Last week, Dr Tracey Logan from the University of Canberra visited our school to continue her research. It is very exciting that such a leader in educational research such as Canberra University would allocate two days to our school. This ongoing relationship can only be positive for future teaching and learning in our school, as I believe to move forward, we need to constantly evaluate our performance through leading organisations such as Canberra University. I evaluated my performance in interpreting university jargon. Outcome means much more work needed! I either agreed to further visits or purchased a foot spa, either way we are winners.

Also, last week, I was contacted by Mrs Rachel Powell the Principal of James Ruse Agricultural High School. Mrs Powell has offered our school professional support with our Agricultural program. This will involve visits from teaching staff, James Ruse students and on-going support to our students. James Ruse is widely regarded as the best public school in NSW, regularly achieving HSC results which top the state. This support will expose our students to best practice in agricultural teaching, an exciting opportunity for our school.

The state of the school boundary fencing 5 years ago was a disgrace. The school through a combination of school money, Departmental grants and the generosity of Rural Aid Buy a Bale has replaced most of the boundary fencing. The last 160 metres of the fencing will be replaced following approval from Departmental Properties. The next step is to upgrade to something that is visually pleasing as well as functional; the dream of some partners at times. Hopefully this can be done over the Christmas break, the fence, not the partner

upgrade.

In some further good news, we have gained approval for the external painting of block B. This will mean through a combination of Departmental funds and school contributions, the whole school has now been painted. I make no secret of the fact that when I first visited this school, I thought the facilities, standard of grounds / gardens and condition of the school were a disgrace. We did not even have a decent flag pole. In short, your children and mine deserved better. I believe, we now, after 5 years have achieved the minimum baseline for further improvement in terms of school facilities, not the standard we should accept. I will never understand why some people have an attitude that it is good enough just because we are in the country. It may be good enough but it is not the best we can have or deserve, so it needs to change. I will never stop advocating for improved access to opportunity and facilities for the children that attend this school.

The lack of a suitable school hall disappoints and puzzles me. The lack of a hall in a boutique school on the coast with a nice sea breeze and no flies is understandable. However, in Trundle where the days are in the early 40's regularly, and the flies are carrying away small dogs, it does not make a lot of sense. I am determined to change this before I leave or die. This will be disappointing for those who dislike me with a passion, as it may take some time. Sorry.

Last week, we obtained a quote for the purchase of an 11 seater bus to replace our current bus. My original thinking was to run our current bus until the wheels fall off, but the terms of our grant made the purchase of a new bus more realistic. This will mean, with the help of the Variety Club and the Fund for Regional Renewal, our school will have a new 11 seat and 24 seat bus this year. This will serve our needs for at least 10 years into the future. We do not hire buses, just like Hertz does not educate children, so please do not ask.

In the recent *Keep Australia Beautiful Awards*, Trundle Central School was highly commended in the Community Spirit and Inclusion Award. This was for our school alternative programs such as Community Service, Pastoral Care and our Drought Relief efforts. This is high praise as an

independent panel has recognised our welfare programs and community contribution. I thank the person who nominated us as, it came as a nice surprise.

On Friday last week, I attended the NSW / ACT Regional Achievement and Community Awards. These awards sponsored by the NSW Government include all postcodes outside Sydney and Canberra. For example, the postcodes of Penrith and Newcastle are considered regional. I was nominated in the leadership category, a humbling honour and surprise. However, I believe it is not only myself nominated but the staff, especially the front office staff and Richard Grady as they have worked tirelessly for this community over a long period of time. These people are outstanding individuals and as a collective they are a formidable team. I would also like to pay public tribute to the Minister of Home Affairs, Finance and Entertainment, Anastasia who is a tremendous support to me and is unfortunately an easy target for people who like to spread rumours, take cheap shots at me or try to gain information that they do not have the capacity, courage or ability to ask me directly. It is a very tough gig to be a proactive Principal's wife in a small town. I was successful in this category because of the support of these outstanding people.

