

A school that provides a professional, stimulating and challenging learning environment

PrincipalMr John Southon

Head Teacher Secondary Mr Gerry Capell

Assistant PrincipalMrs Fiona Sanderson



Reminders

This week

Session

Wednesday 10/2/21
Swimming Carnival

Thursday 11/2/21 Primary Parent Info

P&C President Mr Jono Sanderson

IVII JUIIO Salidei Sui

Secretary Mrs Jo Randall

TreasurerMrs Lubka Prebendarcik





Trundle Central School Newsletter

Term 1 Week 3

8th February 2021

Kindergarten 2021











Year 7 2021



Year 7 students with bags of goodies from Ms Rush to remind them about ways to be successful in this new and exciting journey.

Telephone: (02) 68921303 Fax: (02) 68921184 Email: trundle-c.school@det.nsw.edu.au School webpage – https://trundle-c.schools.nsw.gov.au Facebook - www.facebook.com/TrundleCentralSchool

Principal's Message

Welcome back to another school year. This year we welcome Miss Natalie Mayberry to our staff. Ms Mayberry is experienced and talented in STEAM subjects and associated teaching strategies and will be working across both Primary and High School. This year we also welcome back Mrs Anna Gray into Primary. Mrs Gray is an outstanding teacher and an asset to this school. For the second year in succession, we start the school year fully staffed with exceptionally talented people in all positions, a privileged and unique position for a relatively isolated country school.

School numbers need to be submitted this week. As seems to be the trend in Trundle, families leave without officially notifying the school. The most reliable source of information unfortunately, is Trundle gossip. This is about as reliable as a character reference from your ex-partner, so I will wait to the very last minute before submitting final numbers. At this stage it appears we are holding our 2019 numbers or unfortunately down. School staffing is guaranteed for this year so hopefully a bus with a family of nine children arrives before next year. Unfortunately, it will need to be towing another bus with about another 10!

This year, as part of our strategic plan for 2021-2024, we are converting the school library into an interactive learning space promoting STEAM (Science, Technology, English, Art and Mathematics). Mrs Sanderson, Miss Mayberry and Mr Lynn are driving this project so I know it will be done extremely well. Thankfully libraries are no longer patrolled by the staff member who thinks silence is the sole measure of productivity. We have allocated significant money to STEAM this year as part of our strategic plan to encourage students to be active users of technology, rather than passive observers.

The school is also focusing on SEAL Social, Emotional and Academic Learning. I passionately believe schools should explicitly teach students how to positively focus their thoughts and emotions to develop a positive mind set. This does not require a pair of Jesus sandals and a holiday house in Nimbin but simply an ability to understand how positive thinking and self-concept will translate into improved learning outcomes. This project will start in 5/6 and progress to other years.

This school has very high expectations on students in terms of behaviour and effort. As principal, I will never apologise for setting the bar very high. This week I will speak to each class to remind them of the expectations of this school. Whilst I have no concerns at this stage, each Stage 6 student and family (Yr II & I2) will receive a letter outlining my expectations in terms of completion of the Higher School Certificate and behaviour in the senior room. I have very little tolerance of students who do not show diligence or behave in a manner that restricts others from learning. It is better that parents are aware of my standards from the start of the year to avoid un-necessary confusion.

Even if 2021 consumed all the steroids of the 1979 Russian female weight lifting champion, Natasha Becomeamanski, I fail to believe it can outperform 2020 in terms of disruption and chaos. COVID-19 forced the school for a term to deliver curriculum, utilising technology as the main platform, rather than it being a supplement to the traditional teacher delivery. Through the professionalism of staff and the acceptance and patience of students, this school achieved to an outstanding level in 2020.

Students studying the 2020 HSC performed exceptionally well, despite the challenges. One for special mention is Monique Morgan who scored three band 5's and the highest subject ranking, a band 6, in the HSC. Indeed, her band 5's were just a few marks (approximately one question away) from another band 6. Her ATAR mark was an exceptional 83.70 which places her in some elite company. This is just reward for consistent, diligent effort across her whole school life. Indeed, Monique was not a one-dimensional student, she was a School Captain, and a sporting champion throughout her school life. She also has the distinction of never having a discipline referral throughout her school career. I am sure she followed the same pathway as father Glenn and uncle Craig in terms of discipline referrals. If you believe that, I also have a white building with

harbour views in Sydney for sale, cheap.

Success cannot only be judged in terms of bands and ATAR scores. Each one of the 2020 HSC students rose above challenges in their lives to complete the HSC. In an era where many children have embraced the blame mentality rather than developing the resilience to rise above challenges, this is an achievement in itself.

As I have stated many times before, I gain as much pleasure seeing a student successfully transitioning into the workforce after Year 10 as a student completing the Higher School Certificate. This is especially if they progress to the trades as we are rapidly losing true tradesman. The ones that can repair machinery rather than simply replacing a part, or the builder that can work on an old building where the only thing square is their lunch box on the floor. Will Longhurst, Jamie Harper, Ryan Taylor, Lionel Hartig and Will Charlton have all gained an apprenticeship, traineeship or work. The common factor with all these students is, they were all part of our school to work program under the instruction of Richard John Grady.

Gaining employment has to be a combination of skill and determination. One of our students over the summer break walked the streets of a major regional centre placing his resume into every suitable business. This determination and initiative were rewarded with two jobs and a defined career pathway. I passionately want to encourage this attitude and determination, rather than the alternative of a perfectly defined backside print on a couch. I despise a welfare elite mentality in people where some believe certain jobs are below their perceived intelligence and status.

This week is our annual Swimming Carnival. NSW has recorded 15 days free of COVID19 so this year, parents will be allowed to attend the Swimming Carnival. However, under the school's COVID-safe policy we require, where possible, parents and families to:

- Practice social distancing in accordance with the school COVID safe plan.
- Only sit with members of your direct household.
- Wash hands and use sanitizer as appropriate.

Child protection is always an important consideration at any school event. I encourage parents and visitors to only take photographs of your own children and be very mindful and proceed with an abundance of caution when placing photos of children in swimmers on social media. Our school follows NSW Cancer Council Sunsafe principles. Sun screen will be provided at the carnival and primary aged children will be reminded to re-apply. This term, hats are also required under the 'No Hat, No Play' rule.

This week, I attended a very productive meeting to start to develop a Parkes Shire Youth Mental Health Strategy. This strategy ranges from identification of the nature and extent of the problem to a coordinated early intervention and treatment strategy. I believe we are only seeing a trickle from the upcoming flood in relation to poor youth mental health. Unfortunately, mental health is still whispered about in families and rural communities and as a result we have double the youth suicides of city areas. Three hundred and fifty people between the age of 14-25 took their own life last year and for every death, there are hundreds of attempts. This is more than die in road accidents. Our voices need to be collectively heard to pressure governments to make a COVID like coordinated emergency response. Unfortunately, all I hear is a muffled whisper.

In the next few weeks, I will be facilitating a table chat with the goal of preparing a submission to Mr Michael McCormack about issues within the Trundle community. This is a completely non-political forum, but I want to hear from the community about big picture issues affecting us in what will be, I believe an election year. Please ring the school if you would be interested in being involved in this forum.

Positive change occurs when people use a collective voice.

John Southon Principal





Trundle Central School P&C Inc. Annual General Meeting 10th March 2021 3.30pm All Positions will be declared vacant

Lockers available now!

Locker keys will be available from Tuesday, 9th February for all students in Year 7- 10. All students must comply with the Locker Policy. (Please see the policy in this week's Newsletter).

Registrations can be filled in the library at lunch time by Mrs P.

Deposit: \$10

Refund: \$10 (at the end of the school year unless the key is misplaced)

Students who still have their locker keys from last year can keep using them; however, they are asked to bring them to the library for registration.



OFFICE NEWS

Welcome to 2021 School year

Just a few notes to start the year rolling.

⇒ General Permission notes were handed out on Friday 5th February. These notes need to be returned to the office no later then Tuesday 9th February.

Please notify the office if there are any changes to the following:

Students Details

- ⇒ Child/ren medical details that we have on file—new allergies/medication, if your child no longer has a medical condition/allergy i.e Asthma, Anaphylaxis
- ⇒ Parent/Carer contact numbers
- \Rightarrow Change of address
- ⇒ Any permission to publish changes
- ⇒ Changes to Emergency contacts

Bus Duty Roll - Primary

Please notify the school via phone/note that there will be changes to your child/ren's routine. If we are not notified of any changes, the students will follow the previous bus arrangements.

If you have any questions, please feel free to contact us.

Thankyou Office Ladies

Trundle Central School presents...