The judging panel for this award consists of 23 independent people from across industry, government and the welfare sector. We were successful because of the facts gained through research and testimonials from people and organisations the school has dealt with over the last eighteen months. Consider these facts from the judges not myself or anyone employed by the school:

- Our school has an active to community support. This has allowed benefits across the whole community. This has included Rural Aid constructing fences at St Patrick's school and gardens at the Berryman oval and showground. Pambula Rotary Club also has formed strong associations with the town helped by the proactive attitude of the school resulting in gardens and painting at Child Care Centre and a sports fund established that benefits St Patrick's, Tullamore and Trundle. The school also through Rural Aid

has allowed deliveries of water to several farming families, many that do not have students at this school.

- Our school is incredibly sharing with community groups and other schools. An example is the opening of our facilities such as showers, washing machines, ovals and cricket nets. We have in the past invited other schools to the dental van, driving stimulator, musical performances and much more.
- The school last year placed \$43,000 into the local businesses by issuing vouchers to our farming families that could only be spent in Trundle businesses. The school is just about to place another \$40,000 into the local economy through vouchers.
- The school has a buy local policy. Also the vast majority of staff live in the town and purchase locally. This is because the school advocated over a long period of time for additional teacher housing to be constructed.
- Judges are aware that in excess 120 people have visited this town and spent money in local businesses over the last six months. Indeed, one business said they are averaging at least one visitor in the shop per day because of the awareness raised by the school. These people visited just to stop for lunch or a beer. This is new business to the town. Again, benefit to the whole town through the efforts of the school.
- This year, the school hosted over 100 staff from Western Access Program schools. Lunch was at the Services Club, injecting money into the economy. This did not have to occur as it could have been internally catered and the profit returned to the school.
- The school has allowed all members of the community to access free clothing and shoes through our giveaways.
- The school has published our town in Sydney media and overseas media, creating awareness of drought and rural downturn. The benefit of this will continue even after it rains.

These are just a few examples of how this school has worked hard to support this community outside our core business of education and it appears shown leadership.

Happiest moving target in Trundle
John Southon, Principal



*Save
the
Date*

**Trundle Central School P&C Inc.
Annual General Meeting
11th March 2020
3.30pm
All Positions will be declared vacant**

BAG A BARGAIN @ TRUNDLE CENTRAL SCHOOL



**WHEN: Monday 11th - Wednesday 13th
NOVEMBER**

TIME: 9AM - 3PM

**(Remember to sign in at the office
and collect your visitor sticker)**

COST: GOLD COIN DONATION

(this money will be used to support our Drought Relief Efforts)

(continued from p.1) 'We would like to thank you for the wonderful weekend and hospitality. I hope we helped in some way,' said Leighroy in an email this morning.

Thank you to the following people and businesses from Crookwell:

Beatrice for grocery packing , Lyn and Billy and Gavin and Shireen for supply of a vehicle, Boff and Jenny for supply of a vehicle and fundraising . Kathy for photography.

Sponsors: IGA Crookwell, JD's Rural Crookwell, Chum dog food, Gary Kadwell - the spud man, senior citizens of Crookwell, Laggan Hotel, local farmers, staff members of Canberra Contactors, Health Department Canberra, Impact Print & Copy Goulburn, Friends from Canberra.



Ajax's Weekly Woof

Woof Woof Awards:

I have not been at school last week because the installation of the air-conditioning continues. Southo said I will get in the way. At least my name is not pothole like him, with everyone avoiding him at all costs. All information in this report comes from my spies so no responsibility is taken for the content. Sort of like quality publications such as New Idea and That's Life. How many times can Nicole and Keith break up or Harry and Megan fight with Wills and Kate. It is not Home and Away!