Trundle Eats

Every Wednesday

Orders to the front office by <u>9am</u> (Name, Year & Sauce type needed please)

NOT AVAILABLE THIS WEDNESDAY DUE TO THE SWIMMING CARNIVAL

SWIMMING CARNIVAL INFORMATION

2021

Our school Swimming Carnival will be held on **Wednesday 10th February**, commencing at **9.30am** and concluding at approximately **3.00pm** for all children in Years 3 to 12.(Year 2 students who turn 8 this year and are able to swim 50m confidently, may attend only if competing). Students in Kinder to Year 2 will be walking to the pool at approximately 12:30pm for pool activities.

Our Carnival will be run under our COVID safe plan. Parents and spectators may attend but will need to follow the COVID safe plan of the Trundle Pool.

Children living in town will be dismissed from the pool. Bus children will be picked up from the pool at 3.25pm.

Lunches must be brought from home or students can use the pool kiosk facilities.

SUN SENSE: Please note that it is necessary for all students to wear a suitable hat, sunscreen and shirt over swimmers when not competing and to reapply their sunscreen throughout the day. K-2 students must have a rashie that is to be worn at pool.



UNIFORM – Students attending carnival DO NOT NEED to wear school uniform. It would be appropriate for them to wear house colours:

Mitchell - Blue Oxley - Red

Please make sure all clothing is clearly labelled with a name.

Swimming Carnival Help	e rs I am able to hel	lp at the swimming	carnival during the:
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Morning 9.30am - 12.20pm

Afternoon 12.30pm - 3.00pm

Name:

AGE CHAMPIONS – please note these are for age divisions, junior and senior and **not** for age in years. The Relay doesn't count for championship points.

RELAYS – to be eligible to swim in a relay the following will apply. Swimmers must at least swim:

Junior Primary – 50m freestyle Senior Primary – 50m free and one other race Junior Secondary – 50m free and one other race Senior Secondary – 50m free and one other race

Fun events for beginner swimmers and one arm secondary race will be held during the day.

The events for both Primary and Secondary are listed below:

Events: No finals will be swum, places will be allocated according to times.

Primary

- → Age race 50m
- → Breaststroke 50m (age divisions Junior 8,9,10 years Senior 11,12 years)
- → Backstroke 50m (age divisions Junior 8,9,10 years Senior 11,12 years)
- → Butterfly 50m (age divisions Junior 8,9,10 years Senior 11,12 years)
- → Distance Event 100m Freestyle Open Primary
- → Relay 4 X 50m (2 Junior and 2 Senior Swimmers) please note this event doesn't count for Individual Championship Points.

Secondary

- → Age Race 100m Freestyle
- → Age 50m Sprint Freestyle
- + Breaststroke 100m (age divisions Junior 12,13,14 years Senior 15,16,17 years)
- → Backstroke 100m (age divisions Junior 12,13,14 years Senior 15,16,17 years)
- → Butterfly 100m (age divisions Junior 12,13,14 years Senior 15,16,17 years)
- → Distance event 200m Freestyle Open
- ★ Relay 4 X 50m Junior and Senior please note this event doesn't count for Individual

Championship Points.

Important information about Western Area Trials

Primary: In order to be eligible for Western Trials, primary students must compete at the district level and either be placed or meet necessary qualifying standards.

Secondary: students are entered into Western Trials by meeting the qualifying standards as set down by W.S.S.A.

Sports Houses All new students will be informed of their house in the next few days.

T. Morgan
Carnival Organiser

K/1/2 Swimming

All Kinder, Year I and Year 2 students will be going to the pool at approximately 12:30pm this Wednesday for



supervised activities in the little pool.

Please note: Year 2 students who turn 8 and will be competing in the carnival will leave at 9.00 am with the rest of the competitors.

Children who live in town will have to be collected by parents at 3.00pm or walk home. Bus students will be collected from the pool at 3.25pm.

Thank you.

Nugget's Golden Nuggets

20 golden nuggets to all students who have started school well, in uniform, ready to learn and with a great attitude.

5 gold nuggets to Kinder students for your great start to big school. Ms Downes showed me some of your work. Are you sure you're not in Year 1?

5 gold nuggets to Ms Rowlands for Trundle Eats. This is the best day in the life of the Labrador. Do not feed the dog but if a piece of pie drops on the floor, I will be quicker than Wonder Woman on steroids.

15 gold nuggets to Jacko, Mudge and Kerrie for the excellent presentation of the school. It is a pleasure to return after the break to such a beautiful facility. This standard displays pride in your work which is becoming increasingly rare.