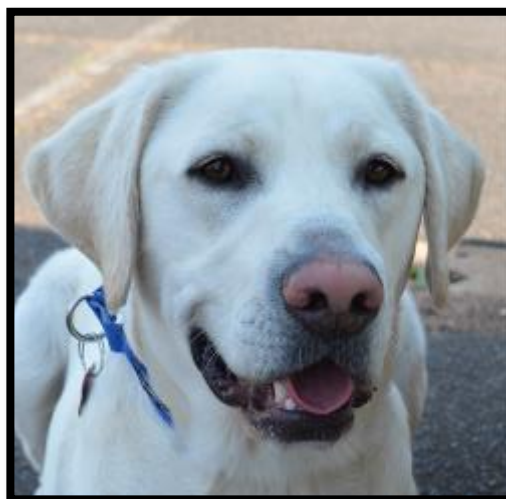
500 happy woofs for all the students who have made the installation of the air-conditioning as painless as possible.

500 happy woofs to all 7-10 students who are prepared for exams. Just do your best because if you do, you are already a winner.

500 happy woofs to Jake Callow. Southo was saying how impressed he was with his effort at the cricket. Chasing the ball and always trying.

5000 happy woofs to the front office angels for their outstanding service to our community. Southo said they view their jobs as more than just income but a service. If he was not so tight, he could pay them more. That is an idea!! Hint!!

500 angry growls to those people who forget how lucky we are to live in Trundle. I was in Sydney before and I have something I never had in Sydney, space. Southo comes home and states he has a two day tolerance. Funny, I imagine that is about how long Sydney has of him. Keep that quiet, he feeds me.



It is only 44 days to Christmas. This year, our school is planning to give at least one present to every student at the school. We are not saying that parents will not or can not. What we are saying is, our school values your children and thanks you for your decision to educate them in the fairest system which creates the most opportunities Public Education.

Until next week, Ajax



**Bark with laughter with
Ajax:**

**What do you call a pig who
knows karate?**

Pork chop!





Past Students of Trundle Central School Honour Roll

Trundle Central School has a long tradition of quality inclusive public education. We would like to recognise successful people from trades, professional people and the business world. Please contact the school to have someone placed on the Honour Roll.

Students Name

Employment Achievement

Ann-Marie Taylor	School Administrative Manager
Trish Morgan	School Teacher
Blake Ridges	School Teacher
Chris Robson	Proprietor - Harvey Norman Warwick
Daniel Hosie	Heavy Vehicle Diesel Mechanic
Luke Watt	Teacher (Band 6 HSC Industrial Technology)
Nicole Pascoe	Business Owner
Nikki Mayall - Mudge	Relieving Principal
Caroline Page	Head Teacher
Sally Taylor	Lawyer/Teacher
Dale Page	Plumber
Craig Hawke	Engineer at Qantas
Jason Maher	Doctor
Helen Gray	Teacher/Nurse
Danielle Dickson	Doctor at RAAF Fairbairn hospital in Canberra
Kylie Fardell	Doctor Cooma
Daniel Pate	Software engineer
Tim Taylor	Essential Energy Line Worker
Craig Robson	Combat Medic in Australian Army
Jennifer Sefonte	Asia Account Manager Head at Citibank Singapore (Jennifer completed Year 12 through Western Access Program)
Jennifer Hawke	Teacher/Grants Officer Parkes Shire
Danny Page	Industrial Chemist
Merrilee Morgan	Registered Nurse Orange
Michelle Morgan	Teacher Dubbo
Eloise Clayton	Environmental Scientist Forbes

Primary

Students of the Week

K/1 - Callum Deaman

1/2 - Scarlett Southon

3/4 - Lily Kirk

5/6 - Corey Harvalik

Mrs Sanderson - Renea Cotter

Sun Safe Policy

This term is a No Hat No Play term. Students **MUST** wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidentally forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please make sure you put your child's name inside their hat.

Kindergarten/Year 7 Transition

This week will be the fourth week of Kindergarten/Year 7 Transition sessions that will run throughout the term.

This year the sessions will run from 8:55 – 11:20 for Preschoolers – Year 6.

This will allow the Pre-schoolers and Year 6 to engage in some fantastic activities to ensure the transition from both Preschool and Primary School is a smooth and enjoyable experience.

All classes in primary will be moving up into the next group for these sessions. It is a great way for the students to practise being in a new class.

Swimming For Sport

This Friday the 15th November, there will be NO swimming for sport. Students in K-2 will participate in school sport. Please ensure your children have their hat and water bottle.



Year 3-6 Excursion to Canberra



All the arrangements for our Year 3-6 excursion to Canberra on the 13th November have been finalised and the students are looking forward to a fabulous trip away!

The students need to be at School by **6:30am** with their lunch, hat on their head, ready to leave by 7:00am.

Please remember that medications and spending money need to be labelled and handed to Mrs Sanderson on Wednesday morning.

Secondary

Congratulations to our Year 12 [2020] students for their participation in last week's study days for their Western Access Program subjects. These weeks are a worthwhile attempt for our students to get to spend time with their co-ordinating teachers face to face as well as a chance to work with their co-hort of students from other schools. They are also quite a logistic challenge with some students travelling 4 out of 5 days to our partner schools. Thanks to all the teachers who transported or covered lessons to make this possible.

This week our Secondary students in Year 7-10 will commence their Yearly examinations in all core subjects as well as other subjects which have chosen to include these as part of their assessment schedule. As the included timetable indicates these examinations have been spread out over Week 5 and Week 6 to make sure that all students have the opportunity to revise fully for all subjects. As Mr Southon said on assembly this morning these are not the 'be all and end all' of our schooling year, but more a chance for students to indicate to their teachers how they progressed this year. Good luck to all of our students.

Today we will be walking down to the Memorial Hall at 10.45 for the town's Remembrance ceremony.

On Wednesday we will be having our final Year 12 [2019] celebration of their completion of School. This is a slightly less formal night where we get to actually enjoy the company of the students and their parents. We also get to hear the students' mentor give their usual light hearted summary of the students' time at TCS. Thanks to Miss Rowlands for her organisation of this evening.

This week our Year 8 students will be bringing home their Subject Elective choices for parents to sign. If you would like to change these choices, there will be a section on the notice to do so. If you have any questions in regards to these choices please contact myself at school.

Have a great week

Gerry Capell
Head Teacher Secondary Studies.



HSC Study
Days for WAP
Programs.



Congratulations to the following students who have received the correct amount of pink slips to move to a higher level. All students start at **Level 3 each semester**. Each level has rewards with Level 6 being the highest.

Level 6 (75+ pink slips)



Year 7 – Maggie, Sasha, Paddy, Kiera

Year 8 – Ryan, Harrison, Grace, Xander, Casey, Alex, Aliethea

Year 9 – Jenet, Jamie, Lionel, Jason, Will L, William

Year 10 – Hamish, Nick

Year 11 – Ella, Emily, Monique, Ethan, Robert, Ryan, Codie

Level 5 (30+ pink slips)

Year 7 – Charlie, Harry, Jake, Sam, Zac, Ollie, Jason, Hannah, Blair, Jim, Brad

Year 8 – Cameron, Mya

Year 9 – Will C

Year 10 – Anthony, Dylan, Jaxson

Year 11 – Willa

Level 4 (15+ pink slips)

Year 9 - Aidan

YEAR 7-10 FORMAL EXAMINATIONS SEMESTER 2

**7/8 Music, 7/8 Art, 9/10 Visual Art will be held in their usual classes.
All other exams will commence at 9am.**

WEEK 5				
MON	TUE	WED	THUR	FRI
7/8 ENGLISH	9/10 HSIE	7/8 ART	9/10 MATHS	7/8 LOTE
	7/8 MUSIC			9/10 VIS ART [P2]

WEEK 6				
MON	TUE	WED	THUR	FRI
9/10 SCIENCE	9/10 ENGLISH	7/8 SCIENCE	7/8 MATHS	
7/8 HSIE				

Week 5: LIBRARY NEWS

A brief history lesson from the Librarian ...



At 11am on the 11th November 1918 the guns on the Western Front fell silent after more than four years of continuous warfare. The allied armies had driven the German invaders back, having inflicted heavy defeats upon them over the preceding four months. In November the Germans called for an armistice or a suspension of fighting, in order to secure a peace settlement. They accepted the allied terms that amounted to unconditional surrender.