20 gold nuggets to our former Year 10 students who have moved to full time employment. Southo reckons the best advice when you first start work is big ears, big eyes and small mouth.

10 steaming nuggets for those students who think it is alright to touch another students' property. It is never alright and I find it arrogant and disrespectful.

10 steaming nuggets to those students who dish out the teasing but when they get it back yell bully. There is no place in any school for false victims.

School performs many functions for students. For some it is the safest, happiest place they are in all day. Others find the classroom a very difficult place. This school is and should be an oasis for everyone. The curriculum and pastoral care programs have a wide enough scope to care for everyone.



Brain teaser from Nugget

What belongs to you but is used more by others?

(Your name.)



Primary



All the teachers have spent the first two days working on preparing their classrooms, working on planning for the coming year and were looking forward to having their students return to school. Friday was a fantastic day! The students met their teachers, familiarised themselves with their classrooms and will now be ready for a great year starting from today!

Welcome to Miss Mayberry



We welcome Miss Mayberry to our primary and secondary staff. Miss Mayberry will be teaching Year 3/4 Maths and Year 3/4 History and Geography and STEAM activities across primary! We are very pleased to have her as a part of our staff and know that she will thoroughly enjoy teaching at Trundle Central School.

Sun Safe Policy

This term is a No Hat No Play term. Students MUST wear a wide brimmed hat. This means that if they do not have a hat, they cannot participate in any outdoor activities including lunch time play. We keep a small selection of spare hats for those students who accidently forget their hats. These hats are washed regularly but are not to be used every day by the same students. We will endeavour to call parents to let them know their child has forgotten their hat so that it can be found. Please

make sure you put your child's name inside their hat.

Swimming Carnival

Please see attached information on p. 6-8.

Parent Information Session

Please see the attached flyer for our parent information session. This is a fantastic opportunity to meet with your child's classroom teacher.

Gobondery/NARRAF Swimming Carnival

The Gobondery/NARRAF swimming carnival will be held on Friday the 22nd February in Warren. If your child is eligible to attend this carnival after our school swimming carnival, they will be given a permission note and list of events over the coming week.

Crunch and Sip

Children are encouraged to bring FRESH fruit or vegetables to school for Crunch and Sip. They are



also able to have a sipper bottle of water in the classroom.

Headphones

Year 5/6 students will require plug-in headphones for this year. Please make sure they are clearly labelled. Thank you, Mrs Southon.



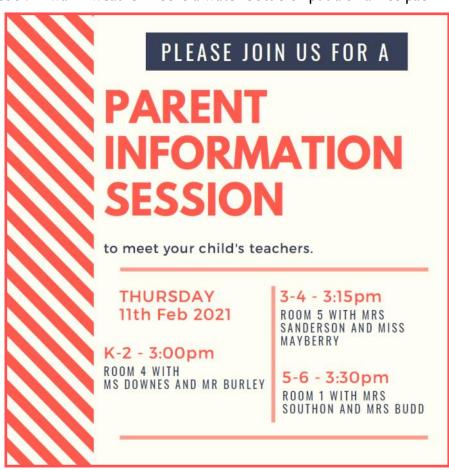
Healthy Lunchbox Week 7th - 12th Feb 2021

When children eat well they behave better, are able to listen well and concentrate for longer. Packing a healthy school lunchbox will help your child to learn and be happy at school.

Steps to planning a healthy lunchbox



- I. Make time to prepare. Have fresh fruit and vegetables, milk and yogurt, bread and crackers all bought in advance.
- 2. Shop wisely and save money. Buy fresh fruit and vegetables in season to ensure good quality and value for money.
- 3. Make your own snacks. For example snack packs from fresh ingredients which you can buy in bulk.
- 4. Look after the environment. Put sandwiches and other items in reusable containers. This uses less packaging and creates less rubbish.
- 5. Choose a variety of foods from the 5 food groups (see table below)
- 6. Include a bottle of water. No need for sweetened drinks such as juice, cordial or soft drink as these contain too much sugar which is not good for teeth. Non-water drinkers usually start drinking water with the example of other children. Freeze a small quantity each night and top up with cold water in the morning for a cool summer drink.
- 7. Keep food cool. In warm weather freeze a water bottle or put a small ice pack in the lunchbox.



Nutrition Snippet

Pack a food safe lunch box

BACK TO SCHOOL GUIDE

Nutrition Snippet

Kids will take around 200 packed lunches to

school each year!