The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years. The moment when the fighting ceased on the Western Front became universally associated with the remembrance of those who had died in the war.

This first modern world conflict had brought about the mobilisation of over 70 million people and left approximately 13 million dead, perhaps as many as one-third of them with no known grave. The allied nations chose this day and time for the commemoration of their war dead.

On the first anniversary of the armistice in 1919 two minutes' silence was instituted as part of the main commemorative ceremony in London. The silence was proposed by Australian journalist Edward Honey, who was working in Fleet Street, London at the time. King George V personally requested that all people of the British Empire suspend normal activities for two minutes on the hour of the armistice "to remember the worldwide carnage of the four preceding years and marked the victory of Right and Freedom". The two minutes' silence was quickly adopted, and it became a central feature of commemorations every Armistice Day.

After the end of the Second World War, the Australian and British governments changed the name of the day to 'REMEMBRANCE DAY'. Armistice Day was no longer an appropriate title for a day which would commemorate ALL war dead.

Our library has an excellent range of books on all things related to war. From the simple but informative picture book to factual texts; as well as historical fiction for those who love a fiction great story woven with factual information. Visit the library staff who will help you find your next great read 😊

BAG A BARGAIN @ TRUNDLE CENTRAL SCHOOL



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(this money will be used to support our Drought Relief Efforts)

Community

Trundle Junior Cricket

On Saturday the Trundle Juniors hosted the Colts at Berryman Oval. Trundle won the toss and elected to field. Trundle kept the scoring low and the juniors restricted the Colts to 84. Trundle batted steadily, reaching the target with 9 overs to spare.

Runs for Trundle: Paddy Williams 29 NO, Sam Charlton 6 NO, Jason Gerry 4, Blair MacDonald 2 NO.

Wickets for Trundle: Blair MacDonald 2, Paddy Williams, Sam Charlton and Oliver Dunn all with 1 each.

Catches for Trundle: Charlie Anderson, Sam Charlton and Paddy Williams all with 1 each.

Fielding Points: Charlie Anderson 3, Paddy Williams 2 and Blair MacDonald 1

Game Ball: Joshua Clayton

Next game is at Berryman Oval against the Gilgais. Training 4pm Thursday.

Choices Flooring Parkes is currently seeking an enthusiastic, determined individual interested in completing a floor finishing apprenticeship.

This would be a perfect opportunity for a recent school leaver to gain on the job experience.

You will have the opportunity to learn from our lead installer and gain experience by carrying out a variety of duties to assist in all aspects of the flooring trade including removing existing floor coverings and installation of new carpet, vinyl and floating flooring.

Duties include:

- Preparing timber and concrete subfloors in preparation of new floor coverings;
- Installing and finishing carpet, resilient, vinyl and timber flooring materials.

Applicants must:

- Be reliable & punctual
- Be keen to learn
- Be motivated with a genuine interest in learning the flooring trade
- Be able to work effectively in a team environment
- Be available to work overtime and weekends if required
- No experience is required.

This will be an excellent opportunity for the right person to join our hard-working team.

To apply please provide a cover letter and copy of your resume on email directly to parkes@choicesflooring.com.au

For any questions please contact Michelle on 6863 4463.

We look forward to your application.

Choices Flooring Parkes
Cnr Clarke & Royal Street, Parkes
6863 4463
choicesflooring.com.au



Beautiful's Exclusive Christmas Shopping Night

Where: Beautiful Salon - First door down from Trundle Hotel
When: Thursday 21st November 5.30pm - 7.30pm

Free wine and nibbles provided on the night
&
Your chance to win a lucky door prize - bring a friend and receive another entry

20% off ALL Organic Spa Skin Care Range

For every \$100 spent on Gift Vouchers, receive a Voucher for a FREE 30 minute Massage

Trundle Amateur Swimming Club

The first meet for the season was last Friday. We were able to get two events completed before the weather intervened.