Check out our blog for all you need know.

TIP: Freeze a bottle of water overnight, add to the lunch box in the morning to keep food cold.

healthylunchbox.com.au For other tips and more visit:





Telephone: (02) 68921303 Fax: (02) 68921184 Email: trundle-c.school@det.nsw.edu.au School webpage – https://trundle-c.schools.nsw.gov.au Facebook - www.facebook.com/TrundleCentralSchool

Secondary

Welcome back to school for 2021. It was awesome to see our returning students and first timers last week with plenty of smiles and a real anticipation of students to learn straight off the bat! A big shout out to Year 7 who I had the privilege of spending some time with last period on Friday after their first day of big school. Very happy and positive students.

This year we welcome Miss Natalie Mayberry who is joining us in Secondary in a support and STEAM role. We are very excited to have Miss Mayberry with us and the STEAM role will be explained in the very near future. [Spoiler-STEAM stands for Science, Technology, Engineering, Art and Mathematics, and we are going to work very hard at incorporating this into all of our subjects.]

All our students have been allocated book and equipment packs. We thank all those involved in the process for their generosity in enabling this to occur. This removes and inequalities when it comes to our students having the correct equipment. It also means that the students now have responsibility to make sure that they have the correct materials for class.

Our Year II and I2 students commenced their video conference lessons last Friday. Hopefully by the end of this week all our Stage 6 students will feel comfortable and will be progressing in their studies. I will be auditing the Year II and I2's later this week to ensure that they have all the support they should be receiving in their studies.

Year 7-10 received their timetables on Friday. Hopefully these will remain as unchanged as possible.

Wednesday we have our school swimming carnival. We hope to see as many of our school community who are permitted under the current COVID restrictions, and of course are hoping for a massive Mitchell win!

As always if there are any questions in regards to the Secondary department please contact me at school.

Have a great week Gerry Capell Head Teacher Secondary Studies

Sports House Captains

Congratulations to the following students who were elected by their peers to be house captains:

Mitchell: William Taylor and Aliethea Stokes





Oxley: Hamish Sanderson and Jennet Dorman









WELCOME BACK to 2021! A new year of exciting educational and literacy opportunities that can be found in our wonderful school library.

We are gearing up for our usual busy year ahead with plenty of activity and buzz inside the library walls. This year, the library will be transformed into a place where our students explore the wonderful STEAM opportunities, immerse themselves in the world of LEGO and Robotics, utilize the new technology of computers, discover VR worlds and explore our huge range of books, immersing them in the world of imagination or fabulous facts.

Mrs Sanderson, Mr Lynn, Miss Mayberry and Mrs P are busy planning for the big transformation, stay tuned for more news.

Attention: 2020 Presentation Night BOOK AWARD recipients:

Those students that ordered their 'prize book' before Christmas, they have arrived and will be given to students this week.

Any student who still needs to use their award voucher can come to the library and ask Mrs P for help with selecting a book.

SCHOLASTIC BOOK CLUB

2021

Students will receive the first Book Club Issue this week.

We would like to thank Parkes Shire Library for the kind donation of two bays of library shelves.

Have a great Week 3

Mrs Sanderson and the library staff

Community

Trundle Junior Cricket Report

Last Saturday the match between Trundle and the Condo Colts was cancelled due to the wet conditions.

Next Saturday we have a home game against the Condo Gilgais at Berryman Oval, please let me know if your child is unable to play this week.

Training will be 4.30pm on Thursday.

Please call me on 0428975335 if you have any questions.

Cheers, Jono



<u>Trundle Amateur Swimming</u> Club

This Friday the 12th February the pool will be closing at 5:30pm so to ensure that we have completed Swimming Club and packed away the equipment, we will begin the medley races at 4pm.

THERE WILL BE NO ACROSS THE POOL races this week.

TRUNDLE GOLF CLUB MEETING

All Golfers very welcome

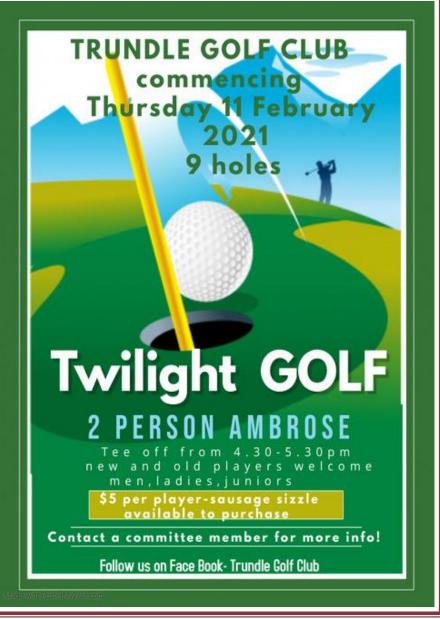
Monday 8 Feb 2021

7pm Trundle Golf Club

Working bee to be organised to prepare greens
for this Thursday's golf

AGM to be held in March

Made with PosterMyWall.com



Term | Week 3 Page | 6



Teaching someone to drive can be a happy experience.

Join a FREE online workshop full of practical advice and information for parents and other supervisors of learner drivers completing the Graduated Licensing Scheme.

The next workshop in your area will be held online:

TIME & DATE:

Wednesday 24 February 6pm - 7.30pm

VENUE:

Via Zoom from the comfort and safety of your home

BOOK NOW:

Via Eventbrite, the Councils' Facebook pages or (02) 6861 2364 Bookings Essential

Helping learner drivers become safer drivers











We're bringing NSW Government services to communities with our Mobile Service Centres

Access frequently used services including:

- Driver Knowledge Tests
- Cost of Living service
- Birth, death and marriage certificates
- Driver licence and Photo Card applications and renewals
- · Working With Children Checks.

Visit service.nsw.gov.au/msc to find out when we're next near you.

Next In

23rd of February 2021 from 9:30am to 3:30pm at 45 Forbes Street Trundle NSW 2875





TRUNDLE P & A SOCIETY

Meeting Dates 2021 3rd Wednesday of each month Services & Citizens Club meeting room 7:00 pm

No meeting January

17 February

17 March

21 April

19 May

16 June

21 July

17/18 August SHOW

(no meeting)

15 September

20 October AGM

No meeting November No meeting December

Any enquiries please contact trundleshow@gmail.com

BACK IN TIME VINTAGE RALLY & TRACTOR PULL

INUL MALLI WE IMAGIOM I OL

20 & 21st March 2021

Hosted by Trundle P&A Society Inc at Trundle Show Ground

Admission - Adults \$5 (COVID restrictions may apply)

Featuring Product Range of Ford Motor Company.



To mark the 75th anniversay of the release of the E27N Fordson Tractor, we have issued a challenge to find Australia's most powerful tractor of this type in our tractor pull.

Vintage engine, car & bike clubs & market stalls are all invited.

Bar & BBQ facilities available.

Market Stalls & General enquiries: Email: trundleshow@gmail.com

Engines, Tractors, Clubs & Entries: Digger Anderson 0417 616 907

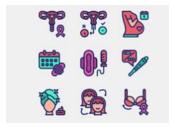
Powered and Unpowered Camping Sites at the

Rally Ground - camping fees apply.

Services visiting Trundle MPS

Diabetic Educator will be here on the **9**th **Feb** and the **4**th **May**- please call 68921930 for your appointment.

The **Women's Health Nurse** will be here on the **15**th **Feb** - please call 68921900 for your appointment.



The **Dietician** will be here on the **3rd March** and the **14th April** – please call 68921900 for an appointment.



Remember if we don't use these services we will lose them in Trundle. Please ring for your appointments.

16 Gobondery St, Trundle \$220,000

Space & Comfort For Your Family

Incredible space at a realistic price - inspect today!

Features include:

- Three generous bedrooms, two w BIR.
 - Smaller fourth bedroom/office.
- Spacious living room with wood fire heater.
- Two bathrooms, one recently remodelled.
- Spacious kitchen, separate dining, sleep-out.
- Comfort is ensured with ducted heating and reverse-cycle cooling.
 - Garage adjoining house potential to remodel into extra room!
- 1012m2/quarter acre block on a gorgeous street, fully fenced with rear lane access.



Contact us to arrange an inspection!

Phone 0427 347 194

Find us on Domain.com.au sandra@gsinsurance.com.au

Trundle Central School Breakfast Club:

- Every school day from 8:30am in the Food Technology Room
- · All students are welcome to come and eat breakfast for FREE!
- · Toast, Cereal and Fruit daily
- · Pancake days on random occasions



PROUDLY SPONSORED BY:





The William Rubensohn
Foundation





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- Contract Lamb Marking
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