Each Wednesday there will be Swimming Club training from 3:45pm- 4:45pm. This will begin on Wednesday 13th November.

We would love new and old members to come along, try out some events and join our fantastic club.

Registration- Please read carefully!

The registration of each individual swimmer is essential. Upon registration, the swimmer joins NSW Swimming Association which makes them eligible to swim and to be covered by insurance.

This year a new Portal called "Swim Central" has been introduced.

When logging in, use the email address where you received your Swim Central email and choose "Forgot Password". A password will then be sent to your email. Use this to log on.

For members who have registered in the previous year, your renewal registration email has recently been sent out. (If you have a new email address please let Kellylee know as ASAP as you may not have received your payment email). When logging in, use the email address where you received your Swim Central email and choose "Forgot Password". A password will then be sent to your email. Use this to log on.

You must follow the links to your shopping trolley, checkout and complete payment online.

For **new** members or **returning members (that did not register last year)**, you must complete registration as a new member online prior to or on 8 November 2019.

If you wish to pay swimming club fees using an "Active Kids Voucher" please make sure the product in your shopping trolley (in Swim Central) is the correct one for this! **Do not pay unless you are sure. Refunds are not possible.** Contact Kellylee for help. (Be aware you will need to upload a copy of your "Active Kids Voucher" when at the checkout of purchase. The voucher number also needs to be given to Kellylee.

Registrations **must be completed before 8th November 2019** for existing members, and new members are able to attend two time trial swims before they must be registered to participate in any further club activities. All registrations must be

completed before Friday 29th November 19, otherwise these swimmers will be unable to attend our meets as they are not covered by our insurance.

Each swimmer receives a registration card that should be kept in a safe place. When competing in carnivals outside of Trundle, swimmers must take this card with them to prove registration.

Registration fees for 2019/2020 are as follows:

There are no Dolphins this year, so all across the Pool swimmers must pay as a Non Swimmer.

Swimmer (8 years & Under)

\$80.00


Swimmer (9 years & Over)

\$80.00

Non Swimmer (8 years & over /adults)

\$30.00

(The age to use when selecting a category is the age you were on 1ST October 2019)



Health
 Western NSW
 Local Health District

TRUNDLE MEDICAL

PRACTICE

WILL BE

CLOSED-TUESDAY 29th Oct - Thursday 31st Oct

OPEN- TUESDAY 5th Nov - Friday 8th Nov

CLOSED- TUESDAY 12th Nov -THURSDAY 14th Nov

RE-OPEN NORMAL HOURS

FROM TUESDAY 19th Nov 2019

In case of emergency please contact Trundle MPS on 6892 1900 or
contact 000 for an ambulance.

Western NSW Local Health District
 TRUNDLE MULTI PURPOSE SERVICE
 44 Brookview Street TRUNDLE NSW 2875
 Tel: (02) 6892 3252 Fax: (02) 6892 3233

Women's Health Nurse

Will be in Trundle on Thursday 14th Nov
For all appointment please call: 68921900

Playgroup

There will be NO playgroup this week.

TRUNDLE DAY CENTRE ACTIVITIES

15th November: Craft with Sandra
Hosking

**Parkes★
ELVIS
FESTIVAL** 2020 PARKES ELVIS FESTIVAL
8 - 12 JANUARY

Win a \$1,000 cash prize for your school in the
2020 Northparkes Mines Street Parade

It's simple to enter:

1. Get your friends/parents together to form a team to represent your school
2. Register online at www.parkeselvisfestival.com.au
3. Call the Festival team on 6862 6000 or email elvis@parkes.nsw.gov.au to organise your \$200 Bunnings Forbes voucher*
4. Come up with an idea for a Street Parade float
5. Design and build your entry
6. Take your float and your team to the Northparkes Mines Street Parade, to be held at 10am on Saturday 11 January 2020

*Limit one voucher per school. To claim you must register before 30 November 2019.

Be sure to design your float and work on your costumes to reflect the 2020 theme

Forbes Public School

Financial Assistance for Medical Appointments (travel & accommodation)

What's IPTAAS

IPTAAS is the Isolated Patients Travel and Accommodation Assistance Scheme. This is a NSW Government scheme providing financial assistance towards travel and accommodation costs when a patient needs to travel long distances for medical treatment that is not available locally.

To be eligible for IPTAAS, a patient must:

- Be a resident of NSW or Lord Howe Island.
 - Be enrolled with Medicare.
 - Not be receiving, or eligible for, financial assistance for travel and accommodation from third party insurance or other Australian government services.
 - Be referred for treatment at their nearest health service.
 - Receive treatment at an approved health service.
- Travel from their residence for treatment at least 100km (one way), or at least 200kms in a week by making multiple trips to and from treatment.

Forms are available from:

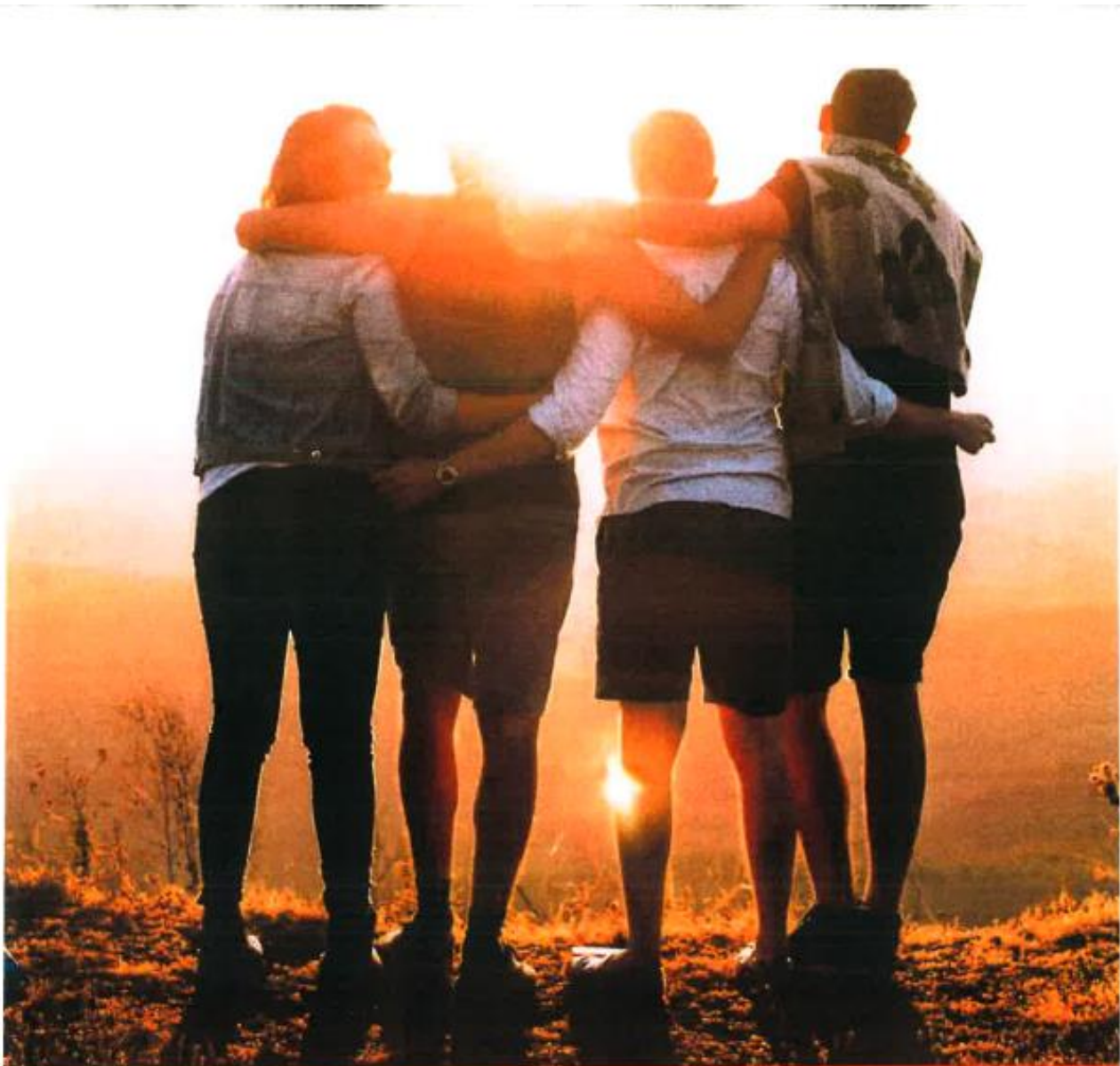
**Trundle Medical Centre &
Trundle Community Nurse**

or

Phone: 1800 IPTAAS (1800 478 227)

Email: Iptaas@health.nsw.gov.au

**You must have the form with
you for the Specialist to sign at
the time of your consult.**



"One on One Support"

Have a chat to someone who lives and breathes the land.

THE DROUGHT SUPPORT TEAM

Providing one on one confidential support to anyone effected by the drought
Chat by phone or we can meet you for a cuppa. You can phone 6881 4002 on
Monday to Friday, 8:30pm to 5:00pm. For after hours call the Mental Health
line 1800 011 511.



Health
Western NSW
Local Health District



Family Matters

PARKES

FREE WORKSHOP: SUCCESSION PLANNING FOR FAMILY BUSINESSES

Succession planning in family businesses is an important process that rarely works if it "just happens". Drought and the higher debt levels that sometimes come with managing through drought, shouldn't mean succession planning stops. This workshop will explore the timely issues of how succession can be a positive process for the family business managing severe drought and how the bank and government support or interest rate subsidies can be more supportive, once succession planning has been done.

The workshop presenters will provide valuable tips and tools for navigating the path through family communication to create a "family-owned" business plan, showcasing a clear vision to banks and other stakeholders. There is nothing more powerful than a long term vision articulated by the family for their business. It brings people together - so everyone (including the bank) can navigate the current challenges with a shared goal, and ensure the family business succeeds sustainably, for many generations to come."

The workshop aims to assist you in creating choice, hope and options for your family business. With options, we achieve confidence and wonderful outcomes for our rural communities and everyone connected therein - the most important being a stronger mindset and wellbeing as we progress through drought and enter the eventual recovery process.

WORKSHOP PRESENTERS



Claire Booth is a Senior Associate solicitor with Duffy Elliott Lawyers specialising in Wills, Succession Planning, and the transfer of wealth across the generations involved in farming and business. Claire works with experts to ensure succession planning is holistic - creating great businesses for future generations.



James Hamilton of Cultivate Advisory specialises in facilitating sensitive conversations involving family succession. Creating a safe environment for all to be heard and understood to enable the exploration of future possibilities.

9am-4pm, Thursday 28 November 2019
Parkes Services Club, Short Street, Parkes

Registration Essential! Register Online: www.nalag.org.au/familymatters

Event Contact: Brenda Baker 0428 676 528

SUPPORTING NSW COMMUNITIES:





\$395,000

"Kadungle" 8831 The Bogan Way**Large Modern Home on Acres**

Your own oasis just a ten minutes from town!
20kms from Trundle, 15kms from Tullamore

Features include:

- 3 beds. 2 w built-ins, main w walk in & ensuite
 - Huge living area w wood heater
 - Near-new kitchen w walk-in pantry
 - Spa bath, sepatate toilet & laundry
- Fully fenced, in-ground swimming pool
- Front and back veranda, outdoor entertaining area, established gardens and sweeping lawn
- 30 acres total (5.5 owned, 20 crown lease)
 - Connected to town water
- Huge shed, chook/dog yard, water tanks

AJ Pike & Son
Real Estate

*Contact us to arrange
an inspection!*

Phone
0427 347 194

Find us on
Domain.com.au
sandra@gsinsurance.com.au

Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- All students are welcome to come and eat breakfast for **FREE!**
- Toast, Fruit, and flavoured milk daily
- Pancake days on random occasions

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